

CHOCTAW PUBLIC SCHOOLS

Base Menu Spreadsheet
Weighted Values - Detailed

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Apr 1, 2022 thru Apr 30, 2022

ELEMENTARY LUNCH

Generated on: 4/1/2022 10:36:59 AM

	Portion Size	Reimb Qty	Carb (g)
Fri - 04/01/2022			
ELEMENTARY LUNCH	Total	1	
SUPERVISOR'S CHOICES	1 EACH	1	0.0
Weighted Daily Average			0.00
% of Calories			0.0%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Mon - 04/04/2022			
ELEMENTARY LUNCH	Total	1	
Chicken Fajitas	1	1	16.59
TACO SALAD	SERVINGS	1	21.54
pinto beans can	.75	1	27.91
Nacho Chips	28 g.	1	20.0
SALSA:COMMUNITY	1 OZ	1	3.97
BANANAS	1 EACH	1	23.07
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			134.45
% of Calories			50.1%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Tue - 04/05/2022			
ELEMENTARY LUNCH	Total	1	
ORANGE CHICKEN	SERVING	1	19.0
Teriyaki Meatballs	serving	1	18.0
Rice, Brown Long Grain	1/2 cup	1	25.91
BROCCOLI: frozen, boiled	1/2 CUP	1	4.92
MIXED FRUIT: frozen,sweetened	1/2 CUP	1	30.29
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			119.50
% of Calories			54.1%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Wed - 04/06/2022			
ELEMENTARY LUNCH	Total	1	
Big Daddys Cheese Pizza	slice	1	43.0
Grilled Cheese Sandwich	1 each	1	31.99
TOMATO SOUP	3/4 CUP	1	21.0
PEACHES: canned,light syrup	1/2 CUP	1	24.35
CELERY STICKS	3/4 CUP	1	3.31
RANCH DRESSING	2 TBSP	1	2.55
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			147.58
% of Calories			53.2%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 04/07/2022			
ELEMENTARY LUNCH	Total	1	
BB-Q Pork Sandwich	4 oz.	1	51.0
Chicken popcorn	serving	1	14.05
Macaroni & Cheese	serving	1	2.0
PEAS GREEN,CANNED,DRAINED	1/2 CUP	1	8.03
APPLES,Fresh	1 EACH	1	19.06
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			115.52
% of Calories			50.7%
Nutrient Guideline			

Fri - 04/08/2022			
ELEMENTARY LUNCH	Total	1	
SUPERVISOR'S CHOICES	1 EACH	1	0.0
Weighted Daily Average			0.00
% of Calories			0.0%
Nutrient Guideline			

Mon - 04/11/2022			
ELEMENTARY LUNCH	Total	1	
Chicken Ranch Quesadilla	1 each	1	22.7
Chili Pie	serving	1	22.77
pinto beans can	.75	1	27.91
Nacho Chips	28 g.	1	20.0
SALSA:COMMODITY	1 OZ	1	3.97
BANANAS	1 EACH	1	23.07
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			141.79
% of Calories			48.6%
Nutrient Guideline			

Tue - 04/12/2022			
ELEMENTARY LUNCH	Total	1	
Cheeseburger	1 each	1	25.74
Hot Dog w/ Chili & Cheese	1	1	42.01
GREEN BEANS: canned,cooked	1/2 CUP	1	2.28
SALAD,TOSSD: no dressing	1 CUP	1	5.61
RANCH DRESSING	2 TBSP	1	2.55
APPLESAUCE:cnnd,unswtnd,+vit C	1/2 CUP	1	13.75
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			113.32
% of Calories			44.8%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 04/13/2022			
ELEMENTARY LUNCH	Total	1	
Big Daddys Cheese Pizza	slice	1	43.0
Corn Dog	1 each	1	22.0
Chips, Sun Harvest Cheddar	package	1	18.03
CARROT STICKS	1 CUP	1	16.84
RANCH DRESSING	2 TBSP	1	2.55
APPLES,Fresh	1 EACH	1	19.06
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			142.86
% of Calories			51.6%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Thu - 04/14/2022			
ELEMENTARY LUNCH	Total	1	
Turkey, Sliced	serving	1	2.61
ROLLS,WHEAT: scratch 1 oz	Each 1.1 oz.	1	14.49
STROMBOLI	SERVINGS	1	20.94
MASHED POTATOES:flakes,mlk+but	1/2 CUP	1	5.71
Gravy, Peppered	serving	1	31.75
GREEN BEANS: canned,cooked	1/2 CUP	1	2.28
PEACHES: canned,light syrup	1/2 CUP	1	24.35
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			123.51
% of Calories			50.5%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Fri - 04/15/2022			
ELEMENTARY LUNCH	Total	1	
SUPERVISOR'S CHOICES	1 EACH	1	0.0
Weighted Daily Average			0.00
% of Calories			0.0%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Mon - 04/18/2022			
ELEMENTARY LUNCH	Total	1	
TACO BURGER W/PORK	1 EACH	1	23.52
Enchilada, Beef & Cheese	1	1	16.48
REFRIED BEANS	1/3 CUP	1	23.49
Nacho Chips	28 g.	1	20.0
SALSA:COMMODITY	2 OZ	1	7.94
STRAWBERRIES: frozen	.5 cup	1	33.05
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			145.86
% of Calories			53.5%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 04/19/2022			
ELEMENTARY LUNCH	Total	1	
Grilled Cheese Sandwich	1 each	1	31.99
Ham & Cheese Sandwich	1 each	1	29.81
PEA SALAD	servings	1	18.54
SALAD, TOSSED: no dressing	1 CUP	1	5.61
RANCH DRESSING	2 TBSP	1	2.55
BANANAS	1 EACH	1	23.07
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			132.95
% of Calories			56.5%
Nutrient Guideline			

Wed - 04/20/2022			
ELEMENTARY LUNCH	Total	1	
Big Daddys Cheese Pizza	slice	1	43.0
Corn Dog	1 each	1	22.0
Chips, Sun Harvest Cheddar	package	1	18.03
CARROT STICKS	.75 CUP	1	12.63
APPLES, Fresh	1 EACH	1	19.06
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			136.10
% of Calories			51.9%
Nutrient Guideline			

Thu - 04/21/2022			
ELEMENTARY LUNCH	Total	1	
Turkey, Sliced	serving	1	2.61
Roll Whole Grain	2.0	1	15.0
STROMBOLI	SERVINGS	1	20.94
MASHED POTATOES: flakes, mlk+but	1/2 CUP	1	5.71
Gravy, Peppered	serving	1	31.75
GREEN BEANS: canned, cooked	1/2 CUP	1	2.28
PEACHES: canned, light syrup	1/2 CUP	1	24.35
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			124.02
% of Calories			51.1%
Nutrient Guideline			

Fri - 04/22/2022			
ELEMENTARY LUNCH	Total	1	
Italian Sub	1	1	36.08
Cheeseburger	1 each	1	25.74
FRENCH FRIES: oven heat	serving	1	15.6
CELERY STICKS	.75 CUP	1	3.31
RANCH DRESSING	2 TBSP	1	2.55
MIXED FRUIT: frozen, sweetened	1/2 CUP	1	30.29
MILK - Variety	HALF PINT	1	21.38

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			134.93
% of Calories			54.5%
Nutrient Guideline			

Mon - 04/25/2022			
ELEMENTARY LUNCH	Total	1	
CHICKEN TACO	2 EACH	1	19.87
BEEF TACO	2 EACH	1	19.86
pinto beans can	.75	1	27.91
Nacho Chips	28 g.	1	20.0
SALSA:COMMODITY	2 OZ	1	7.94
BANANAS	1 EACH	1	23.07
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			140.02
% of Calories			51.5%
Nutrient Guideline			

Tue - 04/26/2022			
ELEMENTARY LUNCH	Total	1	
Meatball Sub	serving	1	29.56
Chicken Sandwich Breaded	1 each	1	42.0
PEAS GREEN,CANNED,DRAINED	1/2 CUP	1	8.03
SALAD, TOSSED: no dressing	1 CUP	1	5.61
RANCH DRESSING	2 TBSP	1	2.55
PEACHES: canned,light syrup	1/2 CUP	1	24.35
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			133.48
% of Calories			48.7%
Nutrient Guideline			

Wed - 04/27/2022			
ELEMENTARY LUNCH	Total	1	
Big Daddys Cheese Pizza	slice	1	43.0
SLOPPY JOE ON A BUN	SERVINGS	1	10.5
BROCCOLI: frozen, boiled	1/2 CUP	1	4.92
CHEESE SAUCE	2 TBSP	1	5.6
CARROT STICKS	.75 CUP	1	12.63
Breadstick Cheese Filled	1 each	1	16.0
PEARS: canned,light syrup	1/2 CUP	1	19.04
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			133.06
% of Calories			48.6%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 04/28/2022			
ELEMENTARY LUNCH	Total	1	
Pizza Burger	1	1	24.08
Chips, Sun Harvest Cheddar	package	1	18.03
ORANGE CHICKEN	SERVING	1	19.0
Rice, Brown Long Grain	1/2 cup	1	25.91
CORN: canned, yellow	1/2 CUP	1	11.76
APPLESAUCE:cnnd,unswtnd,+vit C	1/2 CUP	1	13.75
MILK - Variety	HALF PINT	1	21.38
Weighted Daily Average			133.91
% of Calories			55.6%
Nutrient Guideline			

Fri - 04/29/2022			
ELEMENTARY LUNCH	Total	1	
SUPERVISOR'S CHOICES	1 EACH	1	0.0
Weighted Daily Average			0.00
% of Calories			0.0%
Nutrient Guideline			

Weighted Average			132.52
			51.4%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	132.52	51.41%						

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