



ARMSTRONG HIGH SCHOOL TRACK AND FIELD SUMMER CAMPS

Summer Track Training Sessions

**All incoming (Spring 2022) 7-12 grade
students**

June 13- August 4

Monday, Tuesday, and Thursday 6pm-8pm

@ Armstrong Stadium

No workouts July 2-July 9 (non-contact week)

*For more information about summer programs, please visit
<https://robbinsdalearmstrongtrackfield.shutterfly.com/> or
click the QR Code below*

