



AC HOCKEY STP SUMMER WORKOUTS

Summer Hockey Training Sessions

June 13- July 28

Mondays and Wednesdays

8-9am on-ice, 9-10am off-ice

@ New Hope Ice Arena

Summer Training Afternoon Sessions

June 13- July 28

Thursdays

Game 1- 1-2pm, Game 2- 2:15p-3:15p

@ New Hope Ice Arena

No workouts July 2-July 9 (non-contact week)

*For more information about summer programs, please visit
[https://www.armstrongcooperhockey.org/page/show/3209744-
summer-camps](https://www.armstrongcooperhockey.org/page/show/3209744-summer-camps)
or click the QR Code below*

