




April

Monongalia County Schools



2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Hot Dog 1 Tater Tots; Fresh Apple Celery w/ Ranch Cup Milk – 8 oz Serving	2
3	Tex-Mex (Variety) 4 Tortilla Chips/Salsa; Apple Sauce; Black Beans Milk – 8 oz Serving	Hamburger 5 Cheese; Lettuce; Tomato Crinkle Fries; Orange Slices Milk – 8 oz Serving	Popcorn Chicken 6 Potato Smiles Baby Carrots; Pears Milk – 8 oz Serving	Salisbury Steak 7 Mashed Pot. ; Fruit Cup Green Beans; Baked Roll Milk – 8 oz Serving	Rotini Pasta & Sauce 8 Garden Salad w/ Dressing Pineapple Chunks; Garlic Bread Stick Milk – 8 oz Serving	9
10	Mac & Cheese 11 Cole Slaw; Fruit Cocktail Brussel Sprouts Milk – 8 oz Serving	Pizza (Variety) 12 Fresh Broccoli; Ranch cup Cooked Carrots; Apple Crisp Milk – 8 oz Serving	Grilled Cheese 13 WV Tom. Soup; Fruit Cup Spinach Salad w/ Dressing Milk – 8 oz Serving	No School 14	No School 15	16 
	No School 18	School Pepperoni Roll 19 Fresh Carrot; Ranch Cup Veg. Juice Box; Applesauce Milk – 8 oz Serving	Fish Sticks 20 Peas; Orange slices; Goldfish Crackers Milk – 8 oz Serving	Country Fried Steak 21 AuGratin Potatoes; Roll Broccoli; Pineapple Slice Milk – 8 oz Serving	Lasagna Roll 22 Breadstick; Cantaloupe Garden Salad w/ Dressing Milk – 8 oz Serving	23
24	Chicken Sandwich 25 Roasted Potatoes Baked Beans; Fruit Cocktail Milk – 8 oz Serving	Sub Sandwich 26 Apple Slices; Cookie Cheddar Popcorn Milk – 8 oz Serving	WV Made Sloppy Joe 27 Baked Potato; Ranch Cup Fresh Veggies Mix; Grapes Milk – 8 oz Serving	Turkey w/ Baked Roll 28 Mashed Pot.; Cran. Sauce Green Beans Milk – 8 oz Serving	Pulled Pork(WV Farm) 29 Corn & Kidney Beans; 4 Berry & Frozen Yogurt Milk – 8 oz Serving	30  FREE SCHOOL MEALS IN SCHOOL YEAR 2021-2022

Submit Free/Reduced Applications and PAST DUE meal payments by credit card/debit card at: <https://www.schoolcafe.com> * All Menu Items are subject to change due to availability.