## **Update from St Leonards**

As we head into the Easter Holidays I wanted to highlight the support for student wellbeing we have brought in to St Leonards this year. We know that Well Being and Mental Health are real issues for our community.

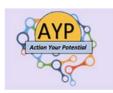


We are delighted that from after Easter our students will benefit from Place2Be who will be providing three trained counsellor's onsite.



Believe in you Teens have been working at the academy offering support and group sessions to a range of students. We also have after Easter working with East Sussex a full time trained mental health practitioner at the Academy.





We have families currently working with Action Your Potential who provide support with anxiety, and are helping some of our anxious year 11s to prepare for exams

Students at the Academy can access our dedicated safeguarding area of the school which is fully staffed by our team at all times. I am very proud of their work which has been given top rating by East Sussex in their review of our provision. We now have full time non-teaching heads of year for each group who are supported by a non-teaching student support worker. We are looking to strengthen these teams further to support students with any barriers to learning.

There is so much student achievement to celebrate and I will focus on this in my update after Easter. In the meantime a much deserved well done to all involved in this week's Cabaret Evening.

Finally a reminder that year 11 students have been invited to intervention sessions during the first week of the holiday and advance notice of a world book night event at the Academy on 21<sup>st</sup> April.

Have a happy and safe holiday