

2021-2022 Highlands Middle School Clubs / Teams

| CLUB / TEAM | DESCRIPTION | How to Join and Starting Date | Meeting Days | Sponsor |
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| Academic Team | Highlands Middle School has a proud tradition of excellence in Academic Competition both locally and across the State. The team is designed to provide opportunities for students who love to learn and to test their abilities in a competitive yet fun atmosphere. Students develop new understandings and strategic team skills. Fees associated with the club are \$45 for membership fees to NKAL and KAAC. Fees payable to Highlands Middle School. | <p>How to Join: Just go to groups in Schoology and click on My Groups and then click on Join. The Access code is MVFCW-D3M9C . We also have a Microsoft Teams Channel. The link to join is https://teams.microsoft.com/l/team/19%3a0e53646ad48943ddad51c42563476651%40thread.tacv2/conversations?groupId=7d7a5cb0-c4bc-45bc-a6b6-fc8c3a571f4b&tenantId=c553af91-3d3f-4fe8-a4a5-85b896b6de1d</p> | Current practice schedule is 6th, 7th and 8th grade practice on Tuesdays in person, Room 104. Practices will start in September and will be announced through Schoology. | John Warford |
| Basketball (Boys) | Participate in the NKMSAA league. (Teams represented from Grades 6, 7, 8) | <p>How to Join: Tryouts - Visit the HMS Athletic Website for more Information: Click Here</p> | Practices will be daily. | Aaron Lense |
| Basketball (Girls) | Participate in the NKMSAA league. (Teams represented from Grades 6, 7, 8) | <p>How to Join: Tryouts - Visit the HMS Athletic Website for more Information: Click Here</p> | Practices will be daily. | Aaron Lense |
| Book Club | Book Club is a popular way to allow students to discuss books in an informal setting. Students enjoy meeting with others to choose, read, and discuss books together. | Attend a meeting when announced on Schoology. If interested, click on this link. https://forms.gle/YsPSvARjZCYgsmVY9 | To Be Determined | Stephanie Griffith |
| Cheerleading | The squad consists of enthusiastic, dynamic, fun, hardworking students whose mission is to primarily represent HMS with a spirit of support for teams, fans and the entire community. | <p>How to Join: Visit the HMS Athletic Website for Information</p> | https://sites.google.com/forthomas.kyschools.us/hmsathletics/cheerleading/tryout-information?authuser=0 | Alex McGaughey |
| Chess Club | The Chess Club gives students an opportunity to play friendly games of chess against their peers in a low-stress environment. Students of all levels are welcome to come, as help is given to those who need it. | <p>How to Join: Attend a meeting when announced on Schoology. If interested click on Link Below to sign up: Click Here</p> | TBD | Mike Lipscomb |

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| Cross-Country | Cross country running is a sport in which teams and individuals run a race on open-air courses over natural terrain such as dirt or grass | How to Join: Visit the HMS Athletic Website for Information: Click Here | https://sites.google.com/for/thomas.kyschools.us/hmsathletics/home | Jonathon McKenzie |
| Crossfit Club | A club for those students who are looking to get fit through endurance, conditioning, and weight training. Open for 6 th -8 th graders currently not playing in an already physically demanding sport. Students may join at any time during the year but must fill out a waiver before participating. No fee required. | How to Join: Introductory Meeting TBD | Friday's 3:15 to 4:15 pm in HHS Fitness Center | Collin Shadwell |
| Dance Team | Performs in pre-game and half time shows at various sporting events, as well as parades, assemblies, etc. Competition season runs from the end of November to the end of February. | Visit HMS Athletic Website for Information: Click Here | https://sites.google.com/for/thomas.kyschools.us/hmsathletics/home | Megan Reynolds |
| Drama Club | This club will focus on the basics of theatre through a performance of a one act play in the Black Box at HHS. There are two sessions: Fall and Spring. Space is limited to the number of parts in the chosen one act play. \$10.00 fee. | Tryouts Session 1: September 14th 3:00-4:15 in the Black Box at HHS Tryouts Session 2: February 8th 3:00-4:15 in the Black Box at HHS Announcements will be on Schoology prior. | Tuesdays 3:00-4:15 Fall: September 14th-November 2nd Spring: February 8th-March 29th | Karen Kampschmidt |
| Drop Everything and Write | Drop Everything and Write encourages students to work on developing their ideas into creative stories and prose. This club will concentrate on the various types of creative writing and how to develop, edit and finalize pieces to enter into various local writing contents. We will work on ways to collect details to enrich their writing. Fictional pieces we will learn how to create characters, establish settings, construct plots, write dialogue, develop story lines with figurative language and ultimately how to put all these things together into a complete, engaging, successful story. For those interested in prose and non-fiction we will learn how to create those pieces as well. This club encourages students to enter various writing contents throughout the community based on the creative pieces that are written. | How to Join: Submit a writing sample to Ms. Beier by September 3rd. Via Schoology or E-mail. Starting: Wednesday, September 8th. | Second and Fourth Wednesdays in room 101 (in-person) | Miki Beier |

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| <p>FCCLA</p> | <p>It is a national student-led organization. Students get to build leadership skills, public speaking skills, team working skills, and many more. Students also get to compete at regional, state, and national levels. Also, another big part of this organization is community service. Dues are \$10.00 if interested in joining.</p> | <p>If you have any questions about FCCLA please contact Marlee Barton, marlee.barton@fortthomas.kyschools.us.</p> | <p>1st & 3rd Tuesdays of every month (in-person)</p> | <p>Marlee Barton</p> |
| <p>FIRST LEGO League Robotics</p> | <p>Be a part of a team that builds and programs robots, plus creates an innovative solution to a real-world problem. Students build EV3 robots, using specialized LEGO parts and compete at the regional, state and maybe world level! No prior programming experience necessary. If interested, please submit student information on the registration form. The number of students who will be able to participate will be dependent on having adults agreeing to help coach. There will be plenty of support for coaches to make the experience fun and rewarding. Please make a note at the bottom of the registration form if you have an interest in coaching and email your school coordinator, listed below. We will have coaches meeting the first week of September (date/time TBA)</p> <p>FIRST LEGO League (Grades 4-8) FEE \$50</p> | <p>Please visit the link below for more information on joining Lego Robotics:</p> <p>Registration Sheet:</p> | | |
| <p>FISH and Aquatic Club</p> | <p>A club for those students who want to learn and explore everything about fish tanks and pet fish. Students will learn about setting up and maintaining the fish tanks throughout the school building. This is open for 6th-8th graders.</p> | <p>Students may join at any time during the year by notifying Mr. Staff. All students must follow school guidelines for social distancing and other safe practices while in the club.</p> | <p>The club will have weekly meetings on Wednesdays.</p> <p>The start Aug. 26th</p> | <p>Wes Staff</p> |
| <p>Girl</p> | <p>TT Power is a fun, interactive program designed to teach girls how to navigate the rollercoaster world of friendship. Through role-playing, quizzes, fun art projects, videos, experiments, colorful diagrams and pictures, girls learn the difference between healthy and unhealthy friendships. They learn language to better express their feelings and learn how to stand up for themselves without feeling mean. The program discusses the importance of having a voice in your friendships, embracing your true self.</p> <p>I'm On hmm N wt as we olors, and surrounding yourself with friends who treat you with respect! LIMITED TO 36 PARTICIPANTS</p> | <p>6th Grade Girls Only Firs Meeting Sept 15</p> <p>Meetings are 2:50-3:30</p> <p>Google Document Sign Up Only</p> | | <p>Lori Maines & Kristen Gerrein (School Counselors)</p> |

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| Girls That Code | <p>Girls Who Code is a national, nonprofit organization that aims to support and increase the number of women in computer science by equipping young women with the necessary computing skills to pursue 21st century opportunities. In our Club, you're going to be doing more than writing code -- you're going to practice thinking and creating like a computer scientist, and you just might have a lot of fun along the way! This club has no registration fee.</p> | <p>Start Date: TBD</p> | <p>Location: Highlands Middle School library Day: 2nd and 4th Mondays Time: 3:15 to 4:15</p> | |
| Kentucky Youth Assembly | <p>The Kentucky Youth Assembly is a mock legislature hosted by the YMCA at the Crowne Plaza in Louisville. Student participants have an opportunity to research, present, and debate legislation with students from all over the state. The conference lasts 3 days and features a trip to the State Capital in Frankfort.</p> <p>Fees, costs or items associated with club participation include a \$40 deposit to cover the cost of transportation to and from the conference. The cost of the conference is \$260, which covers hotel room, transportation between Louisville and Frankfort and 4 meals. Additional meals will be the responsibility of the individual student.</p> <p>Spots are limited to approximately 8 students, and the group will need a parent chaperone for the trip.</p> | <p>Starts: TBD How to Join: Submit application. Informational meeting will be held in late August.</p> | <p>Based upon a meeting plan established after the first meeting.</p> | <p>Eric Shufflebarger</p> |
| HMS Speech and Forensics Team | <p>Speech and Forensics is an opportunity for 6th, 7th, and 8th graders to showcase their acting and speaking talents. Students can choose from a wide variety of categories in which to perform, including monologues, duets, trios, dramatic presentations, improvisation, and much more. Team Fee of \$75 that covers competition fees and materials.</p> | <p>Starts: How to Join: Informational meeting on 9/9 at 3:30 in JES Music Room</p> | <p>Mondays: 3:30-4:30 at JES Thursdays: 3:30-4:30 at JES</p> | <p>Alyssa Vanderpool Alyssa.vanderpool@fortthomas.kyschools.us</p> |
| Student Council | <p>The purpose of the student council is to develop positive attitudes, practice good citizenship, promote harmonious relations throughout the entire school, improve school morale and general welfare and plan special events or projects. Students lead service projects for school and community.</p> | <p>Starts: How to Join: Speak with Mr. Augustin</p> | <p>Schedule posted in Schoology, varies depending on activities.</p> | <p>Ryan Augustin</p> |
| Student Technology Leadership Program | <p>The Student Technology Leadership Program (STLP™) is a project-based learning program that empowers students to use technology to learn and achieve.</p> | <p>Please visit again soon as for updates on club information</p> | <p>TBD</p> | <p>Andrew Martin</p> |
| MS Track and Field | <p>Track and field is a sport which includes athletic contests established on the skills of running, jumping, and throwing.</p> | <p>How to Join: Visit the HMS Athletic Website</p> | <p>https://sites.google.com/fortthomas.kyschools.us/hmsathletics/home</p> | <p>Aaron Lense</p> |
| Odyssey of the Mind Team | <p>Odyssey of the Mind is an international, parent-coached K-12 program that gives students the opportunity to explore creative problem-solving methods. Students work throughout the year in small teams on one of several projects outlined by Odyssey of the Mind. By tapping into creativity, and through encouraging imaginative paths to problem-solving, students learn skills that will provide them with the ability to solve problems -- great and small -- for a lifetime. Odyssey of</p> | <p>Please contact Stacie Contreras for more information on joining Odyssey of the Mind. Teams typically form in October.</p> | | <p>Stacie Contreras via email: stfc24@gmail.com</p> |

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| | the Mind teaches students how to think divergently by providing open-ended problems that appeal to a wide range of interests. | | | |
| Volleyball | Participates in the NKMSAA league. | How to Join: Visit the HMS Athletic Website | https://sites.google.com/for/thomas.kyschools.us/hmsathletics/home | Aaron Lense |
| World Language Club | Offering the chance to explore languages and cultures of the world through native art, dance, music, movies, food and games and connections to speakers from around the globe. | Please visit again soon as for updates on club information | TBD | Krista Meadows |