

BACKGROUND

REBOUNDERS HISTORY

The **Rebounder's Competitive Gymnastics Team** was started in 1972 by Jean Weber and Mel Sanborn at the Towson YMCA. In the Fall of 1975, Rebounders Gymnastics Training Center became the first independent gymnastics club in the Baltimore Metropolitan area by relocating to 7 Foxtail Road where it remained until January 1996 when it moved into a new facility at 7 A West Aylesbury Road. The Falls Road Preschool Gymnastics Center opened in September 1984. Classes and team training are offered year round for ages 6 months through high school.

The club's accomplishments have been numerous. Our Girl's teams compete at levels 5-10 and Elite under the USA Gymnastics Federation and US Association of Independent Gymnastics Clubs (USAIGC) at State, Regional, and National meets. The team has traveled extensively throughout the United States and abroad, including Canada, Germany, Holland, Austria, Switzerland, Mexico, Bahamas, Australia, and hosted international teams at home. Because of the dedication and hard work by the gymnasts, coaches and parents, the Rebounders Gymnastics Team has achieved excellence and recognition at state, regional, national and international levels.

Rebounders and TSU Gymnastics jointly host the Black-Eyed Susan meet at TSU each November.

Rebounders has also been featured locally on Baltimore television news programs, an MPT Preschool Power segment, Towson Times, Evening Magazine, and TV Guide; also special exhibitions can be seen during professional or collegiate sporting activities, or as donated entertainment during local non-profit fundraising efforts.

REBOUNDERS MISSION STATEMENT

The mission statement of Rebounders is to provide children the opportunity to learn gymnastics in a safe and fun environment, enhancing their strength, flexibility, health, fitness, self confidence and discipline levels.

WE BELIEVE:

- That gymnastics involves the integration of many kinds of learning- physical, intellectual and social.
- That gymnastics facilitates greater special, kinesthetic and self-awareness as well as assisting the development of creative thinking and problem solving.
- That accomplishments in gymnastics are produced by hard work, determination, perseverance and enthusiasm.
- That instruction must be provided by experienced, credentialed gymnastics professionals.
- That the Rebounders staff has an obligation to strive to meet the individual needs of each and every Rebounders student or team member.

Assumption of Risk

Parents Please Note: Whereas Rebounders Staff is USAG Safety Certified, extremely careful and safety-conscious, any activity, such as gymnastics, that involves motion or height creates the possibility of serious injury. Athletes participating in gymnastics should know their limitations, understand what is expected of them, appreciate possible risks, and consult their instructors.

PERMISSION TO PARTICIPATE IN REBOUNDERS PROGRAM AND RELEASE AGREEMENT

Rebounders Timonium Gym will come to the center weekly to conduct movement gymnastics activities with the children. Rebounders program is described in their brochure, which is attached to the Permission and Release.

Because the children will be tumbling on mats, jumping on springboards and participating in other physical activities in this program there is a potential risk of injury.

PLEASE SIGN THE APPROPRIATE SPACE BELOW (1) TO SIGNIFY YOUR AGREEMENT FOR YOUR CHILD TO PARTICIPATE OR (2) YOUR PREFERENCE THAT YOUR CHILD NOT PARTICIPATE:

- (1) I have read the above and the brochure of the Rebounders Timonium Gym, and I understand that the activities described may pose the risk of injury to my child. I give permission for my child to participate in these activities and I release from liability St. Paul's Plus, Rebounders Timonium and their agents and employees from any injuries to my child resulting from these activities unless the injuries are caused by negligence of Rebounders, its agents or employees.

Signature of Parent _____

Name of Child _____

Date _____