

Your student was seen in the Health Office today due to symptoms that are often associated with COVID-19. The symptoms of COVID-19 are similar in adults and children and can look like other common illnesses, like colds, strep throat, or allergies. The most common symptoms of COVID-19 in children are fever and cough, but children may have any of these signs or symptoms of COVID-19:

- Fever or chills
- Cough
- Nasal congestion or runny nose
- New loss of taste or smell
- Sore throat
- Shortness of breath or difficulty breathing
- Diarrhea
- Nausea or vomiting
- Stomachache
- Tiredness
- Headache
- Muscle or body aches
- Poor appetite or poor feeding, especially in babies under 1 year old

Due to the similarities in common illnesses and COVID-19 symptoms, **the Northern KY Health Department has asked that we take measure to ensure the symptoms are not related to COVID-19.** Here are options that will allow your child/student to return to normal activity, athletic events, and in-person learning.

1. A negative COVID-19 test

OR

2. An alternate diagnosis

This documentation should be faxed, emailed, or given to the school's office staff.

If not tested or an alternate diagnosis is not made, then all 3 of the criteria for recovery of presumed COVID-19 illness needs to be met for your child:

1. Fever-free for **24 hours** without the use of fever-reducing medication **AND**

2. Symptoms experienced are improving **AND**

3. It has been at least 10 days since the symptoms started

If not fever free or symptoms haven't improved, then recovery will extend beyond 10 days. Please let us know if this occurs.

Date of first symptom is:

First isolation date is day 1 after symptoms started:

Last isolation date is day 10:

Return to normal activity and return to school date is day after day 10 isolation date:

This information is provided regardless of instructional method in the event students need to be on campus for reasons other than instruction.

If you have any questions feel free to contact the Health Office,