

Kinder Round-Up: Eanes ISD School Nurse FAQs

[EISD Health](#) is a great resource. Find school health policies, emergency care plans, school nurse contact information, etc.

Tip: Save your school nurse's phone number in your contacts so that she can reach you quickly in case of emergency. It is a good idea to include several emergency contacts in Skyward Family Access who can text or call you in case we are unable to reach you.

IMMUNIZATIONS [Find Texas requirements here](#)

Call your doctor to find out if your child's shots are up to date. Send immunization records to your registrar ASAP--don't wait! **Tip: You will *not* receive teacher placement notification until your child meets all immunization requirements.**

WHO SHOULD I NOTIFY IF MY CHILD IS ABSENT?

Yes. Enter absences, late arrivals, and early pick-ups in the [SmartTag system](#). Absences will remain unexcused until a note is entered in SmartTag. A doctor's note is required when the absence is longer than 3 days. Notify the school nurse if your child has COVID-19.

WHEN CAN MY CHILD RETURN TO SCHOOL?

- **Fever:** When the temperature is less than 100.0° F for 24 hours without the use of fever-reducing medication.
- **Vomiting:** When able to tolerate food without recurrent vomiting, typically 24 hours after the last episode.
- **Diarrhea:** When diarrhea-free for 24 hours without the use of diarrhea-suppressing medication.
- **Common Cold:** When fever-free for 24 hours without the use of fever-suppressing medication.
- **COVID-19:** Notify the school nurse of a positive test. EISD policies are updated according to guidance from the [CDC](#) and [APH](#).
- **Strep throat:** When on antibiotics and fever-free for 24 hours without the use of fever-suppressing medication.
- **Flu (influenza):** When fever-free for 24 hours without the use of fever-suppressing medication.
- **Pink eye:** A doctor's note is required unless the child is symptom-free.
- **Head lice:** After treatment. Please allow the school nurse to re-check your child before she or he returns to class.
- **Severe congestion & fatigue without fever:** Please keep your child's comfort in mind. Sick children need rest.
- **When symptoms develop during the night:** Please keep children home until you are sure they are symptom-free.
- **For a complete list of school exclusion requirements due to communicable disease:** www.dshs.state.tx.us.

MEDICATIONS

- Students in KG-8th grade are not allowed to carry medications to school. **Parents must bring medications to the school nurse.**
- A parent/guardian must complete an EISD medication permission form and provide the medication to be administered.
- Over-the-counter medications, such as Tylenol or Motrin, are not available in the clinic.
- Physician authorization is required on the permission form if medication will be kept in the clinic longer than 2 weeks.
- Medication must be in the original bottle/box/container with an intact label stating the medication name, dose, and instructions.
- **Do not bring medication in baggies or syringes. Pharmacists will label an extra prescription bottle for school on request.**
- The school nurse will pack your child's medications for field trips.
- Medications cannot be sent home with a student. The school nurse will send a general reminder to pick up medications before the end of the school year but will not contact individual parents. Tip: set a reminder.
- **Unclaimed medications will be disposed of on the last day of school as required by state law.**

HEALTH CONDITIONS: [Asthma](#), [Anaphylaxis](#), [Diabetes](#), [Seizures](#), [Heart Condition](#), [Cystic Fibrosis](#), etc.

- Please notify the school nurse if your child has a chronic health condition or other significant medical or surgical history.
- If your child has asthma, diabetes, seizures, or a life-threatening allergy, please ask your doctor to complete and sign a care plan for that condition. Care plans are available on the [EISD website](#).
- Bring your child's plan and medication(s) to the school nurse before the first day of school.

What if my child is injured and cannot participate in PE?

- Please send a note or email to the school nurse to request a PE excuse.
- A doctor's note is required if your child will miss more than 3 days of PE.

We love your children and are always here to help! Please reach out with any questions or concerns at any time.