St. Anthony-New Brighton Family Services Collaborative Board Meeting Minutes Wednesday, October 27, 2021 6:30pm

Our vision: Develop healthy, well-adjusted youth, supported by informed and caring families in a welcoming and concerned community

1. Welcome and Introductions

Mageen called the meeting to order at 6:35pm

Attending: Mageen Caines, Jeff Ozanne, Catie Michaelson, Tammy Stauffer, Mark Dokkon. Renee Corneille, Clare Rodrigues-Henderson, Ben Phillip, Kristen Morris, Wendy Webster, Renee Nettleton

Bonnie Brever has retired from the board and Kristen Morris has moved into the secretary position.

2. <u>Approval of Minutes from April 26, 2021</u>

Motion by Renee to approve the minutes seconded by Ben. Motion passed unanimously.

3. <u>Treasurer's Report</u>

a. How Collaborative Receives their Funds

Monies accumulate through "random moments" opportunities in the schools. Money can only be spent according to state-wide priorities. Revenue of 23,248 and expenditure of 11,044. Wendy Webster reported a balance of \$146.495 at the end of June. outstanding invoice from mental health connect.

4. How the Collaborative Operates

a. Our priorities, core values, and guiding principles Coordinator and Chair are required roles. The Coordinator must be a school district employee as the school district is the fiscal agent.

Organizational documents, does the board want to update/generate documents while working on initiatives or do we want to pause initiatives to focus on guiding documents. Historically, there has not been a lot of guiding documents to allow most flexibility to the board. Look at collaboratives and start from their documents. Clarity of roles, calendars for the year, intake of grant ideas procedures are the guidance documents to be discussed. Workgroup to start - Catie Michaelson, Jeff Ozanne

Motion by Jeff Ozanne to create a workgroup, seconded by Catie Michaelson. Motion passed unanimously.

5. Vaccination Clinic

(Strengthen Resilience and Protective Factors of Families, Schools & Communities) a. Update from University of Minnesota student

U of M student unable to attend but relayed survey results. Survey was done in cooperation with the WPPA to discover the main avenues of vaccine hesitancy. Three main areas behind vaccine hesitancy in our community - support for children who are afraid of vaccines, information about the vaccine, information about covid effects on children.

5. Mental Health Support of Students

(Promote Mental Health and well-being of Children, Youth, and Young Adults)
a. Update on Mental Health Connect (\$1000 funded in January meeting--not yet requested)
Mental health connect monies have not been requested as of today.

b. Update on Outreach and Needs Assessment for Mental Health for BIPOC students

Needs assessment - met with Semhar Soloman and received feedback that teacher/staff do not understand the experiences of students of color. Semhar gave additional contacts who are current students and Catie has not followed up with them. Catie wanted to get a better understanding of what the Collaborative could offer as resources. Catie met with the proposed provider one on one to gauge interest.

Other member input - School district has a contract with Lee Carlson. There has been a lot of turnover with mental health providers in the school district. Discussion of what is the collaborative role in how the collaborative and students interface with the provider. In the past, the collaborative provided funds but not interfacing with the provider. Tracking would need to be done to show how many students serviced to ensure funds match the number of students provided. The true gap is unclear at the moment in regards to the breakdown in the school, outside of school, both?

Proposal - funding for group therapy session, \$200 flat rate for as many students who want to attend once a week for 3 semesters. This provider would be an immediate referral source for individual therapy needs. Catie plans to reach out to the new group of students and sees the initiative being student led. Discussion - Renee C. brings up that the relationship should be broader than this just to school and not a relationship with the school district. There are state statutes and other policies for the school district and Renee notes and Lee Carlson and Nystrom and Associates are the main school based providers. Clare and Renee C. to meet offline to look at more options for the school district for school based mental health for BIPOC kids. Jeff identifies there is more information needed to identify the need. Does this not go through the collaborative as Renee C. will make that happen directly through the school district. This was focused on the school but open to alternatives. No motion is made on the above proposal.

The way ahead - Renee C. and Clare discuss more BIPOC access to students. Is there still a gap needed for a group setting for group support needing a facilitator instead of a provider? Is there also a trust issue among students? If so, how to meet those needs.

6. Update on Community Healing Circles

(Strengthen Resilience & Protective Factors of Families, Schools & Communities)

A method to bring the community together and create a common language during difficult times. This has been in process since 2019. 121 participants have taken advantage of the different circles over the time. Several circles have been dedicated to students and BIPOC members of the community. There was a look to expand how to have the conversation during the summer of 2021. There was limited interest in "the train the trainer" model during a survey given. There is a goal to get these conversations back in person but zoom has been the mode due to COVID and the delta variant.

7. Update on Support for Students Experiencing Homelessness

(Strengthen Resilience & Protective Factors of Families, Schools & Communities) Funding to be dispersed by the SANBE community fund, supplied by the collaborative, to be used to support the homeless. This is usually allocated \$250 a time. The fund needs assurances that we can fit into their structure. There are typically not big purchase items provided in the past when interacting with the community fund. We have families who are homeless ranging from preschool to high school. None are currently housed in shelters or encampments.

We are a part of intermediate school district 916 which allows us to provide services to families with profound needs. American Rescue plan money is also coming in this year though a lot of that funding will go to academic support. The van drivers can work with Renee N. to communicate needs from families through information communication during transportation. Renee confirms that the \$250 maximum is useful and the agreement with

the community fund does not need to be addressed. When the funds run out, the community fund will return to the Collaborative about additional funding.

Follow up needed - connection will need to be made with SANBE fund to get on their agenda for the donation and create their required documentation (specifics unknown at this time).

8. Update from St. Anthony Villagers for Equity and Community Board members (Strengthen Resilience & Protective Factors of Families, Schools & Communities)

Approximately \$4000 is remaining from the allocation of \$10,000.

Update needed for the next meeting.

9. Updates from Collaborative Partners

No updates given

10. Set meeting dates for 21-22

January 19, 2022, May 11, 2022, September 21, 2022, November 16, 2022

Motion by Wendy to approve the minutes seconded by Jeff. Motion passed unanimously.

11. Adjourn

Motion by Renee seconded by Ben to adjourn. Motion unanimously supported. Meeting adjourned at 8:30 pm

Respectfully submitted,

Kristen Morris

St. Anthony New Brighton Family Services Collaborative: PRIORITIES

The priorities of the St. Anthony New Brighton Family Services Collaborative are:

- 1. Promote Mental Health and well-being of Children, Youth, and Young Adults
- 2. Support Healthy Growth and Social Emotional Development of Children, Youth, and Young Adults
- 3. Strengthen Resilience and Protective Factors of Families, Schools and Communities

CORE VALUES

The following core values establish and drive the work of all Collaboratives to foster well-being and resilience:

*Strengths based

- *Child centered, youth guided, and family driven (increasing voice and choice)
- *Holistic family, community, and systems approaches
- *Culturally and economically affirming, responsive, and inclusive
- *Equitable communities reducing disparities and increasing opportunities
- *Research informed and data driven

GUIDING PRINCIPLES

Each local Collaborative fulfills the mission and guiding principles to meet priorities by:

- 1. Identifying needs;
- 2. Creating or sparking new approaches to meet needs;
- 3. Building and supporting trusting community partnerships to respond to the needs of families and communities;
- 4. Improving and increasing access to services and helping families navigate service systems;
- 5. Encouraging and aligning child-serving systems to ensure a continuum of care; and
- 6. Enhancing capacity by integrating funding and improving the flexibility, efficiency, and use of existing resources