

Mental Health Resources

The following list of mental health professionals is purely informative; no particular therapist, counselor, psychologist, or psychiatrist is recommended or endorsed by Delphos City Schools.. Many of the professionals listed here accept insurance payment and/or offer a sliding payment scale based on ability to pay. It is always wise, however, to check before making an appointment.

CRISIS HOTLINE

1 - 800 - 567 -
4673

ALLEN COUNTY CHILDREN SERVICES

419-227-8590

24-Hour investigation and crisis intervention services regarding abuse/neglect.

Cost of services: No payment necessary

AUGLAIZE COUNTY CHILDREN SERVICES

419-738-7773

24-Hour investigation and crisis intervention services regarding abuse/neglect.

Cost of services: No payment necessary

www.allencsb.com

VAN WERT COUNTY DEPT. OF HUMAN SERVICES

419-238-5430

24-Hour investigation and crisis intervention services regarding abuse/neglect.

Cost of services: No payment necessary

AIDS RESOURCE CENTER

419-222-0827

Ellis Building, 329 N. West Street, Suite B

Case management, crisis intervention, support groups, and emergency financial aid. Also, limited availability of prevention/education services to at-risk groups as well as those currently infected/affected by HIV. Call to request a presentation, etc.

Cost of services: No cost for services

www.arcoho.org

AL-ANON Al-Anon is the fellowship of spouses and other family members from homes where there is an alcohol problem. It offers help in understanding the nature of alcoholism and coping with the problem within the home. Gives support to the nonalcoholic family members and offers suggestions in motivating the alcoholic member to seek help.
419-229-7484 Cost of service: none
www.ohioal-anon.org

ALLEN COUNTY 204 North Main St. Suite 303 - Lima
EDUCATIONAL SERVICE CENTER Parent Mentor- Information and support to families of disabled children, Preschool Services- Programming for disabled children (ages 3-5), Work Study- Vocational training and support of disabled students (ages 14-21), Speech and School psychology- assessment and intervention, SBH, MH, and Gifted Alternative Center- educational programming for "at- risk" students.
419-224-4607 Cost of services: N/A

ALLEN COUNTY 1501 S. Dixie Highway - Lima
FAMILY AND CHILD FIRST COUNCIL Financial Assistance: Ohio Works First (formerly ADC), Medicaid, Food Stamps and Disability Assistance, Social Services For Adults, Families and Children, Case Management, Home Management & Transportation, Chore, Homemaker, and Protective Service for Adults, Health Related Services (including heartache and at risk pregnancy program, information and referral, Ohio works first and workforce investment act employment and training services; learnfare; LEAP, day care.
419-221-0014 Cost of Services: no payment needed

ALLEN COUNTY 219 East Market St. - Lima
HEALTH DEPARTMENT Services and testing of many health issues including communicable diseases. STD Clinics available on Tuesdays 4:30-5:30 p.m.
419-228-4457 Cost of Services: According to service needed

ALLEN COUNTY 850 Spencerville Rd. - Lima
JUVENILE COURT DIVERSION SERVICES We do one time referrals with law enforcement, schools and their parents. We also offer 3 tours after a special referral is completed. These are held monthly.
Cost of Services: None
419-998-5249

ALTERNATIVE BEHAVIORAL SERVICES 2018 Eastown Rd. - Lima
Assessment for ADHD, learning disabilities, counseling with parents and coordinating with the schools; Oppositional Defiance Disorder; counseling services, Marriage and Family Counselors.
419-999-1799 Dr. Thomas Hall, PhD- Intervention Specialist for Learning Disabilities

ALTERNATIVE LEARNING CENTER LTD. 2018 Eastown Rd. - Lima
Tutoring Instructors on site, Specializes in Learning Disabilities and Special Learning. 3 Full-time Tutors available-pre-school-adult levels
419-999-1799 Cost of Services: 1 set intake fee. Hourly rate- \$27.00 for 50 minutes tutoring

APPLIED PSYCHOLOGICAL SERVICES 2371 Western Ohio Ave. - Lima
Child, adolescent, and adult psychiatry/psychotherapy; anxiety and depression, marital and divorce issues; self-esteem/school problems; sexual counseling.
419-228-4555 Frederick Ferri, PhD
Michael Schaefer, LICDC
Thomas Hustak, PhD
Victor Wei, MD
Cost of Services: check insurance carrier

Big Brothers-Big Sisters of Allen County 649 West Market St. - Lima
Big Brothers Big Sisters: Matches children with mature, responsible, and responsive adults who have volunteered their time and friendship, screens applicants, maintains supervision of matches. Buddies: Matches children with mature, responsible, and caring high school students who have volunteered their time and friendship, gives high school students an opportunity to do community service with children, have weekly activities with children, which include crafts, swimming, and recreational activities, maintains supervision of activities, provide weekly recreation as well as arts and crafts.
419-228-8664 Cost of Services: N/A

COVENANT MINISTRY SERVICES 1130 W. Market St. - Lima
Individual counseling with adults, children, and adolescents; marriage counseling; family counseling; premarital counseling; group counseling; Christian counseling setting available.
419-228-2070 Richard Weir, DMin Tom Holmes, DMin Jennifer Schmidt, PCC Michael A. Meckstroth, MA, PCC
Peggy Lawrence, RNC, PCC, MSW
Cost of Services: Adjusted scale available and check insurance carrier.

CRIME VICTIM SERVICES 116 W. North St. - Lima
419-222-8666 **1)** 24 Hour Rape Crisis Line **2)** Victim rights and hearing notification **3)** Court Advocacy and Victim Impact Statements **4)** Assistance with (state) compensation, (criminal) restitution, and (local) emergency costs **5)** crisis counseling **6)** Victim Ministry **7)** Victim Offenders Mediation **8)** Victim Impact Panels
Cost of Services: Free and confidential

CROSSROADS CRISIS CENTER, INC. Shelter (24 Hour), Crisis Hotline, Comfort and Support, Advocacy, Accompaniment, Court Escort, Victim Rights Information, Victim Case Notification, Assist with Victim compensation, Support Groups for Battered Women and Others, Children's Programs, In-Service Training, Community Education and Prevention
419-228-4357 Cost of Services: Free and Confidential

FAMILY RESOURCE CENTER 799 S. Main St. - Lima
419-222-1168 Outpatient counseling; mental health and drug/alcohol evaluation and therapy; individual, group, and family counseling; marriage counseling; counseling for abused children, youth, offenders, or families; psychiatrist available for evaluation
Cost of Services: Families can afford services at FRC. Our agency accepts Medicaid and insurance as primary forms of payment; additional assistance for low income families is provided by our sliding fee scale.

HEARTBEAT OF LIMA 3225 W. Elm St. - Lima
419-222-7945 1. 24-hour phone hotline 2. pregnancy testing 3. maternity and infant clothing and supplies 4. emergency supplies of formula and diapers (with referral) 5. education updated
Cost of services: none

HIV/AIDS TESTING SITE-ALLEN COUNTY HEALTH DEPT FREE confidential or anonymous HIV testing in Allen, Auglaize, Hardin, and Van Wert counties.
419-228-4457 Cost of services: none

LIFE MANAGEMENT CENTER 915 W. Market St. - Lima
419-224-6222 Specializes in treatment of children; play therapy; behavior problems; hyperactivity, mood swings, temper control. Treatment for stress, anxiety, depression, panic disorders, women issues, eating disorders, alcohol and drug abuse. Individual, family, and group counseling; stress management.
Dr. Young Rhee, MD
Staff of 10 Licensed Social Workers
cost of services: cash only

Lima-UMADOP INC. Prevention & Treatment 608 W. High St. - Lima
419-222-4474 Domestic Violence Prevention/Intervention, Youth Mentoring/Tutoring, Teen Peer Educators (Teen Drama Group), Parenting Classes, In-School VATOD Prevention/Intervention Classes (Middle Schools)
Cost of Services: Cash Only

The Marsh Foundation
419-238-5437 1229 Lincoln Highway
P.O. Box 150 - Van Wert
1) Group Homes one Male (1-10 clients) Ages 7-17 one Female (1-10 clients) Ages 7-17 2) Treatment Foster Care 3) Program A: Specialized residential sex offender treatment-Marsh Individualized Treatment Services (MITS). One group home: 1-10 males; ages 10-17 Program B. Sex offender treatment foster care with specialized homes. 4) Counseling/Psychotherapy Services-Ohio Dept. of Mental Health Certified. 5) Testing a. Diagnostic Assessments b. Psychosexual Assessments c. Full range battery of intelligence, achievement, personality, and projective testing with analysis, interpretation with an evaluative psychological report. 6) Community Support Provider (C.S.P.)/Case Manager. 7) Family Based in-home or home-based services. 8) On grounds school, part of Lincolnview Local School System. 9) Registered Nurse on Contract
Cost of Services: Call agency for pricing.

PATRICK, CAROL, PhD
419-222-5077 1037 W. Market St. - Lima
Clinical & development psychology; children, adolescents, and adults; individual and group counseling; play therapy; developmental disabilities; gifted individuals; behavioral problems; relationship difficulties; custody evaluations; self-confidence/self-esteem; assertiveness training
Cost of Service: Accepts Medicaid and check insurance carrier

PERSONAL GROWTH COUNSELING
419-222-2255 1128 West Market St. - Lima
Adult, adolescents, children; marriage & family counseling; anger management, child therapy; behavioral/school problems; parenting concerns; domestic violence; grief/loss; eating disorders, sexual abuse issues; depression, anxiety, divorce adjustment
Kay Schamp, LISW (specializes in children)
Rosalie Stlucka, LISW
Cost of services: check insurance carrier and payment options available

PRACTICE OF CLINICAL PSYCHOLOGY, INC.
419-227-5515 1000 W. Market St. - Lima
Individual and family counseling; children, adolescents and adults; emotional and behavioral problems; self-esteem stress management; sexual counseling; alcohol dependency; evening and Saturday hours available.
Jerry L. Zimmerman, PhD
Glen F. Strobel, PhD-specializes in children and adolescents
Berry A. Jennings, MS, LISW
Cost of services: Check insurance carrier

SAFE HARBOR 647 South Jameson Ave. - Lima
RUNAWAY AND HOMELESS YOUTH SHELTER 1. crisis counseling 2. family meetings 3. shelter 4. food 5. parenting classes (call to register) and monthly trainings (call to register)
Cost of services: none
419-228-7233

SALVATION ARMY 441 E. Eighth St. - Lima
Substance and alcohol abuse programs; food pantry; spiritual emergency assistance; Christmas assistance.
Cost of services: none
419-224-9055

ST. RITA'S CHILD/ ADOLESCENT BEHAVIORAL SERVICES 718 W. Market St. - Lima
Outpatient facility to address psychological problems in children and adolescents; suicide threats or attempts; severe emotional disturbances; individual and group counseling; psychiatric testing available
Cost of services: accepts Medicaid and check insurance carrier
419-226-9590

YMCA, LIMA FAMILY YMCA 345 S. Elizabeth St. - Lima
Adult, Youth, and Family Programs sports, aquatics and educational, Tutoring through achievers club, low income housing Spring and West St. building, senior program physical and educational, childcare school age-summer day camp/after school daycare
Cost of services: vary with the different programs
419-223-6045

WESTWOOD BEHAVIORAL HEALTH CENTER 120 W. Main - Van Wert
Outpatient counseling; crisis intervention; mental health; alcohol and drug counseling; eating disorders
24-hour HOTLINE: 1-800-523-3978 crisis intervention
Cost of services: accepts Medicaid for Van Wert county and sliding fee scale available
419-238-6939