# BWL Athletics Program

## Intramural Sports

**Grade 6**

### Fall
- Soccer
- Volleyball

### Winter
- Boys Basketball
- Girls Basketball

### Spring
- Mini Tennis
- Badminton
- Running Club

## Middle School

**Grades 7–8**

### Fall
- Soccer
- Girls Volleyball
- Boys & Girls Cross Country

### Winter
- Boys & Girls Basketball
- Boys & Girls Swimming
- Ice Hockey (8th grade only)
- Squash

### Spring
- Boys Track & Field
- Girls Track & Field
- Boys & Girls Tennis
- Lacrosse Club

## JV/Varsity Teams

**Grades 9–12**

### Fall
- Boys Varsity Soccer
- Girls Varsity Soccer
- Boys Varsity Cross Country
- Girls Varsity Cross Country
- Girls Varsity Volleyball
- Girls JV Volleyball

### Winter
- Boys Varsity Basketball
- Girls Varsity Basketball
- Boys JV Basketball
- Varsity Ice Hockey
- Boys Varsity Swimming
- Girls Varsity Swimming
- Varsity Squash

### Spring
- Boys Varsity Baseball
- Girls Varsity Softball
- Boys Varsity Tennis
- Girls Varsity Tennis
- Boys JV Volleyball
- Boys Varsity Volleyball
- Boys Varsity Track & Field
- Girls Varsity Track & Field
- Varsity Golf

## BWL Squash Club

**Grades K–6**
New Space for Athletics at Lenox Hill Neighborhood House

We are pleased to announce that BWL has entered into a comprehensive leasing agreement with Lenox Hill Neighborhood House, a highly sought after and full service athletic facility that is just seven blocks away from BWL. Lenox Hill has long been the extracurricular sports location for several independent schools in the area.

Lenox Hill Neighborhood House includes a full size gymnasium, weight room, and pool with a lifeguard. This allows us to accommodate the following twelve teams for BWL's home games and practice sessions: Middle School Soccer; three Volleyball teams (Middle School, Junior Varsity, and Varsity); all five Basketball teams (Middle School Girls, Middle School Boys, Junior Varsity Boys, Varsity Boys, and Varsity Girls); our Middle and Upper School Swim teams; and Lacrosse Club.

The Lenox Hill Neighborhood House space complements BWL's existing array of practice and game spaces throughout the area, allowing us to streamline all practice and game transportation for many of the after school sports in our program. In addition, we continue to utilize the Sokol gym, enabling us to hold several games simultaneously during peak championship seasons.
Additional Facility Rentals

- 92nd Street YMCA – Basketball
- Soccer Roof in Long Island City - Soccer
- River Club – Squash
- Lefrak Skating Center in Brooklyn – Ice Hockey
- Sokol Hall – PE classes, Volleyball, Basketball
- SUNY Purchase – Baseball, Soccer
- Uptown Sports Complex – Baseball
- USTA National Tennis Center – Tennis
- West Side Tennis Club – Tennis
League & Non-League Schools

**ISAL Member Schools**
- Bay Ridge Prep
- Birch Wathen Lenox
- Brooklyn Friends
- Churchill
- Dwight
- French American School
- Garden
- Leman Prep
- LREI
- Rudolf Steiner
- Mary McDowell
- York Prep

**Non-League Schools**
- Browning
- Calhoun
- Columbia Prep
- Fieldston
- Friends Seminary
- Hackley
- LFNY
- Loyola
- Masters
- Poly Prep
- Trevor
- Portledge
- Riverdale
- Xavier