

# SPRING 2022 CPCSC ELEMENTARY BREAKFAST & LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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<b>BREAKFAST ALL WEEKS</b> (Juice, fruit, milk served daily)	Cereal Confetti Pancakes	Breakfast Burrito Oatmeal bar	Banana Bread Pancake Wrap	Breakfast Sandwich Whole Grain Donut	Poptart Cream Cheese Bagel
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<b>LUNCH WEEK ONE</b>	Sliced Turkey on Fresh Baked Sub Bun Low Fat Milk				
	BBQ Chicken Sandwich Corn Fresh Broccoli Peaches Fresh Fruit	Chicken Taco / Chicken Nacho Tomatoes Spanish Rice Mandarin Oranges Fresh Fruit	Turkey and Gravy Mashed Potatoes Carrots Garden Salad Pineapple Fresh Fruit	Cheesy Chicken Parmesan Sand. Corn Dog Baked Beans / Potato Wedges Red Peppers Applesauce Fresh Fruit	Pretzel & Cheese BBQ Chicken Sandwich Roasted Carrots Garden Salad Fruit Cup Sidekicks

<b>LUNCH WEEK TWO</b>	Lunchable Low Fat Milk				
	Chicken Nuggets Cooked Broccoli Pasta Salad Pineapple Fresh Fruit	Quesadilla Walking Chicken Taco Refried Beans / Corn Tomatoes Peaches Fresh Fruit	Turkey & Gravy Mashed Potatoes Green Beans Garden Salad Applesauce Fresh Fruit	Chicken Leg / Roll Potato Wedges Broccoli with Cheese Mandarin Oranges Fresh Fruit	Cheesy Chicken Parmesan Sand. Fries Baby Carrots Fruit Cup Sidekicks

<b>LUNCH WEEK THREE</b>	Sliced Ham on Fresh Baked Sub Bun Low Fat Milk				
	Pizza Green Beans Fresh Broccoli Pineapple Fresh Fruit	Taco / Nacho Taco Salad Spanish Rice / Refried Beans Corn / Tomatoes Peaches Fresh Fruit	Macaroni and Cheese Nuggets Glazed Carrots Red Peppers Applesauce Fresh Fruit	Mini Calzones Broccoli with Cheese Sliced Cucumbers Mandarin Oranges Fresh Fruit	Pizza Crunchers Breaded Chicken / Bun Roasted Carrots Garden Salad Fruit Cup Sidekicks

MARCH				
M	T	W	TH	F
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25

APR.				
M	T	W	TH	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

MAY				
M	T	W	TH	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31	1	2	3

All menus follow the recommended federal school lunch guidelines and adhere to the Crown Point Schools nutritional policy. These meals offer students proteins, grains, milk, fresh fruits and vegetables while also adhering to the strict limits on portion sizes, sodium and saturated fat.

## CONTACT US:

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**CPCSC and our food services team is an equal opportunity provider.**

Please visit our website at [www.cps.k12.in.us/food](http://www.cps.k12.in.us/food) for:

- Online payments for My MealTime
- Nutritional information for all products
- Free and reduced applications
- Allergy information (call us to help plan a menu if your child has dietary restrictions)