



GIRLS LAX CAMP



**JULY 24-26, 2023 | 4-6 PM
IN THE DC ATHLETIC COMPLEX**

THIS 3-DAY CAMP WILL BE BROKEN INTO 3 SESSIONS EACH DAY AND WILL WORK ON INTRODUCING & IMPROVING STICK SKILLS, POSITIONAL FOCUS (OFFENSE, DEFENSE & GOALIE) & SMALL-SIDED GAMES

OPEN TO GIRLS GRADES 4-9 (2023-24)

\$70 PER CAMPER

Pay Online: bit.ly/2023-DCAthleticCamps

REQUIRED GEAR: Tennis shoes & water bottle
Girls are welcome to bring a lacrosse stick
+ Goggles if they have them, but it's not necessary

LED BY COACH:

Grace Savage | savageg@divinechildhighschool.org

