

Marianapolis Alumni Newsletter March 2022

PREPARIANAPOLIS

Happy Spring and Happy Lent! Here's hoping we have seen the worst of the New England winter — and that spring and its accompanying sense of renewal are just around the corner. On the topic of renewal, be sure to check out the upcoming virtual seminar on Mindfulness and Meditation, aimed at encouraging alumni, parents and the Class of '22 (soon to be alumni themselves) to press pause and learn about being more present. Details can be found below!

As the Centennial approaches, it is more important than ever that our alumni community remains active and engaged. To help you stay engaged, we invite you to update your contact information here and encourage your fellow alumni to do the same.

This year's Spring Appeal focuses on looking ahead to the future — to Marianapolis' next century. Your shared vision for that future and your participation in the effort to move the School and its mission forward is of paramount importance. We hope that you, our incredible community of alumni, will join us in seeing this vision through by donating here. The part that you play is your legacy to the School.

Be well, Karen Carter Development & Alumni Affairs Officer

Class Agents Wanted!

Preparations for the Centennial will require a community-wide effort — and Class Agents will play a key role in driving engagement and participation. Each graduating class has at least one Class Agent — both domestic and international alums are encouraged to serve in Class Agent roles in order to maximize outreach. Your firsthand experiences at Marianapolis and connections with classmates make you an ideal candidate for this volunteer position.

What do Class Agents do?

Advocate on behalf of Marianapolis & serve as ambassadors for the Development and Alumni Affairs Office

Reconnect with classmates and help to ensure that alums remain connected to the School Communicate with classmates via mail, e-mail, or social networking platforms Collect email addresses and updated contact information from fellow alums Locate classmates who may have lost contact with Marianapolis Encourage alumni engagement via events (regional in-person events, Alumni Weekend, virtual events, etc.) Promote participation in annual giving and reunion class giving

Interested?

There are still openings for Class Agents in most classes! Contact Karen Carter in the Development and Alumni Affairs Office at 860-923-9565 or alumni@marianapolis.org if you're interested in serving as a Class Agent.

Highlights from Around the School

Blessing of the Gym Floor

The past two summers were hard on the old parquet floor in the Athletic Complex. Burst water pipes under the key closest to St. Joseph Hall (the old Monastery) caused damage in 2020 and 2021, necessitating a complete removal of the original, beloved old floor. Because the floor was attached to asbestos underlayment, it could not be saved for remembrances. On Friday, January 21, Fr. Timothy Roth, MIC, blessed the floor, the boys' varsity basketball team and players from the Rivers School. We hope this floor will last another 75 years.





NEPSAC Girls' Wrestling Champion

Abi Alicandro '24 won the NEPSAC Girls' Wrestling Tournament and New England High School Championships, in addition to winning the Eastern Independent League coed division.

She then competed alongside Grace Rhoads '22 in the 2022 National Prep Wrestling Championships on February 25-26, where Alicandro was named National Prep Champion, ending her season with a 29-2 record. Golden Knights made history! Thu Hoang '23 is not only a champion wrestler, but, among many other talents, a math champion. After scoring in the top 5% of all American Mathematics Competition (AMC) participants nationally this year, her stellar performance qualified her to advance to the next round of the AMC Olympiad, The American Invitational Mathematics Examination (AIME). The competition took place on February 8th.

Top performers face off in a challenging 15 question, 3 hour examination. Top scorers on the AIME are invited to the United States of America Mathematical Olympiad (USAMO) or the United States of America Junior Mathematical Olympiad (USAJMO). Results of the AIME have not yet been announced.





Introducing the Knight Café

Something's brewing on campus! The Knight Café is open for business, with students serving up hot and iced coffee selections, including Vietnamese coffee, an International Day Special. Students in Ms. Leedham's Business and Entrepreneurship class brought the idea to life, developing and presenting their business plan for the Café to key stakeholders, and laying the groundwork for an initiative aimed at brightening the days of patrons, providing an opportunity for students to grow their leadership skills in a small business setting, and bringing members of the community together "one cup at a time."

LEAP Week

Learn. Experience. Advance. Prepare. LEAP Week is a one-week mini-term course requirement in March, during which groups of students and faculty explore a specific topic, project, or adventure. Course offerings typically focus on specialized skills, the arts, community service, scientific field studies, cultural immersion experiences, or outdoor challenges.

The program takes students out of the classroom and into broader areas of hands-on exploration, in the company of teachers who model the excitement and joy of lifelong learning. This side-by-side experience stimulates deeper teacher/student relationships that are subsequently transferred back into daily campus life.

This year's LEAP catalog included seminars on making adaptive clothing for students with disabilities, learning American Sign Language, going to Bee School, dog training, learning to sail, and public speaking and leadership skills through Shakespeare, among other offerings. Students enjoyed these hands-on mini-courses from March 7-11.



To check out what else has been happening on campus, click this link to view Marianapolis Magazine's Winter Refresh!

Registration will open for all events in April. Keep an eye on email and social media for more information!



History of Marianapolis: Chapter 8

Click here to read more about the History of Marianapolis!



The Marians of the Immaculate Conception

Interested in learning more about who the Marians are and what their charism is? Take a look at their websites:

- https://padrimariani.org/en/ is the website for the Marian General Curia in Rome. This includes a wonderful resource library of Marian literature and is an ample resource for the history of the order and its charisms.
- https://www.marian.org/ is the website for the US Marians and their work promoting the message of Divine Mercy. If you have never been to the Shrine of Divine Mercy in Stockbridge, which is also the motherhouse for

the US Marians, you will find a wonderful introduction to that place of pilgrimage.

Golf Tournament

Virtual Seminar on Mindfulness and Meditation

Join the Marianapolis community for a seminar on Mindfulness and Meditation with Concetta Codding '08 on Thursday, April 21, 2022 at 7:00 pm. Take a break from your busy schedule to learn about being more present and aware in your daily life and learn a basic meditation technique to help you slow down and reduce stress.

Searching for a greater purpose in the Universe and drawing upon its energy, Concetta studied in Connecticut and received her 200-Hour Yoga Alliance certification in 2017. She went to Peru in July 2018 for her 300 hour Yoga Teacher training with School Yoga Institute. She is currently a certified 500 hour Yoga Teacher. Since her first training, she has been locally leading classes and workshops in the hope of teaching how to breathe, meditate, flow and ultimately heal. She received her Reiki 1 certificate in 2017 and Reiki 2 & 3 in Sedona, Arizona in 2018. She founded the New England Meditation Group, which now has over 1,000 members, and has been working to spread the Sacred practice of Meditation throughout Connecticut and the surrounding states. She has also studied ayurveda at Hale Pule and MBSR (mindfulness-based stress reduction) at Brown University.



Please use this link to register for this event.

Stay Connected

Please keep in touch with the Alumni Affairs Office. Be sure to follow us on our **social media** accounts to stay up-to-date on school news.

• Our WeChat ID is *marianapolis*.

- Join the Alumni LinkedIn Group and the Alumni Facebook Group.
- Like us on Facebook and follow us on Instagram and Twitter.

Use the Update My Information form to let us know when you've moved or changed your phone number or email address.

Keep an eye out for emails and social media posts about live-streamed or recorded events from campus, including dance shows, plays, and athletic events.

Be well. Be safe. We hope to see you back on campus soon.

Donate

The Development and Alumni Affairs Office

Unsubscribe Marianapolis Preparatory School 26 Chase Road PO Box 304 Thompson, CT 06277