



RCDS READY

Spring 2022 • UPDATE: March 28, 2022



THE
RUMSON
COUNTRY DAY SCHOOL
Truly Great N-8

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Detailed information about specific principles and policies for 2021-22 school year.



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Health and Well-Being Practices

- As of March 7, 2022, the state mandate requiring in school universal masking has expired. RCDS is currently “mask optional” leaving the decision to wear, or not to wear a mask up to the individual student and or Faculty member.
- The NJDOH recommends mask wearing during the following circumstances:
 - CALI score of high (orange) - strongly consider universal masking for all students and staff.
 - CALI score of very high (red) - schools should require universal masking for all students and staff.
- All RCDS students and employees will be temperature screened by a touchless scanner prior to entering the building each day.
- All classroom entrances will be equipped with alcohol-based hand sanitizer. Frequent hand washing and sanitizing will be built into daily routines.
- RCDS Maintenance Staff will continue the cleaning of frequently used surfaces and the use of additional cleaning equipment, including electrostatic sprayers, UV-A technology and approved chemicals recommended by the CDC. Enhanced cleaning and ventilation includes the upgraded HVAC equipment and UV and ionization technology installed last year.
- Three-foot physical distancing will be encouraged in all areas of the School at all times.

Academics

The outstanding and robust academic experience to which RCDS students and parents are accustomed remains intact. Our plan will remain flexible as we continue to monitor COVID-19 cases in our community.

Campus Life

- Family-style dining has returned and is being enjoyed by all of our students and faculty.
- Field trips have returned with any necessary precautions being made to secure the safety of our students.
- Students have returned to using lockers and cubbies.
- Back to School Night and student-led conferences have returned in person, with a few adjustments.
- A regular athletics season has resumed with students competing interscholastically, and our teams have been practicing together every day.
- Visitors will be admitted on campus and in school buildings. We respectfully ask that visitors continue to limit their time in the building.
- Parent Council chairs and volunteers for Gator Alley and Gently Worn Store have prepared both stores to open on a limited basis.
- School plays have resumed in the auditorium, with an RSVP for up to 4 guests per family

Community Commitment

The Four Pillars make RCDS a truly great N-8 community for our families. As we did last year, we need to join one another during this time and ask all of our families to read, sign, and return to school the “Gator Pledge” acknowledging their commitment to uphold our community standards. [You can download your copy of the “Gator Pledge” here.](#)



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RCDS Ready: COVID-19 Guidelines for:

- COVID-19 Symptoms While in School
- Having a Positive COVID-19 Test
- Quarantining due to Exposure to a Positive Case of COVID-19
- Returning to School Following a Positive COVID-19 Test
- Quarantining for Fully Vaccinated Individuals
- School Closure and COVID-19
- Travel and COVID-19

Guidelines for COVID-19 Symptoms While in School:

The symptoms for COVID-19 are the following:

- | | | |
|---|--------------------------------|------------------------------|
| ✓ Fever 99.4 or above | ✓ Nasal congestion | ✓ Muscle pain |
| ✓ Chills | ✓ Sore throat | ✓ New loss of taste or smell |
| ✓ Coughing | ✓ Nausea, vomiting or diarrhea | ✓ Headache |
| ✓ Shortness of breath or difficulty breathing | ✓ Fatigue | |

Any students or RCDS employee who develop COVID-19 symptoms while in school will be evaluated by the school nurse, isolated in the nurse's office and sent home.

If anyone develops **at least two** of the following symptoms while in school, they will be sent home: **fever (99.4 or above), chills, muscle aches, headache, sore throat, nausea, vomiting, diarrhea, fatigue, congestion or runny nose.**

If anyone develops **at least one** of the following symptoms they will be sent home: **cough, shortness of breath, difficulty breathing, new loss of taste or smell.**

If the individual continues with symptoms after being sent home and is tested for COVID-19, they must remain at home until the test results are reported.

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The NJDOH has updated their guidance on COVID-19 Masking, Isolation and Quarantine Timeframes for Non-Healthcare Settings as of February 22, 2022

Individuals Who Test Positive For COVID-19

Individuals who test positive for COVID-19 and are symptomatic or persons with COVID-19 symptoms who were not tested, or who are waiting for test results:

- Stay home and isolate yourself from other people for at least 5 full days (day 1 is the first day of symptoms or positive test).
 - a. If symptoms resolve (fever-free for 24 hours and other symptoms greatly improve), isolation can end after 5 full days (return to school on day 6).
 - b. If symptoms persist (fever or if other symptoms have not improved), continue to isolate until fever-free for 24 hours and other symptoms have greatly improved.

Individuals Who Test Positive for COVID-19 But Have No Symptoms

- Stay home and isolate yourself from other people for at least 5 full days (day 1 is the day of the positive viral test).
 - a. If no symptoms develop, isolation can end after 5 full days (return to school on day 6).
 - b. If symptoms develop within one week of the positive test, the 5-day isolation period starts over with day 1 being the first day of symptoms. Follow recommendations for ending isolation for persons who have COVID-19 symptoms.

Who Does Not Need to Quarantine

- Faculty and Staff who completed a primary series of COVID-19 vaccines.
- Students 5-17 years old who completed the primary series of COVID-19 vaccine.
- Persons who had confirmed COVID-19 within the last 90 days (positive viral test).

Who Should Quarantine

Individuals who are not fully vaccinated (have not completed a primary vaccine series) who had close contact with someone with COVID-19 DO need to quarantine and should take additional precautions during and after quarantine.

During Quarantine

- Stay home and away from other people for at least 5 days (day 1 through day 5) after the last close contact with a person who has COVID-19. The date of the exposure is considered day 1.
 - If COVID-19 symptoms develop, get tested and follow isolation recommendations.
 - If asymptomatic, get tested at least 3-5 days after the last close contact.
 - If the test is positive, follow isolation recommendations.
- If the test is negative, you can end quarantine after day 5.
If testing is not available, you can end quarantine after day 5 (as long as there were no COVID-19 symptoms throughout the 5-day period).

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Travel

As of May 17th, New Jersey's Travel Advisory is no longer in effect. RCDS does not have any guidelines or restrictions for domestic or international travel.

Guidelines for School Closure

School Closure is a decision that will be made by RCDS administration, in consultation with our local public health department. While it is not possible to account for every scenario that schools may encounter over the course of the school year, the following scenarios may help inform the decision for when schools should temporarily close.

- One confirmed case in school – school remains open, students and staff in close contact with positive case quarantine from school for 10 days, unless they are fully vaccinated.
- Two or more cases within 14 days but are linked to a clear alternative exposure that is unrelated to the school setting and unlikely to be a source of exposure for the larger community (same household, exposed at the same event outside of school) – school remains open, students and staff in close contact with positive cases quarantine for 10 days.
- Two or more cases that are identified within 14 days that occur across multiple classrooms, are not linked to exposures outside the school setting, and a clear connection between cases cannot be easily identified, but in school transmission is suspected. Recommendations for whether the entire school or individual classrooms should transition to remote learning will be based on discussions with the local board of health and administration.
- A significant community outbreak is occurring or has recently occurred and is impacting multiple staff, students and families – consider closing school for 14 days based on investigation from the local health department.