

School Health Advisory Council Meeting: January 10, 2022

The meeting began at 5:30

Members Present: Ryan Heger, Lenaya Robinson, Jaclyn Keller, Kimberly Raymond, Ken Elliott, Shelly Weber, Veronica Alejo-Waits, Sarah Winkler, Bethany Estrada, Melissa O'Keefe, Flora Amaya

Meeting Minutes

The minutes from November 8, 2021 meeting were accepted as written

Presentation from Opioid Abuse/Prevention/Antagonist Instruction Committee

The committee reviewed several curricula and decided to recommend two videos to meet the requirement of SB 435. A shortened 14-minute version of Chasing the Dragon: The Life of an Opiate Addict, from the FBI and the DEA, was presented to membership for viewing. The full-length version is approximately 47 minutes in length. The documentary follows several people and shows the hardships they each face as an opioid addict. There was discussion about the video and a concern about the language used by one of the women in the film. There was a proposal to try to edit the film to remove the language of concern. The video How Naloxone Saves Lives in Opioid Overdose, from the National Institutes of Health, was presented to the membership. There was concern with this video. The committee was asked to look for a different resource for instruction about opioid antagonist.

Update on Wellness Plan Development

Sarah Winkler reported on the progress of the development of the District Wellness Plan. The Wellness Plan is based on the goals listed in the District Wellness Policy. The draft Wellness Plan will be presented to the SHAC for feedback at a later date.

The meeting adjourned. The next meeting will be February 7, 2022.