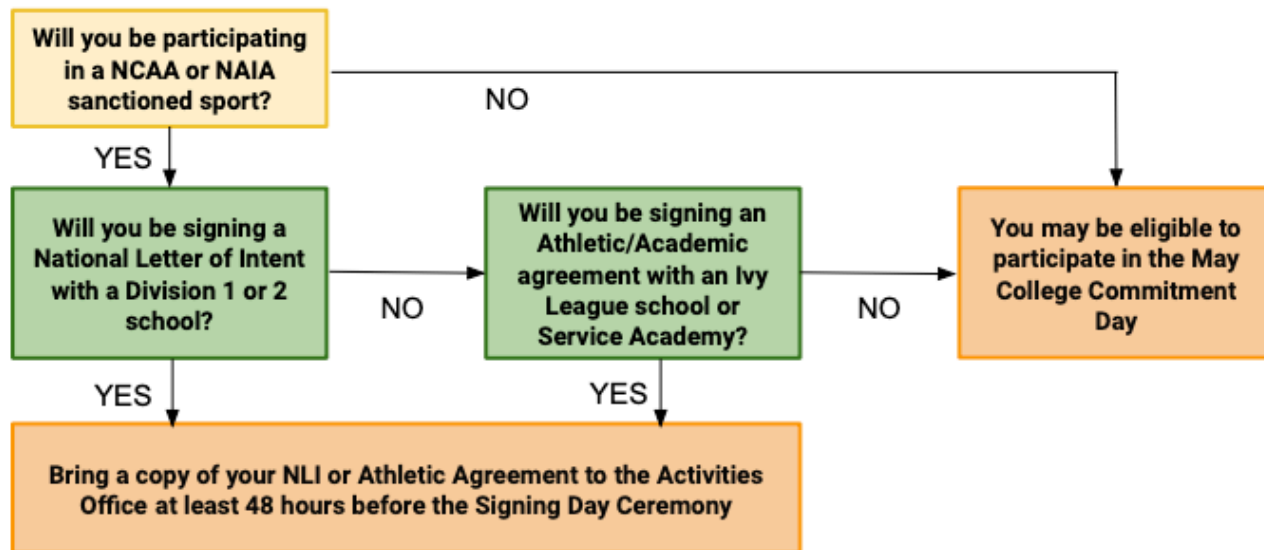


# Los Alamitos High School Signing Day Guidelines

## National Letter of Intent Signing Day Criteria



DO...	DO NOT...	THINGS TO REMEMBER
<ul style="list-style-type: none"> <li>Bring a copy of your NLI to Activities</li> <li>Wear appropriate apparel</li> <li>Invite your coaches and family</li> <li>Plan on speaking for 30 secs to 1 min</li> <li>Plan what you're going to say</li> <li>Remember to thank everyone</li> <li>Bring <b>ONE</b> item to display on the table</li> </ul>	<ul style="list-style-type: none"> <li>Expect to participate in the event without an NLI</li> <li>Go "Over the Top"</li> <li>Be too brief or too long</li> <li>"Wing it" and hope for the best</li> <li>Forget your family, teammates, &amp; coaches</li> <li>Try to make a contest of your table decorations</li> </ul>	<ul style="list-style-type: none"> <li>Have guests park in the back lot</li> <li>Event starts promptly</li> <li>There will be plenty of time for pictures afterwards</li> <li>Email: <a href="mailto:Preps@ocregister.com">Preps@ocregister.com</a></li> <li>Tag: @ocvarsity</li> <li>We <b>DO NOT</b> sign an official NLI</li> <li>Keep your poster, name placard</li> </ul>