



IHSA Sport Season Start Dates for 2022-23

SPORTS	SEASON	START DATE	TRYOUT/CUT
Boys Cross Country	Fall	August 8	No
Girls Cross Country	Fall	August 8	No
Football	Fal	August 8	No
Boys Golf	Fall	August 8	Yes
Girls Golf	Fall	August 8	Yes
Boys Soccer	Fall	August 8	Yes
Girls Tennis	Fall	August 8	Yes
Girls Volleyball	Fall	August 8	Yes
Cheerleading	Fall	August 8	Yes
Boys Bowling	Winter	October 24	Yes
Girls Basketball	Winter	October 31	Yes
Boys Basketball	Winter	November 7	Yes
Wrestling	Winter	November 7	No
Girls Bowling	Winter	November 14	Yes
*Boys Track	Winter/Spring	January 16	No
*Girls Track	Winter/Spring	January 16	No
Boys Baseball	Spring	February 27	Yes
Boys Lacrosse	Spring	February 27	Yes
Girls Lacrosse	Spring	February 27	Yes
Girls Soccer	Spring	February 27	Yes
Girls Softball	Spring	February 27	Yes
Boys Tennis	Spring	February 27	Yes
Boys Volleyball	Spring	March 6	Yes

Notes

- All dates are when the season may start, DePaul Prep may start on these dates or a few days later depending on the coach's preference/schedule.
- Club sports such as hockey, crew and sailing create their own calendars and you should visit their respective websites for detailed information
- *For boys and girls who are participating in a winter sport, they will be given the opportunity to join the track team after their respective winter sport season ends. If a student is not involved in a winter sport, the expectation is they will start track in January.
- VACATION DATES: DePaul Prep Athletics has two weeks of no contact which are helpful in planning family vacations: July 4-8 2022 and August 1-5 2022 and July 3-7 2023 and July 31-Aug 4 2023