

**RECORD OF BOARD PROCEEDINGS**  
(MINUTES)

Fulton, KY, January 8, 2018

The Fulton Independent Board of Education met at the Board of Education Office at 5:30 o'clock P. M. on the 8th day of December, 2018 with the following members present:

- (1) Mrs. Debbie Vaughn, Chair (2) Mr. Bill Robertson, Vice-Chair (3) Mr. Sam Hancock  
(4) Mrs. Carol Bransford (5) Mr. Daniel Zickefoose

**REGULAR MONTHLY MEETING OF  
FULTON INDEPENDENT BOARD OF EDUCATION**

**CALL TO ORDER**

1. The Regular Monthly Meeting of Fulton Independent Board of Education was called to order at 5:30 p.m.

**OPENING PRAYER**

2. Pastor Cecil May of Parkway Church of Christ, opened the meeting with Prayer.

**PLEDGE OF ALLEGIANCE**

3. Fulton High School Students Dekaybrun Jordan and Cayla Holdman led the Pledge of Allegiance.

**ROLL CALL**

4. Mrs. Debbie Vaughn, Mr. Bill Robertson, Mr. Sam Hancock, Mrs. Carol Bransford, and Mr. Daniel Zickefoose were present for roll call.

**SUPERINTENDENT ATTENDANCE**

5. Superintendent Miller was present for the January Meeting.

**ELECTION OF 2018 OFFICERS**

6. With a motion by Mr. Robertson and second by Mr. Hancock, the Board elected Mrs. Debbie Vaughn to serve as Board Chair for 2018.

Members voting yes: Mrs. Bransford, Mr. Hancock, Mr. Robertson, Mr. Zickefoose, Mrs. Vaughn

With a motion by Mr. Hancock and second by Mr. Zickefoose, Board Members chose Mr. Bill Robertson to act as Board Vice-Chair for 2018.

Members voting yes: Mrs. Bransford, Mr. Hancock, Mr. Robertson, Mr. Zickefoose, Mrs. Vaughn

**ESTABLISHMENT OF 2018 MONTHLY MEETING DATE, TIME, LOCATION**

7. With a motion by Mr. Robertson and second by Mrs. Bransford, the Board moved to retain the established date, time and location of the monthly meetings of the Fulton Independent Board of Education as the second Tuesday of each month, 5:30 p.m., at the district central office.

Members voting yes: Mrs. Bransford, Mr. Hancock, Mr. Robertson, Mr. Zickefoose, Mrs. Vaughn

**APPROVAL OF MINUTES**

8. With a motion by Mrs. Bransford and second by Mr. Robertson, the minutes of the December 12, 2017, Regular Monthly Meeting, were approved as presented by the Board Secretary.

Members voting yes: Mrs. Bransford, Mr. Hancock, Mr. Robertson, Mr. Zickefoose, Mrs. Vaughn

**APPROVAL OF CONSENT AGENDA ITEMS**

9. With a motion by Mr. Robertson and second by Mr. Hancock, the Board accepted the reports and approved action items listed in the consent agenda as follows:

**A. ASAP Moment**

In recognition of School Board Appreciation Month, Superintendent Miller presented Board Members with certificates from KSBA, expressing gratitude for their service to the children and families of the district. Elementary students also made hand-shaped cards thanking the Board for all they do.

Mr. Kent Green, Director of Pupil Personnel, provided the ASAP Moment by introducing the winners of the High School Science Fair, Tanashia Ferrell (Over-All Winner), Hannah Patel (Freshman Winner), Katlynn Mathias (Sophomore Winner), Cayla Holdman (Junior Winner), and Alyiah Ridenour (Senior Winner), and presented them with Certificates of Achievement. The students then presented summaries and results of their projects.

**B. Enrollment Report**

Board members were presented with the monthly Enrollment Report showing a district enrollment of 341 students at the end of month 5.

**C. Food Service Report**

Ms. Vicki Swift, Food Service Director, submitted the Monthly Food Service Report, outlining activity in the school cafeterias through November, 2017.

**D. Personnel Report**

Superintendent Miller notified the Board of the following personnel actions:

*Appointments:* Sarah Katherine Fortson, Music Teacher  
 Harold Hutcherson, Head Track Coach  
 Asha Jenkins, Assistant Middle School Cheer Coach

**E. Grant Information**

Dr. Miller informed Board Members that Fulton Independent, in partnership with Fulton and Hickman County Schools and the Fulton County Area Technical Center, has been awarded the First District Juvenile Justice Fiscal Incentive Program Grant, in the amount of \$79,120. The grant provides an On-TRACK program, enabling middle school and at-risk high school students to explore career pathways, and receive counseling and information, with the goal being to reduce truancy.

**F. Consolidated District Improvement Plan Update**

Board Members reviewed and approved the Consolidated District Improvement Plan Update as presented by Mr. Kent Green, CDIP Committee Chair.

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**G. Wellness Plan Review**

Wellness Plan Co-Chairs, Vicki Swift (Food Service Director), and Joyce Lawrence (School Nurse), presented the district's Wellness Plan to Board Members for review and acceptance. Prior to the Board Meeting, a public forum was held in order to share the plan with interested community members.

Attachment A

**H. Superintendent's Report**

Superintendent Miller provided Board Members with a report of her activities during December, 2017, noting how these activities aligned with the Kentucky NxG Superintendent Effectiveness Standards.

**I. Travel Requests**

Board Members approved the overnight travel requests of Superintendent Miller to attend required New Superintendent Training in Frankfort, KY, January 9-11, 2018; and the Women in Education Conference in Louisville, KY, January 19-20, 2018.

**J. Public Comments**

There were no public comments.

Members voting yes: Mrs. Bransford, Mr. Hancock, Mr. Robertson, Mr. Zickefoose, Mrs. Vaughn

**2016-2017 AUDIT REPORT**

10. Mr. Jason Anderson of Alexander Thompson Arnold PLLC, presented the 2016-2017 Audit Report, in which he outlined the financial and procedural findings determined by auditors for the school year ending June 30, 2017. Following discussion of the financial statements of the district, Mr. Anderson concluded with the auditor's view that the financial records of Fulton Independent School District were "fairly presented" resulting in an "unmodified" and clean opinion. With the recommendation of the Superintendent, a motion by Mr. Robertson and second by Mr. Zickefoose, the Board accepted the 2016-2017 Audit Report as presented by Mr. Anderson.

Members voting yes: Mrs. Bransford, Mr. Hancock, Mr. Robertson, Mr. Zickefoose, Mrs. Vaughn

**2018-2019 SCHOOL CALENDAR APPROVAL**

11. With the recommendation of the Superintendent, a motion by Mr. Hancock and second by Mr. Zickefoose, the Board approved the 2018-2019 School Calendar as presented by Mr. Kent Green, Calendar Committee Chair.

Attachment B

Members voting yes: Mrs. Bransford, Mr. Hancock, Mr. Robertson, Mr. Zickefoose, Mrs. Vaughn

**2018-2019 CIVICS TEST APPROVAL**

12. With the recommendation of Superintendent Miller, and Mr. Kent Green, Director of Pupil Personnel, the Board approved the presented Civics Test to be administered to students beginning with the 2018-2019 school year. The passage of a 100 question civics test as a requirement for graduation was established by KRS 158.141. This action was taken on a motion by Mr. Hancock and second by Mr. Robertson.

Members voting yes: Mrs. Bransford, Mr. Hancock, Mr. Robertson, Mr. Zickefoose, Mrs. Vaughn

**SCHOOL BOARD ATTORNEY BID**

13. With the recommendation of the Superintendent, a motion by Mr. Hancock and second by Mr. Robertson, the Board moved to give Dr. Miller the authority to contact either attorney presenting bids for service, Mr. Dennis Null of Null, Samson & Paitzel or Mr. Jason Howell, as she deemed necessary.

Members voting yes: Mrs. Bransford, Mr. Hancock, Mr. Robertson, Mr. Zickefoose, Mrs. Vaughn

**2018-2019 PROJECTED REVENUES AND ESTIMATED EXPENDITURES**

14. Following the recommendation of Superintendent Miller, the Board approved the 2018-2019 Projected Revenues and Estimated Expenses as presented by Mrs. Laurie Thorpe, Finance Officer. This action was taken on a motion by Mr. Zickefoose and second by Mrs. Bransford.

Members voting yes: Mrs. Bransford, Mr. Hancock, Mr. Robertson, Mr. Zickefoose, Mrs. Vaughn

**FINANCIAL REPORTS AND ORDERS OF THE TREASURER**

15. With a motion by Mr. Robertson and second by Mr. Hancock, the Board approved the monthly Financial Statement and Claims, and Activity Account Reports, as presented by Laurie Thorpe, Finance Officer, and Kir Farmer, Activity Account Treasurer.

Members voting yes: Mrs. Bransford, Mr. Hancock, Mr. Robertson, Mr. Zickefoose, Mrs. Vaughn

**ADJOURNMENT**

16. With a motion by Mr. Hancock and second by Mr. Zickefoose, the Board meeting was adjourned at 6:27 p.m.

Members voting yes: Mrs. Bransford, Mr. Hancock, Mr. Robertson, Mr. Zickefoose, Mrs. Vaughn

  
Chair

  
Secretary

## **FULTON INDEPENDENT SCHOOL WELLNESS POLICY –CARR ELEMENTARY**

### **PURPOSE**

The purpose of the **FULTON INDEPENDENT SCHOOL** wellness policy is to ensure that all students at Fulton Independent School are provided with a safe and healthy environment that promotes wellness through high quality health education and physical education to enrich student learning and ensure success. We believe student health is closely associated with academic achievement, attendance rate and behavior supports, thus our students need to be striving for healthy lifestyles in order to truly be prepared for “college and career readiness.” Our school will utilize the WSCC model to ensure all students receive comprehensive health education in a variety of setting throughout the school year.

### **SCHOOL COMMITTEE**

**FULTON INDEPENDENT SCHOOL** maintains a Coordinated School Health Committee as evidence of PLCS Program Review expectations. Our CSH Committee serves as a resource to create, strengthen and support policy on the promotion of student health and wellness. This committee will report to the principal yearly.

### **PHYSICAL EDUCATION & ACTIVITY**

#### **PHYSICAL EDUCATION**

- ❖ A certified physical education teacher will provide instructions.
- ❖ Physical education teachers are allocated 24 hours annually to participate in professional learning communities to address issues related to instructional practices, data analysis and improved instructions.
- ❖ Students will receive the equivalent of 100 minutes of physical education per week.

#### **PHYSICAL ACTIVITY DURING THE SCHOOL DAY**

- ❖ All students will receive at least 30 minutes of physical activity outside of physical education class. This can occur in several ways:
  - Lesson plans include planned student movement are integrated into academic lessons.
  - The 30 minutes can be in as little 5 minute increments throughout the day.
  - All teachers have available to Go Noodle plus to utilize in the classroom that can count as physical activity time.

Teachers shall make all reasonable efforts to avoid periods of more than forty minutes when students are physically inactive. When possible, physical activity should be integrated into learning activities.

When that is not possible, students should be given periodic breaks during which they are encouraged to stand and be moderately active.

- ❖ At least 20 minutes of physical activity time is encouraged daily.
- ❖ Incentives will be used during the school year to encourage each class to engage in physical activity.
- ❖ Our school prohibits the use of physical activity as punishment (e.g., running laps, pushups), and the withholding of physical activity/physical education time for make-up work.

#### **PHYSICAL ACTIVITY BEFORE AND AFTER SCHOOL**

- ❖ Our school shall partner with local officials to provide opportunities for safe alternative modes of transportation (i.e. walking, biking) to school.
- ❖ Students will have opportunities to participate in interscholastic sports after school. Eligibility and attendance rules apply. Athletic policies, to a minimum, adhere to all Kentucky High School Athletic Association rules and are in place to address these requirements.

#### **STAFF INVOLVEMENT**

**Staff Wellness.** School highly values the health and well-being of every staff member and will plan and implement activities that support personal efforts by staff to maintain a healthy lifestyle.

#### **FAMILY AND COMMUNITY**

- ❖ Our school will encourage the use of school facilities for community members in order to create physical activity opportunities. All parties must follow the district policies and procedures for facility usage.
- ❖ Our school will provide information about physical education and other school-based physical activity opportunities; and support parents' efforts to provide their children with opportunities to be physically active outside of school. Such supports will include sharing information about physical activity and physical education through our website, newsletter, or other take-home materials, special events, or physical education homework.

#### **SCHOOL NUTRITION**

- ❖ Our school will adhere to all guidelines of USDA NATIONAL SCHOOL LUNCH PROGRAM.
- ❖ Our school shall encourage healthy choices among students using the following methods:
  - Schedule adequate time for all school meals (702 KAR 6:060)
- ❖ Our school shall implement the nutritional standards required by federal and state laws and regulations. Those rules apply to our food program and to other food and beverages available during the school day.
- ❖ Parents may block the purchase of "extras" from their child's cafeteria account.
- ❖ A sharing table will be available for students to use during lunch and breakfast. The sharing table is a place where students can place unopened foods or drinks that they choose not to eat or drink. This provides an opportunity for other students to take additional helpings of food or

beverages from the Sharing Table at no cost to them. Resource:

<http://district.schoolnutritionandfitness.com/seymourcs/files/SharingTableNews.pdf>

- ❖ School Nutrition Personnel will work closely with the parent(s) to make reasonable accommodations for students with disabilities or other special dietary needs.
- ❖ School cafeteria managers shall annually receive a minimum of two (2) hours of continuing education in applied nutrition and healthy meal planning and preparation (KRS 158.852)
- ❖ In compliance with the federal Healthy Hunger Free Kids Act and 702 KAR 006:090, any food item offered for sale through a vending machine, school store, canteen, or fundraiser on school property shall meet the established state requirement.
- ❖ School Nutrition Personnel will have information available to students or families on the nutrition, caloric, and sodium content of foods offered.

### NUTRITION EDUCATION AND PROMOTION

- ❖ **Curriculum.** Our Practical Living curriculum shall address the full Kentucky Core Academic standards, including health, consumerism, and physical education.
- ❖ **Health Education.** Our school will ensure content of Health Education Curriculum is frequently integrated into content areas to meet the health and safety needs of all students.
- ❖ **Water.** Drinking water is encouraged and available in the school free of charge at all times during the school day.
- ❖ **Pricing.** School Nutrition Personnel will price nutritious foods and beverages at a lower cost while increasing the price of less nutritious foods and beverages.
- ❖ Nutrition education will be addressed and made available to all students through local agencies such as the health department, family resource centers, extension office, etc.
- ❖ **Fundraising Activities.** To support children's health and school nutrition-education efforts, our school will encourage fundraising activities that will not involve food. Schools will encourage fundraising activities that promote physical activity. The district will make available a list of ideas for acceptable fundraising activities. Resource:  
<http://www.actionforhealthykids.org/storage/documents/parent-toolkit/fundraisers-family-health-f1.pdf>
- ❖ **Snacks.** Snacks served during the school day or in after-school care or enrichment programs will make a positive contribution to children's diets and health. The district will make available a list of healthy snack items. Resource: <http://www.lets-go.org/wp-content/uploads/ideas-for-Healthy-Snacks.pdf>
  - Schools that provide snacks through after-school programs will pursue receiving reimbursements through the National School Lunch Program.
- ❖ **Rewards.** Schools will not use foods or beverages, especially those that do not meet the nutritional standards for foods and beverages sold individually (above), as rewards for academic performance or good behavior, and will not withhold food or beverages (including food served through school meals) as punishment. Resource:  
<http://www.actionforhealthykids.org/storage/documents/parent-toolkit/rewardsf3a.pdf>

- ❖ **Celebrations.** Our School should be encouraged to limit celebrations that involve food during the school day. The district will make available a list of healthy party ideas. . Resource: <http://www.actionforhealthykids.org/storage/documents/parent-toolkit/celebrationsf3b.pdf>
- ❖ **Food Marketing in Schools.** School-based marketing will be consistent with nutrition education and health promotion. As such, schools will limit food and beverage marketing to the promotion of foods and beverages that meet the nutrition standards for meals or foods and beverages sold individually (above). School-based marketing of brands promoting predominantly low-nutrition foods and beverages is prohibited. The promotion of healthy foods, including fruits, vegetables, whole grains, and low-fat dairy products is encouraged.
- ❖ **Communications with parents**  
Our School will support parents' efforts to provide a healthy diet. Our school will send home nutrition information on menus, school newsletter, and post nutrition tips on school website.

The provisions of this policy shall be implemented to comply with provisions required by federal law, state law, or local board policy. If any specific requirement above does not fit with those rules, the principal shall notify the committee so that the policy can be amended to fit.

#### **MEASUREMENT AND EVALUATION**

In compliance with 702 KAR 6:090 **Fulton Independent School** district will utilize the Alliance for a Healthier Generation's Healthy Schools Program to evaluate the school environment. This report will be shared annually with the district as required by KRS 160.345(11) and release the report at least 60 days prior to the public forum required by KRS 158.856 (5). Results will be reported to parents and community stakeholders via the school's website.

The **Fulton Independent School** CSH committee will oversee the implement and evaluation of this policy. The CSH committee shall periodically report to the school principal on the content and progress of implementation of the school's wellness efforts. This report shall include:

1. Extent to which the school is in compliance with this policy.
2. A timeline for annual review and comparison (e.g. KDE CSPAP Continuum Document) of how the school measures up to the model wellness policies by recognized state and national authorities.
3. A designated school representative of the CSHC will communicate on the description of the measurable progress made towards reaching goals of the school wellness policy and address any gaps identified in the wellness report for the previous year.



2018-2019 SCHOOL CALENDAR

District: Fulton Independent

Part I  Traditional Calendar  Year-round Calendar Schools: \_\_\_\_\_

July 2018

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

August 2018

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

14 days

September 2018

S	M	T	W	T	F	S
30						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

19 days

October 2017

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

18 days

November 2017

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

18 days

December 2017

S	M	T	W	T	F	S
30	31					1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

13 days

January 2018

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

21 days

February 2018

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

19 days

March 2018

S	M	T	W	T	F	S
31					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

20 days

April 2018

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

16 days

May 2018

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

16 days

June 2018

S	M	T	W	T	F	S
30						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

Professional Development

1<sup>st</sup> Day / Last Day for Students

No School / Break

Early Dismissal (12pm)

Opening / Closing Day

Holiday

G Day

Snow Day 172+2 G days = 174 instructional days