

ARHS COMMUNITY HAPPENINGS NEWSLETTER

The stretch of 3rd marking period, particularly between the mid-February break and April break often seems to be a dichotomy of a long haul and the blink of an eye. While it has been an arduous few months, we have made it through and made amazing progress during that time. The work in the classrooms, counseling department, conference rooms, athletic events, Brady Center, after-school locations, or even in the hallway during 2nd and 3rd session on Wednesday have served as learning experiences for students and adults alike. Through these learning experiences, we grow as a learning community and have the opportunity to connect authentic experiences with characteristics outlined in the proposed Portrait of the Graduate. Some of the dispositions outlined under the “Problem Solver” characteristic of the Portrait of the Graduate are “analyzes and synthesizes information,” and “perseveres through adversity.” We have faced new and confounding scenarios over the past years through which we have all worked to persevere. We have heard from students, parents, and other members of our community. We will continue to listen and hear the many voices that comprise our community as we work to offer opportunities for our students to demonstrate their problem-solving skills. Listening to each other with compassion and mutual respect are essential to forming a school that can be an example for our greater community and the change we wish to see. Have a good weekend and a wonderful April break.

Sincerely,

Anna N. Mahon

Principal

College and Career of the Week: Founded [in 1916](#), [Russell Sage College](#) is a private college with two campuses, located in Troy and Albany, New York. Approximately 2,400 students enroll in 50+ offered [majors/programs](#). Despite their major, all undergraduate students participate in an internship, research project, or [service-learning](#) experience. Undergraduates enjoy many opportunities on campus such as over 60 clubs and organizations, recreational/fitness programs and 21 NCAA-Division 3 [athletic teams](#) ([Empire 8 Conference](#)). [Annual tuition, room and board](#) is approximately \$48,000 (2021-2022). For more information, visit RSC’s [admissions website](#), check out [fast facts](#) or take a [virtual tour](#). “[Dietitians and nutritionists](#) plan and conduct food service or nutritional programs to help people lead healthy lives” (Bureau of Labor Statistics, 2020). [Dietitians and nutritionists](#) typically work in hospitals, various medical facilities, schools and the food service industry. To become a registered [dietician in Connecticut](#), one must graduate from an accredited college program, pass the national CDR exam, and then apply for certification. The national median salary is \$63,090 and the profession is expected to have **faster than average job growth at 11% through 2030** (BLS, 2020). To learn more, please visit the following websites: the

[American Nutrition Association](#), the [National Association for Nutrition Professionals](#), and the [Academy of Nutrition and Dietetics](#).

Some colleges that have nutrition/dietetics programs include:

Russell Sage College	University of Connecticut	University of New Haven
Johnson & Wales Univ	Long Island University	Rutgers University
Univ of Rhode Island	Regis College	Boston University
Rochester Inst of Tech	UMaine/Farmington	FLA State University
UMASS/Lowell	Univ of Saint Joseph	Eckerd College
University of Bridgeport	SUNY/Oneonta	Springfield College

Or search in Naviance for more choices!

Happenings and Information

From the Nurses' Station: Please make sure that you are carrying your epi pens and inhalers if you have a current medication authorization form on file with the Health Office and are labeled a "self-carry". Epi pens and inhalers can be kept in your backpack or sports bag. If you are an athlete they need to be on the field with you at all times.

Closing weekend for A.C.T.'s production of *Mamma Mia*: Come see Amity students back in action for the spring musical in our very own Brady Center. Click [here](#) for a preview. Remaining available tickets can be purchased at this [website](#).

PTSO News:

- Volunteers needed: Watch out for our sign-up sheets, as we get closer to Teacher Appreciation Week and the sale of graduation balloons.
- Support the PTSO when shopping on Amazon Smile: When you designate the PTSO as your preferred charity on Amazon Smile, Amazon donates a percentage to the PTSO. Please support us every time you shop by visiting [this site](#) and selecting Amity High School PTSO Inc. as the charity of your choice.
- Join our monthly meetings: PTSO meetings take place on the third Thursday of every month in the school's library media center. The April meeting will be preceded by a presentation from Dr. Byars on the proposed 2022-2023 budget at 6:00pm in the District Presentation Room. We hope to see you on April 21st!

Early Dismissal April 28th: The ARSD #5 will have an early dismissal for students on April 28th for staff/faculty professional learning.

Athletic Participation Reminder: As a reminder, students should not plan to leave class early to prepare for athletic practices or home games. Students are to remain in

class until 2:18 unless they have an away competition/early bus, in which case they are dismissed at 2:05. If student athletes have questions, they should contact their coach or administrator.

Amity Hall of Honor/Hall of Fame Dinner: Time is running out to get your tickets to this year's Hall of Honor event. The DEADLINE is **Thursday, April 14!** If you are attending on behalf of Athletics please send in your payment to Lori Bonney, **(checks payable to Athletic Hall of Fame)** If you are attending on behalf of Academic Hall of Honor please send your payment to Cecelia Castillon **(checks payable to Academic Hall of Honor)**. Tickets are \$55 per person. Please see [this flyer](#) for more information about the event and honorees.

ARHS Orchestra Spring Concert –This year's concert will take place on April 28th at 6:30 pm in the Brady Center and will feature members of Chamber Orchestra and Amity Orchestra. The concert will include selections from Gustav Holst “The Planets,” Prokofiev “Romeo and Juliet,” Vivaldi, and the rock classic “Stairway to Heaven!” The livestream link will be available after April break on [VPA website](#) (click Performing Arts, Music, and then Orchestra).

Senior Happenings

Attention Seniors! Scholarship Portal is Open! Please be sure to take some time to log in to Unified Classroom and complete the steps for the Amity scholarships. Every year, we are able to select recipients for scholarships supported by members of the Bethany, Orange, and Woodbridge communities. Approximately 100 scholarships are given to members of the senior class who demonstrate the attributes and characteristics described in each scholarship. Our scholarship application is up and running. A SwiftK12 message went out to all seniors and their parents with detailed instructions for students to complete the application. **The deadline for all applications here is April 18th at 3:00 pm.**

Notes from Counseling Department

Volunteer opportunities for Amity students with the **Menunkatuck Audubon Society** coming up soon! Students will be able to sign up as volunteers with their guardian's permission to assist with a forestry study as part of the East River Watershed Research, Inc. The study location is the Guilford Salt Meadows Audubon Sanctuary. For more information, please see Mrs. Cournoyer or Mrs. Vallie in the Career Center.

Open House-Local Technical School: Bristol TEC's extension schools, (CT Aero Tech and the Stratford School for Aviation Maintenance Technicians), are offering an Open House event on **April 23, 2022 from 9:00am to 1:00pm** and **May 14, 2022 from 9:00am to 12:00pm**. Students and parents are invited to learn about how to become an Aviation Maintenance Technician.

Local Opportunity? Consider working or volunteering at the **JCC's Summer Camp**. Work opportunities are available for those over 16 - volunteer/CIT training programs for 14 & 15 year olds. Click [HERE for more information](#).

Want to enjoy the outdoors this summer & be a change maker? The **Natural Resources Conservation Ambassador Program** is offering (grades 9-11) a summer field Experience at the UConn Campus from **July 17-23rd**. Students will explore environmental topics like forestry, wildlife, & mapping, where you can apply your new skills to an environmental effort that benefits your community. Stay in dorms, get a feel for campus life, and enjoy fun activities: BBQ's, lake swimming, campfires & more. A [short online application](#) is **now open until May 13th**. Learn more & apply today [here](#).

Upcoming Summer Programs & Camps at Quinnipiac University: Quinnipiac University is offering a growing list of courses, workshops and camps all designed to give high school students a chance to grow academically and personally while getting an early taste of the college experience. Faculty, staff and students will support these programs across all 8 schools and the College of Arts and Sciences. For a list of courses and more information, please click [here](#).

The **Peer Tutoring Club** is offering a new service to students called "Working Wednesdays." **EVERY WEDNESDAY beginning March 9th, peer tutors will be in the Career Center during the lunch/SSP periods to work with any "drop-in" students who want help. We will continue to offer drop-in peer tutoring after school (on Tuesdays and Thursdays in the Career Center) as well as 1 to 1 tutoring by completing the form HERE.**

The American Legion Department of Connecticut and the Connecticut State Police, announce their joint sponsorship of the 18th Annual State Police Youth Week. This program is a law enforcement practicum for high school students completing their **JUNIOR YEAR** in 2022. The program will be held at the State Police Academy in Meriden, CT from **Sunday, August 7th to Saturday, August 13, 2022**. Students considering a law enforcement career are encouraged to attend. **Applications must be completed by May 2, 2022**. Due to strict limitations on the number of participants (24 students), late or incomplete applications will not be considered. For more information and applications, please see Mrs. Vallie in the Career Center.

The **2022 Lieutenant Governor's Coding Challenge** is a statewide coding competition for Connecticut students in grades 3 through 12. Students are challenged to create applications designed to inspire health and wellness for all. This includes three options for submission: concept challenged prototype challenge and development challenge. For more information, please click [here](#). **Submissions will be accepted until April 29th, 2022.**

Correction: The **April 21, 2022** administration of the **ASVAB (Armed Services Vocational Aptitude Battery)** has been cancelled. We will reschedule in the Fall of 2022.

Important Reminders

ARHS National English Honors Society: Students who need help with upcoming essay or research papers are encouraged to reach out to members of NEHS. Students are welcome to stop by the Writing Center after school on Tuesdays, Wednesdays, or Thursdays from 2:25-2:50. There will be members of the National English Honors Society to assist them! Reach out to Mrs. Clark, Ms. Kimball, or Mrs. Kane with any questions.

Athletics

Amity HS Athletic Booster Club: The Booster Club is an all-sport booster club that promotes school spirit and community pride. A parent run organization prides itself with supporting all of our athletes and coaches. The support we give through volunteering and fundraising help contribute to equipment needs, various projects for Amity Athletics and annual scholarships. Our next meeting will be on Tuesday, April 19. We will be meeting at 6:30pm in room 501.

SAVE THE DATE! June 5th is Amity Family Fun Day! Join us for games and raffles...more info to follow. Visit our FB page! Follow us to keep up to date or share your ideas [here](#). Visit our [Athletic Booster Club](#) link through the [Amity Athletics website](#) to join today!

Would you like to show off your business? We are currently seeking out local businesses to help make our 1st Amity Family Fun Day a huge success. If you are interested in providing an item or service to be raffled off, please email goamityspartans@gmail.com. Your support is very much appreciated.

Spring Sports: Please visit the [Amity Athletics website](#) for information regarding schedules and results.

Community Happenings

FINAL REMINDER-Nominations for Bethany First Selectman's Youth Award Sought: If you know a Bethany youth (up to 18 years old) who has volunteered their time working to improve the Town of Bethany or its residents, consider

nominating that deserving resident. Principals, teachers, fellow students, neighbors, group, and religious leaders, etc., are encouraged to make nominations. Parents or family members may not nominate a relative. Nominations are due to the First Selectman's Office by April 11. The winner will receive an award and a gift at a date to be determined later this spring. The nomination form can be found on the Town Website at <https://bethany-ct.com> or call the office at 203-393-2100 x 1100.

The **Amity Adult & Continuing Education catalog for the Spring and Summer Sessions** are now online! We have many great options for these sessions and we hope that you will consider registering for a course or maybe two! Consider taking a course with a friend and/or a family member for more fun! **The Spring and Summer Sessions include** Finance, Yoga, Fly Fishing, Memoir Writing, Learn to Speak Polish...and many others! To view our catalog and register, visit [this site](#). If you would like to consider teaching with us, fill out [this form](#) and become an Adult & Continuing Education instructor!

Woodbridge Youth Services Updates Call 203-389-3429 or email npfund@woodbridgect.org for information or to sign up for programs. Like us on Facebook [Woodbridge, CT Youth Services](#)

- **Volunteers Needed:** Parents, grandparents, high school juniors/seniors, and any adults that would like to volunteer, please call Woodbridge Youth Services at (203)389-3429.
- **Job Bank:** Spring arrives with the need for yard cleanup and garden prep. Residents may call to hire teens to do odd jobs. Teens who want paid work should contact Youth Services to schedule an interview. The Job Bank is a referral service for residents who offer odd jobs to resident teens ages 13 – 18.
- **JOB POSTING- Town of Woodbridge Per Diem Program Assistants Wanted**
- Assist with occasional evening or after-school youth programs under the direction of the coordinator. \$15.07/hr. See Town of Woodbridge website for more information. <https://www.woodbridgect.org/357/Employment>
- **Free Workshops for Parents/Caregivers:** Offered by FAVOR, Inc. Learning & Leadership Academy. Network of Care ~ Agents of Change April 26, 2022 5:30pm – 7:30pm *Please indicate if translation services are needed when registering* [Register for Network of Care ~ Agents of Change](#)

