



BWL ATHLETICS PROGRAM

Intramural Sports

Grade 6

Fall

Soccer
Volleyball

Winter

Boys Basketball
Girls Basketball

Spring

Mini Tennis
Badminton
Running Club

Middle School

Grades 7-8

Fall

Soccer
Girls Volleyball
Boys & Girls Cross Country

Winter

Boys & Girls Basketball
Boys & Girls Swimming
Ice Hockey(8th grade only)
Squash

Spring

Boys Track & Field
Girls Track & Field
Boys & Girls Tennis
Lacrosse Club

JV/Varsity Teams

Grades 9-12

Fall

Boys Varsity Soccer
Girls Varsity Soccer
Boys Varsity Cross Country
Girls Varsity Cross Country
Girls Varsity Volleyball
Girls JV Volleyball

Winter

Boys Varsity Basketball
Girls Varsity Basketball
Boys JV Basketball
Varsity Ice Hockey
Boys Varsity Swimming
Girls Varsity Swimming
Varsity Squash

Spring

Boys Varsity Baseball
Girls Varsity Softball
Boys Varsity Tennis
Girls Varsity Tennis
Boys JV Volleyball
Boys Varsity Volleyball
Boys Varsity Track & Field
Girls Varsity Track & Field
Varsity Golf

BWL Squash Club

Grades K-6



New Space for Athletics at Lenox Hill Neighborhood House

We are pleased to announce that BWL has entered into a comprehensive leasing agreement with Lenox Hill Neighborhood House, a highly sought after and full service athletic facility that is just seven blocks away from BWL. Lenox Hill has long been the extracurricular sports location for several independent schools in the area.

Lenox Hill Neighborhood House includes a full size gymnasium, weight room, and pool with a lifeguard. This allows us to accommodate the following twelve teams for BWL's home games and practice sessions: Middle School Soccer; three Volleyball teams (Middle School, Junior Varsity, and Varsity); all five Basketball teams (Middle School Girls, Middle School Boys, Junior Varsity Boys, Varsity Boys, and Varsity Girls); our Middle and Upper School Swim teams; and Lacrosse Club.

The Lenox Hill Neighborhood House space complements BWL's existing array of practice and game spaces throughout the area, allowing us to streamline all practice and game transportation for many of the after school sports in our program. In addition, we continue to utilize the Sokol gym, enabling us to hold several games simultaneously during peak championship seasons.



Additional Facility Rentals

- 92nd Street YMCA – Basketball
- Soccer Roof in Long Island City - Soccer
- River Club – Squash
- Lefrak Skating Center in Brooklyn – Ice Hockey
- Sokol Hall – PE classes, Volleyball, Basketball
- SUNY Purchase – Baseball, Soccer
- Uptown Sports Complex – Baseball
- USTA National Tennis Center – Tennis
- West Side Tennis Club – Tennis



League & Non-League Schools

ISAL Member Schools

- Bay Ridge Prep
- Birch Wathen Lenox
- Brooklyn Friends
- Churchill
- Dwight
- French American School
- Garden
- Lemman Prep
- LREI
- Rudolf Steiner
- Mary McDowell
- York Prep

Non-League Schools

- Browning
- Calhoun
- Columbia Prep
- Fieldston
- Friends Seminary
- Hackley
- LFNy
- Loyola
- Masters
- Poly Prep
- Trevor
- Portledge
- Riverdale
- Xavier