

ABS Quick Tips



ABS HEALTH BENEFITS DEBIT CARD:

- Two debit cards will be issued to each first time plan participant.
- Upon receipt of your cards follow the included instructions for activation.

Direct Deposit: Get your money quickly and easy.

- Go to www.abs125.com and click Logins
- Click **Tools & support**
- Under the **How Do I** menu
- Click **Change Payment Method**
- Add your bank routing and account number



ABS Mobile App – Information on the go! Download app from Apple Store or Google Play.

- Log in with the same user ID and password you use for the Consumer Portal (www.abs125.com).
- View your account balance/s and submit claims.
- Consumers can simply scan a product bar code right in their ABS mobile app to help determine eligibility as a qualified medical expense.



RESOURCES:

1. ABS Mobile App- (Search abs125 on the App Store or Google Play)
2. ABS Consumer Portal- (www.abs125.com)
3. Toll Free- (1-877-732-8125)
4. FAX - (860-675-2207)
5. Mail- 30 Mill Street, Unionville, CT 06085
6. Claims@abs125.com

