

# *Kindergarten Readiness*

## **Encourage Independence**

Encouraging independent skills with your soon to be kindergartner can help them be more prepared for going to school full time in the fall. With more than 10 years experience teaching kindergarten, our kindergarten team has provided this list of skills you can practice with your child to encourage independence both at home and in the classroom.

### *Skills your child should practice...*

- Using the toilet without adult assistance
- Putting on and removing his or her own coat, hats, and mittens
- Hanging up his or her coat and backpack
- Fasteners (e.g., zippers and snaps)
- Opening food containers, cartons, straws, ketchup packets
- Putting toys away
- Following adult directions
- Holding a pencil/crayon
- Using scissors and glue