

ARMSTRONG HIGH SCHOOL VOLLEYBALL SUMMER OPEN GYM

Summer Open Gym Information:

June 13-July 29

Mondays and Wednesdays 6-8pm

Fridays 9-11am

No workouts July 1- July 8

*For more information about summer programs, please visit
<https://www.armstrongvolleyball.com>
or click the QR Code below*

