

School Health Advisory Council Meeting: November 8, 2021

The meeting began at 5:30

Members Present: In person – Lenaya Robinson, Jaclyn Keller, Ken Elliott, Elsie Lacy, Ryan Heger, Shelly Weber, Kimberly Raymond. Online – Veronica Alejo-Waits, Josh Gilbert, Melissa O’Keefe, Sarah Winkler.

Meeting Minutes from April and October

Elsie Lacy made a motion to accept the minutes as written. Jaclyn Keller seconded the motion.

Discussion of HB 1525 and SB 9 and New Requirements for SHACs

Shelly Weber presented the new requirements for SHACs. Per HB 1525, notice of the meetings must be posted on the district website as well as at the central administrative office and the campuses. The meetings must be recorded and a video or audio recording must be posted on the district website. The meeting minutes must be received by the district not more than 10 days after the meeting and posted on the district website as soon as possible. There are new requirements for human sexuality instruction. SHACs must propose recommendations for curriculum as requested by the Board of Trustees. Parents must be provided written notice if human sexuality instruction is provided. Parents would have the right to review or purchase materials. District must obtain written consent from a parent for their child to participate. SB 9 required SHACs to propose curriculum recommendations for instruction regarding child abuse, family violence, dating violence and sex trafficking.

Presentation of Texas School Physical Activity and Nutrition Survey

Data for this survey is collected by the Michael & Susan Dell Center for Healthy Living at The University of Texas Health Science Center School of Public Health in Austin. The State-wide surveillance system monitors trends in body mass index (BMI), physical activity, hours of playing video games or watching TV and Dietary behaviors or school-aged children in 2nd, 4th, 8th and 11th grades. Data has been collected in Texas at 5 time points (years 2000-2002, 2004-2005, 2009-2011, 2019-2020).

District Updates

Kim Raymond reported on the district’s new Covid-19 matrix. Lenaya Robinson reported on activities of the elementary PE classes: Red Ribbon Week, bones challenge where students learn the bones in the body. Elementary students must have 135 minutes of physical education per week. Josh Gilbert reported that secondary PE student have 45 minutes of physical activity each day. Dr. Kenneth Elliott reported about staff training to increase staff awareness of mental health and the district is partnering with community mental health resources to increase services for students and families. Sarah Winkler reported about the Thanksgiving meals at each school and the fruit and vegetable of the month. Also, the Food Service department is going through an audit. Shelly Weber reported that there was great participation of staff and students at district flu clinics.

SHAC Group Discussion on Committees

Shelly Weber discussed the work of the two active SHAC committees: Opioid Abuse/Prevention/Antagonist Instruction committee and the Wellness Plan committee. The members were asked to review the resources that were sent out by email. The members were notified that the committee chairs would reach out to the members to schedule committee meetings.

The meeting adjourned at 6:32 pm. The next meeting will be January 10, 2022.

