

# PARKLAND HIGH SCHOOL Parent Newsletter



All information in this newsletter is subject to change.

## From the principal's desk

#### Dear Parent/Guardian:

It is hard to believe the spring season is upon us. The students and staff are certainly excited to see some glimpses of warmer weather. Our spring sport student athletes are probably the most excited for the warmer weather as they have just opened their league competitions. Best wishes to all of our teams for successful seasons.

While our student athletes are excited to be heading outdoors (sans boys volleyball), our spring musical, Mamma Mia!, is being prepared by cast and crew for their fabulous show schedule April 20-24. The students involved are tremendously excited to be performing in person and cannot wait to thrill Parkland audiences with their musical talents. Tickets are \$15 for adult and \$12 for students/seniors. I would order your tickets now before the show is sold out.

The warmer weather also brings the potential for students to push the boundaries of our school's dress code. It would be greatly appreciated if you could please review pages 35-36 of the student handbook to make sure your student understands what type of attire is acceptable for school.

In addition, please review pages 6-7 of the student handbook, as the school has experienced a significant increase of inappropriate use of cell phones during the school day. Using a cell phone to take pictures or record will result in disciplinary consequences up to and including suspension from school. While we understand students using a phone in today's world, students need to know the consequences for inappropriate use — especially recording of staff members without their permission.

Continued on page 2

# From the principal's desk

Continued from page 1

The end of the 3<sup>rd</sup> marking period was Thursday, March 31 and report card grades will be available in Home Access Center on Wednesday, April 13, so be sure to keep that date in mind as grades become finalized.

As you know, we are well into the scheduling process for the 2022-2023 school year. Student requests have been tabulated and Dr. Meehan and Mrs. Bennick are currently building next year's master schedule. Please note that course requests may be changed any time prior to May 27, 2022.

The winter sports season was tremendously successful in the pool, on the court and on the mat. In wrestling, our girls and boys team both made significant strides and we are very proud of their improvement. The boys basketball team shone through the postseason while earning EPC and District XI titles. The girls improved tremendously throughout the season, capturing the District XI crown and winning their first round game in state competition. In swimming and diving, we had several records broken, another girls EPC and District XI title, culminating with swimmer Kayla Johnson and diver Ethan Radio winning state silver medals. I would like to thank all our teams, coaches, parents, and administrators for their continued support of Parkland Athletics.

Just ahead, May is an exciting month with lots of fun planned (Prom and Post Prom on May 7-8) and recognition events (numerous academic, arts, and athletic) for our students. One important note for Seniors, the annual Academic Scholarship Ceremony to honor students who have received merit-based scholarships, is being combined with the Academic Awards night on May 23.

Keystone Exams will be given to students currently enrolled in Keystone subjects. Those exams will be given Monday, May 16 and Tuesday, May 17 (Literature), Wednesday, May 18 and Thursday, May 19 (Algebra), plus Monday, May 23 and Tuesday, May 24 (Biology). Boot Camps are available after school to students who are eligible and wish to prepare better for Keystone Exams. See page 7 for further information.

I am looking forward to a great end of the year.

Sincerely

James E. Moniz II Principal Parkland High School monizi@parklandsd.org

James E. Moniz I



## CIVILITY

In April, Parkland High School will focus on the pillar of Respect and the success skill of Civility. Civility goes beyond being polite and courteous; it involves listening to others with an open mind, disagreeing respectfully, and seeking common ground to start a conversation about differences.

Acting with civility requires individuals to be respectful, reflective, and self-aware. Learning the skills of perspective taking, empathy and problemsolving helps individuals understand that their actions and words affect individuals as well as their entire community, encouraging them to rise up and act with civility in tough situations. By teaching skills like empathy, problem-solving and perspective taking, we can help nurture civility and respect in our young adults.



April 2022 Calendar							
SUN	MON	TUE	WED	THU	FRI	SAT	
					Day 3	2	
3	4 Day 4	5 Day 5	6 Day 6	7 Day 1	B Day 2 "B" Schedule	9	
10	11 Day 3	12 Day 4	13 Day 5	14 School Closed Holiday or Flexible Instruction Day (if needed)	15 School Closed Spring Holiday	16	
17	18 School Closed Spring Holiday	19 Day 6	20 Day 1	21 Day 2	22 Day 3	23	
24	25 Day 4	26 Day 5	27 Day 6	28 Day 1	Day 2 "C" Schedule	30	

Any changes to these schedules will be posted on the school website and communicated via Schoology and School Messenger.



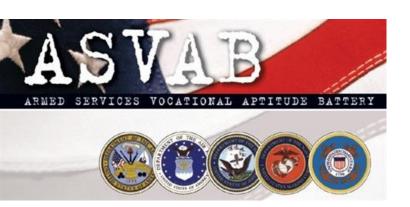


#### **REGULAR BELL SCHEDULES**

Period	<b>A Schedule</b> (Regular Day)	C Schedule (Early Dismissal)	D Schedule (2-Hour Delay)	
	7:35 Warning Bell	7:35 Warning Bell	9:35 Warning Bell	
1	7:40-8:24	7:40-8:12	9:40-10:06	
2	8:30-9:09	8:18-8:48	10:12-10:36	
3	9:15-9:54	8:54-9:24	10:42-11:06	
4	10:00-10:39	9:30-10:00	11:12-11:42	
5	10:45-11:24	10:06-10:36	11:48-12:18	
6	11:30-12:09	10:42-11:12	12:24-12:54	
7	12:15-12:54	11:18-11:48	1:00-1:30	
8	1:00-1:44	11:54-12:24	1:36-2:00	
9	1:50-2:30	12:30-1:00	2:06-2:30	
5 Minute Warning Bell for Bus Departure	2:32 Buses Depart at 2:37	1:02 Buses Depart at 1:07	2:32 Buses Depart at 2:37	

- Lunch periods will be assigned during periods: 4, 5, 6 or 7.
- PM LCTI will eat lunch period 4 or 5 and are dismissed at 11:20.
- AM LCTI will eat lunch at LCTI and return for class Period 6.
- Students approved for "early dismissal" must leave the school property immediately upon dismissal.
- Students approved for "late arrival" may not enter the school until 10 minutes before their first class.
- All students must leave the school property immediately upon dismissal, unless they are involved in a PHS-sponsored and supervised after-school activity.

# Counseling corner



#### ASVAB Armed Services Vocational Aptitude Battery

On Wednesday, April 20 the ASVAB (Armed Services Vocational Aptitude Battery) will be administered to all students who have preregistered for the three-hour exam. The ASVAB is an excellent opportunity for students to complete a career aptitude test that examines ten different areas, including mathematics knowledge, mechanical comprehension, coding speed and general science, to name a few. Students interested in a military career must take the ASVAB for career training placement; however, all students can benefit from the information provided by this exam.

The exam is free of charge and administered by military testing personnel at the high school; however, there is no obligation to meet with military recruiters if a student participates in the testing. In fact, most students taking the ASVAB are solely interested in identifying their strengths and weaknesses in the skill areas named above. In addition, an excellent workbook highlighting personal traits and several hundred career occupations is distributed to students along with their test results. Results of the test are usually available within two to three weeks.

If your son or daughter is interested in taking the ASVAB, registration will be held March 30 - April 13 in the Parkland High School Counseling Office. Students can pick up an ASVAB booklet if they are interested in learning more about this valuable career aptitude test.



## College admissions testing SAT and ACT

Registration for the SAT I: Reasoning Test and the ACT are currently in progress. Remember, some universities may still require a set of SAT or ACT test scores. Only May and June test dates are still available for each exam this school year. Students are encouraged to register for the SAT on the College Board website located at <a href="https://www.sat.org/register">www.sat.org/register</a> or the ACT at <a href="https://www.act.org/student">www.act.org/student</a>.



# Summer Enrichment 2022

The Summer Enrichment Information and Registration Packet is available for any student interested in taking a summer enrichment course (for advancement purposes).

The math courses offered through PHS include: Algebra 2, Geometry, College Algebra, and Precalculus, and all will run in an online format. While students will have a PHS math teacher as a facilitator, work is done through the online program, Edgenuity, and requires approximately 4 - 6 hours of time per day as these are full-year courses offered at an accelerated rate that are completed in approximately six weeks.

The cost is \$450 per course.

For information, including registration instructions, please be sure to use the correct form based on your child's grade level and school below:

#### Students in Grade 8

Students currently in grade 8 at OMS and SMS can view the middle school informational packet <u>here</u>. The required online registration form is included in this packet.

#### Students in Grades 9-11

Current PHS students in grades 9-11 should read the information packet that can be accessed <u>here</u>. The required online registration form is included in this packet.

#### **Deadline**

The due date for completing the online registration form and remitting payment (for courses offered through PHS only) is **Friday**, **April 15**. A \$50 late fee will be applied to applications and payments received after this time. Please check back to your school's website link for the Summer Enrichment packet and link during the month of February.



#### Speak to Someone

To discuss if Summer Enrichment is right for your child, please speak with his/her middle school/high school guidance counselor OR with the assistant principals who oversee Summer Enrichment approvals:

OMS - Mr. Stoudt stoudtt1@parklandsd.org or 610-351-5750 SMS - Mrs. Abdelaal abdelaala@parklandsd.org or 610-351-5700

PHS - Mrs. Bennick bennickt@parklandsd.org or 610-351-5600

# Freshmen: Summer Driver Education Theory Course

ENPICHMER 2021/ER

The Summer Driver Education Theory Course Information and Registration Packet is now available.

- The PHS course will run online starting Monday, June 20 -Thursday, June 30.
- The course will have a required daily class meeting from 9 - 10 AM.
- ♦ The cost is \$127 for the PHS course.

For more information, including registration instructions, please click <u>here</u>.





#### COMMENCEMENT

TUESDAY, JUNE 7, 2022 7 PM PPL CENTER

FAMILIES WILL RECEIVE 6 TICKETS FOR EACH GRADUATING SENIOR.

INFORMATION WILL BE FORTHCOMING REGARDING OBTAINING ADDITIONAL TICKETS AND HANDICAP ACCESSIBLE SEATING.



Congratulations to PHS sophomore **Sophia Sciarrino** for being named one of the winners for *The New York Times* 9th Annual 15-Second Video Vocabulary Challenge.

To see her video for the word she chose, "gory", and the other winning videos, please visit:

http://ow.ly/mU2l50ltMys







#### **SPRING 2022 KEYSTONE EXAMS**

Please mark your calendars for the Spring Keystone Exam days.



literature Monday, May 16 and Tuesday, May 17



algebra I Wednesday, May 18 and Thursday, May 19



biology Monday, May 23 and Tuesday, May 24

Students currently in Algebra I, Biology and Grade 10 English will be required to take the Keystone Exams. All information about the upcoming Spring 2022 Keystone Exams can be found on the PHS website under Parents >>> Keystone Test Information here.

#### AFTER-SCHOOL KEYSTONE BOOT CAMPS

Click on the links below for more information about the available Keystone Boot Camps, to determine your student's eligibility to participate, and to enroll your student.

Algebra 1 Keystone Flyer >>>>> Algebra 1 Keystone Sign Up

Biology Keystone Flyer >>>>> Biology Keystone Sign Up



## Upcoming events

Friday

April Fool's Day Ramadan begins

Monday 4

Spring SAT Prep classes 3-5 PM (PHS) or 6:30-8:30 PM (virtual)

Tuesday

Post Prom Committee meeting 7 PM (Library Classroom)

Wednesday **6** 

Spring SAT Prep classes 3-5 PM (PHS) or 6:30-8:30 PM (virtual)

Friday

"B" Schedule - Prom Information Distribution Class Dues deadline for Seniors (see page 28)

Monday

Spring SAT Prep classes 3-5 PM (PHS) or 6:30-8:30 PM (virtual)

Wednesday 13

3rd Marking Period Report cards available in HAC by 5 PM Last day to register for ASVAB (see page 4) PSD Alumni Gala 7 PM

Thursday 14

Spring Holiday - School Closed (or Flexible Instruction Day, if necessary)

Friday 15

Spring Holiday - School Closed Good Friday

Last day to register/pay for Summer Enrichment classes

Sunday 17

Easter

Monday 18

Spring Holiday - School Closed

Tuesday

Prom tickets go on sale during lunches (Cafeteria)
Prom tickets on sale 3-5 PM (Main Rotunda)





Wednesday

ASVAB testing Biomedical Symposium

Spring SAT Prep classes 3-5 PM (PHS) or 6:30-8:30 PM (virtual)

Parent Forum 7 PM (virtual)

Spring Musical MAMMA MIA! 7:30 PM (Auditorium)

Thursday 21

Prom tickets on sale 3-5 PM (Main Rotunda)

Spring Musical MAMMA MIA! 7:30 PM (Auditorium)

Friday 22

Spring Musical MAMMA MIA! 7:30 PM (Auditorium)

Saturday 23

Tournament of Indoor Region 2 Championships 10 AM (Main Gym) Spring Musical MAMMA MIA! 7:30 PM (Auditorium)

Sunday 24

Spring Musical MAMMA MIA! 3 PM (Auditorium)

Monday 25

Are You Smarter than a Teacher? 3-4 PM (Cafeteria)
Spring SAT Prep classes 3-5 PM (PHS) or 6:30-8:30 PM (virtual)

Tuesday
26

Prom tickets on sale 3-5 PM (Main Rotunda)

Wednesday

27

Spring SAT Prep classes 3-5 PM (PHS) or 6:30-8:30 PM (virtual)

Thursday 28

Prom tickets on sale 3-5 PM (Main Rotunda)

Friday 29

"C" Schedule - Early Dismissal 1 PM Last day Prom tickets on sale during lunches Academic Scholarship Recognition entries due

Saturday

Ramadan ends



☑ HAIR: \$80

☑ TUX: \$100

☑ NAILS: \$40

☑ TICKET: \$50

☑ DRESS: \$150

☑ DINNER: \$120

☑ SH0ES: \$80

☑ JEWELRY: \$40

☑ TRANSPORTATION: \$100

Public Service Announcement created by Parkland School District, South Whitehall, Upper Macungie and PA State Police Departments.

#### **OPTIONAL PROM NIGHT EXPENSES:**

**Arriving intoxicated:** Arrest, fines, suspension of driver's license, suspension from school, the embarrassment of being sent home, missing memorable moments, and not walking across the stage at graduation

**Driving under the Influence of Alcohol or Drugs:** \$300 - \$5,000 in fines and up to six months in jail with license suspension and potential injuries and/or death

**Possession of Alcohol or Drugs**: \$500 - \$5,000 in fines and license suspension

#### HAVING FUN WITH FRIENDS: PRICELESS



#### **POST PROM NEEDS YOU!**

A group of Parkland volunteers are planning a Post Prom Party to help keep our students safe on Prom Night. If you can volunteer at the Post Prom Party on the night of May 7 – sign up here: <a href="https://www.phspostprom.com/volunteers/">https://www.phspostprom.com/volunteers/</a> or attend an upcoming meeting.

We kindly ask that parents do not host a party at your home after the Prom. Part of what makes the Parkland Post Prom Party so great is that all senior students can attend and spend this one last night together.

Sponsored by: Heintzelman
FUNERAL HOME

#### SATURDAY, MAY 7 STEELSTACKS 101 Founders Way, Bethlehem, PA

5:30-6:15 PM Shuttle Service from PHS to SteelStacks

6:15 PM Check in process begins at SteelStacks\*\*\*

6:15-7 PM Guests can access 2nd floor of SteelStacks for photo booths, professional photos, selfie stations

7 - 11 PM
Prom on 3rd & 4th floors with hors d'oeuvres, DJ, dancing

10 - 11:30 PM Parkland bus service begins back to PHS

\*\*\*No readmittance to Prom. If you leave you may not return. No bags will be permitted in the Prom, only small purses. The administration reserves the right to search all bags.

#### PROM TRANSPORTATION

There will be a limo shuttle available. To use this shuttle you must sign up at the time you purchase tickets.

Groups requesting the same shuttle time MUST purchase tickets at the same time. No shuttle reservations will be taken without purchasing tickets.

You may also use your own transportation or use a private limo service.

PROM INFORMATION WILL BE HANDED OUT TO SENIORS IN HOMEROOM ON APRIL 8.

#### INFORMATION ABOUT PROM/POST PROM

#### **PURCHASE TICKETS**

AFTER COMPLETING THE PRE-TICKET SALE REGISTRATION FORM

Tuesday, April 19— Friday, April 29
During lunches in the Cafeteria
& April 19, April 21, April 26 and April 28
After School from 3 - 5 PM in the Main Rotunda

PROM TICKETS WILL NOT BE SOLD THE NIGHT OF THE EVENT.

All Day CAP, LCTI, DCO, Cyber students should follow up with Dr. Drake in the Main Office if they are unable to purchase at these times.

#### Bring the following items with you when you purchase tickets:

- School ID is required.
- Cash or check made payable to PHS Class of 2022
  - Form for non-Parkland guest (if applicable)

#### PROM TICKET COST

- \$65 each ticket for students who have paid their class dues.
- \$90 each ticket for students who have NOT paid their class dues. This price only applies to the senior's ticket. Guest ticket costs \$65.



#### POST PROM TICKET COST

- \$10 for each seniors who have paid class dues.
- \$35 each ticket for seniors who have NOT paid class dues. This price only applies to the senior's ticket. Guest ticket is \$10.
  - \$15 for each student if purchased at the door.

#### NON-PARKLAND GUEST INFORMATION

- If you are purchasing a ticket for someone who is NOT a PHS student, you
  must fill out an information form and register him/her
  at the time of the sale.
  - All guests must be UNDER 21 years of age.
  - Everyone should arrive at Prom and Post Prom with proper ID.
- All guests must arrive with a Parkland senior or they will be denied entry.





**SCHOLARSHIPS** 

#### Seniors

# Academic Scholarship Recognition

Parkland High School will hold an Academic Awards Ceremony on Monday, May 23 at 7 PM. An important part of the ceremony will be recognizing students who have received merit-based scholarships.

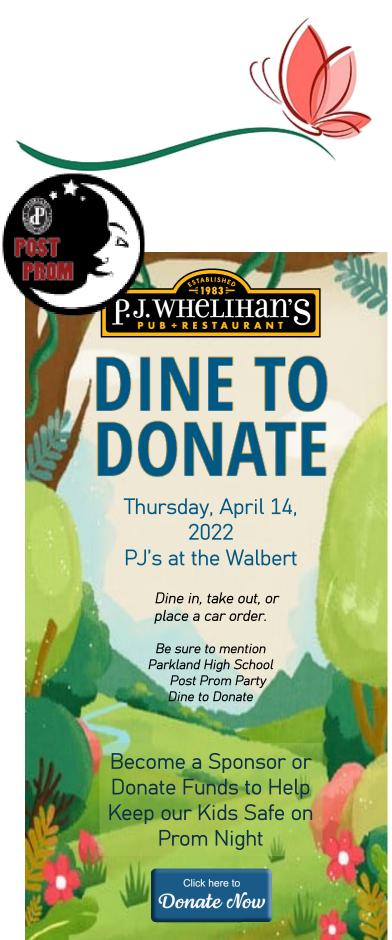
In order to participate in this academic scholarship recognition, a student must be receiving a minimum of 25% of the cost of tuition at the college/university that he/she will be attending, excluding monies received as loans of any kind.

If your son/daughter is eligible for academic scholarship recognition, please complete the Google form link below. In addition to completing the form, please submit a copy of the letter/email you received from your college/university verifying your merit-based scholarship to Principal Moniz's office no later than April 29.

If you have any questions, please call 610-351-5600 extension 73501.







# GRADUATION LAWN SIGN SALE

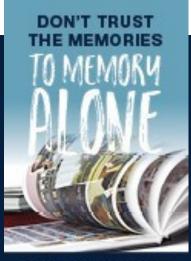


The Foundation is pleased to announce its GRADUATION LAWN SIGN SALE. Each sign is customized with the senior's name and available for pick up at PHS the week of May 23rd.

**DEADLINE TO ORDER is May 18th.** 

Visit our website to order and pay for your \$25 sign online at www.parklandsd.org/foundation.





BUY A YEARBOOK >



### Order Your Par Key 2022 Yearbook Today

\$90 if ordered online by April 29, 2022

- \$95 from April 30 May 13, 2022
- \$100 from May 14 May 28, 2022\*

\*Online sale portal closes May 28, 2022 or until books sell out, whichever comes first.



All *Par Key* 2022 Yearbook information is available **here**.





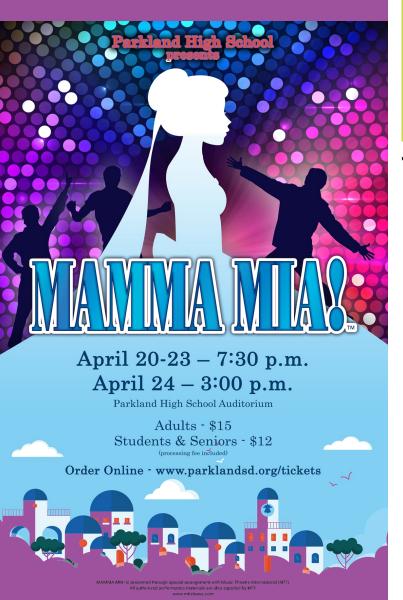
#### MAMMA MIA!

Mamma Mia comes to the Parkland Stage this April. Told through ABBA's greatest hits, this enchanting story finds Sophie, a bride-to-be, in

search of her birth father on a beautiful Greek island. After reading her mom's diary from decades ago, Sophie secretly invites the three men her mom wrote about to her wedding. Come experience this unforgettable tale of love, laughter, family, and friendship. You will want to sing along from start to finish with classic ABBA songs including Dancing Queen, Take a Chance on Me, SOS, and the title song Mamma Mia!

Tickets for this year's production are \$15 for adults and \$12 for students and senior citizens (65+).

Tickets are only available online at <a href="https://www.showtix4u.com/event-details/60953">https://www.showtix4u.com/event-details/60953</a>. Tickets are selling fast so purchase tickets now before the show sells out.



# Visual and performing arts



#### Parkland Jazz Band

Do not miss seeing the Parkland Jazz
Ensemble perform this month. On Saturday
evening, April 2 they will perform with
other local high school bands at the Easton
Area High School Jazz Festival. The next
day, Sunday, April 3, the band will
perform a concert in conjunction with the
Allentown Band at Springhouse Middle
School. The concert begins at 3 PM and is
free and open to the public.

#### Parkland Marching Band

The Parkland Marching Band will be traveling to Anaheim, CA from May 12-16 to perform at Disneyland. Other plans include a backstage tour of Sony Studios, a tour of Hollywood, as well as attending a concert of the Los Angeles Philharmonic Orchestra. This will be the Parkland Band's first visit to the West Coast.



#### Tournament of Indoor Region 2 Championships to be held on April 23 at Parkland High School

Parkland High School Band in conjunction with Parkland High School Music Boosters is pleased to host the Tournament of Indoor Region 2 Championships on April 23, 2022. This event involves students competing in Percussion, Color Guard, Dancing, and Twirlers. The competition showcases some of the best performing groups in the area.

This is such a great opportunity for the community to come out and see what these programs are all about. Think of it as a "theatrical" performance set to music. Each performance is an average of 5-to-10 minutes in length. The event will be held in the Parkland High School Main Gymnasium with doors opening at 9:30 AM, and the competition beginning at 10 AM. Tickets will be available to purchase at the door, and our concession stand will be open for all spectators and performing groups.





#### Regional PA High School Design and Media Competition

Congratulations to sophomore Sophia Huang (1st place) and senior Brianna Bartek (2nd place) for placing within the Graphic Design category at the 2022 Regional PA High School Design and Media Competition.

Sophia will represent Parkland in the state competition at Dickinson College in May.





#### Pennsylvania Shakespeare Festival -



On Saturday, March 5, Parkland High School students competed in the DeSales University Shakespeare

Competition. The competition empowers participants and cultivates skill development and artistry in language, Shakespeare, and the art and craft of acting. Congratulations to Maria DeLeon who placed 3<sup>rd</sup> at the competition and received a \$2,000 scholarship.



#### PMEA All-State Chorus

Congratulations to Emily Bachl who will be representing Parkland in the PMEA All-State Chorus. This year's All-State festivals will be held in April at the Kalahari Resort and Convention Center in the Poconos.







#### Trojan Art Gallery

During the month of April the Gallery will feature student pieces from Drawing 1, Drawing 1 and Traditional Crafts.



Tryouts 2022-2023 season

#### **High School Auditions:**

Monday, Tuesday, and Wednesday, May 2<sup>nd</sup>-4<sup>th</sup>

Time: 3:45 – 6:00 Place: Troxell Gym

Parkland Dance Team is team meant for dancers who are looking for another outlet of dance through their high school. The team performs for various events and at the half time of all the Parkland basketball games. If you enjoy the styles of hiphop, jazz, and pom, you should tryout to show off your skills. All high school grade levels are able to make the JV or Varsity team!

Please email the Dance Team Advisors, Ryanne Pagliaro or Sami Wiik if you have any questions or concerns! pagliaror@parklandsd.org, wiiks@parklandsd.org

Dance Team packets will be available in the Main offices of OMS, SMS, and PHS.

# Visual and performing arts

#### **April Performances**

#### **Strolling Strings**

Neffs UCC Preschool

April 5

Bethel Bible Fellowship Church

April 12

Lehigh Country Club

April 20

**Lehigh Valley Phantoms** 

April 27

Madeline's Restaurant

April 29

#### **Indoor Percussion**

Springford High School

April 2

Coatesville High School

April 9

Parkland High School

April 23

#### **Indoor Color Guard**

Salisbury High School

April 2

Abington High School

April 9

Parkland High School

**April 23** 







#### Regional Scholastic Award Ceremony

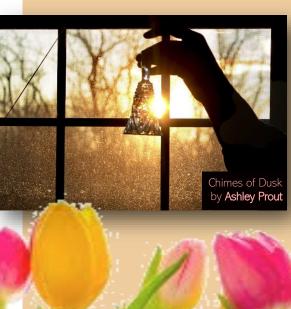
The Regional Scholastic Award Ceremony was held on March 5. Congratulations to our student artists:

Dr. Christine Oaklander Award Skylar Cancellier, grade 10 Sofia Hanna, grade 12

Lehigh Valley Art Alliance
Kiran Kadewari, grade 12 (2nd place)
Lucy Schilling, grade 12 (3rd place)



Dennis Danko Affiliate Director Award and Scholarship for Incoming Kutztown University Art Student Ashley Prout, grade 12



YOU ARE THE
ARTIST OF
YOUR OWN
LIFE.
DON'T HAND
THE
PAINTBRUSH TO
ANYONE ELSE.





Crest Blvd. Allentown PA, 18104, Attn: Miss Andrea Roposh

Childs Name:\_\_\_\_\_ Grade:\_\_\_\_\_

Parents Name:\_\_\_\_\_\_
Email:\_\_\_\_\_
Phone Number:

Phone Number:\_\_\_\_\_\_ Emergency Contact:\_\_\_\_\_\_

Please include any medical issues/concerns on the back.
Payments made payable to Parkland High School and forms due by
April 29th. Space is limited!

We encourage your little witch or wizard to dress up!

# WINTER Sports CHAMPIONS

Girls
Swimming
EPC and
District XI
Champions



Boys Basketball EPC and District XI Champions



Girls Basketball
District XI Champions



## Athletic news

#### District XI Swim Meet

#### Girls Swimming

#### Sophia Cerimele

- 200 free relay 400 free relay 100 backstroke (1st place)
- 200 IM (3rd place)

#### Sada Fleischaker

breaststroke (3rd place)

#### Natasha Goldman

• 200 IM relay (3rd place)

#### **Kayla Johnson** Swimmer of the Meet

 200 free relay 400 free relay 50 free 100 free (1st place)

#### **Sydney Platt**

breaststroke (2nd place)

#### **Madison Roseman**

- 200 free relay (1st place)
- 200 IM relay (3rd place)

#### **Hillary Roth**

 200 IM relay (3rd place)

#### **Ashley Settle**

400 free relay (1st place)

#### Isabel Sheridan

 200 IM relay (3rd place)

#### Claire Weaver

 200 free relay 400 free relay 500 free 200 free (1st place)

#### Girls Diving

Nicole Stofko 3rd place

free = freestyle event

IM = individual medley



#### Wrestling

#### Boys

#### **Adrian Gacek**

3<sup>rd</sup> place Districts 3<sup>rd</sup> place Regionals **Alexander Neely** 

5<sup>th</sup> place District 4<sup>th</sup> place Regionals

#### Girls

#### **Shannon Fratus**

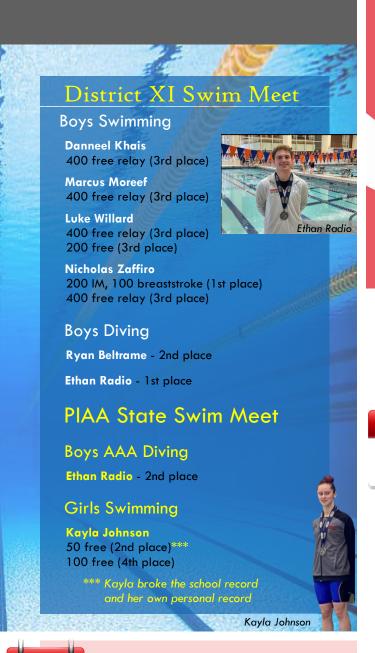
2<sup>nd</sup> place Regionals, 4<sup>th</sup> place States

#### Ella Hesener

1<sup>st</sup> place Regionals 6<sup>th</sup> place States

Paige Yatcilla 3<sup>rd</sup> place Regionals, 3<sup>rd</sup> place States





Senior Athletes
College Media Day
Friday, May 20, 2022
1:30 PM in the Main Gym

Parkland High School will recognize all senior athletes that will be continuing their athletic career at the collegiate level. This is for any senior athlete who participated here at Parkland in a PIAA sport during their senior year. Parents, family and friends are all welcome to attend.



Congratulations to Parkland High School Senior, Alexander Forgosh, for being named one of the Coca-Cola Scholars for 2022. He is one of 150 recipients out of 70,000 applicants.



# The Season Starts Here

JUNE

Fall Sports Physicals
Wednesday, June 8, 2022
Parkland High School
5 - 8 PM

by appointment only

Further information will be available on the Parkland website under Athletics later this month.

Physicals are free of charge.

No student can participate in a fall sport without a full PIAA physical dated after June 1, 2022. The Parkland Athletic Department understands that it may not be convenient to come to our scheduled free physical event. However, those who miss must get a PIAA physical on their own prior to August 2, 2022. Paperwork for PIAA physicals on the Athletics page of the PHS website under Forms.

All Parkland athletes must get an ImPACT test once during their four years at PHS and before participation.

First day of fall sports: Monday, August 15, 2022



#### Allergy Season

Spring has arrived and so has allergy season. This time of year is sometimes difficult and uncomfortable for students who have allergies. Please be aware that the Health Room does NOT have allergy medicine. If your student suffers from season allergies and requires allergy medication during the school day, please be certain to administer their medication prior to coming to school.



#### **Juniors**

Any junior who has not turned in their grade 11 physical, must turn it in to the Health Room no later than **May 2, 2022**.





#### **Juniors**

#### Immunization Requirement

The meningitis vaccine is required on or after your student's 16th birthday. Students in grade 11 will be required to have this immunization on the first day of their senior year. The grade 11 physical is a good time to be sure this immunization is completed.



## Health forms available online

Health Forms are available on the PHS Website under Health Services here. If you have any questions for the Health Room do not hesitate to call.

#### Tick Prevention and Tips

Spring is here and so are ticks. Ticks are most active during warmer months from April through September, although tick exposure can occur year round. Here are some reminders and prevention tips about ticks. Additional tips can be found here:

https://www.cdc.gov/ticks/pdfs/FS TickBite-508.pdf



#### How to Prevent Tick Bites

Protect yourself:

- Use Environmental Protection Agency (EPA)- registered insect repellents containing DEET, picaridin, IR3535, oil of lemon eucalyptus, para-menthane-diol, or 2-undecanone. Always follow product instructions.
- Wear clothing treated with permethrin.
- Shower as soon as possible after spending time outdoors.
- Check for ticks daily. Ticks can hide under the armpits, behind the knees, in the hair, and in the groin.
- Tumble clothes in a dryer on high heat for 10 minutes to kill ticks on dry clothing after you come indoors. If the clothes are damp, additional time may be needed.
- Avoid wooded and bushy areas with high grass and leaf litter; and walk in center of trails.

#### When to See Your Healthcare Provider

If you develop a rash, fever, exhaustion, or joint and muscle aches within several weeks of removing a tick or spending time in tick habitat, see your healthcare provider. Be sure to mention your recent tick bite and when it happened, or that you have spent time in places where ticks may live. If able, tape tick to an index card for easier identification.

#### **Antibiotics Treat Lyme Disease**

People treated with antibiotics in the early stages of Lyme disease usually recover rapidly and completely. If left untreated, Lyme disease can affect the joints, heart, or nervous system.





Cooper Campbell - Web Design/Web Programming Charles Carpenetti - Advertising Design/Commercial Art EianMarkos Escobar - Marketing and Entrepreneurship

Leana Garcia - Health and Medical Sciences

Jonas Geiger - Carpentry

Kievah Geiger - SOC Food Services

Connor Gobrecht - Criminal Justice

Matthew Mazziotta - SOC Indoor/Outdoor Maintenance

Luke Melicharek - Web Design/Web Programming

Emma Thomson - Academic Center

**Braylon Ubaldo** - Carpentry

Shaun VanHorn - Academic Center





## Library lines

OETR

#### **April is National Poetry Month**

Spring has sprung and so we celebrate National Poetry Month each April. Established in 1996 this event reminds us of the integral role poetry has played in our culture.

Sign up for <u>Poem-A-Day</u> or check out our curated poetry collection on display in the Library.

# Reminder for Students about Chromebooks

Come to school each day with your Chromebook fully charged. In the event you do not have your Chromebook, you can ask your teacher to send

Google

you to the Library to work on one of three stationary Chromebooks.

#### Return Your Library Materials as Soon as Possible

This is the time of year when the days start to go quickly. Please return all library materials as soon as you are finished with them.

We will be invoicing for lost materials.



#### Lost Your ID?

Replacements can be purchased in the Library for \$5.

# FROM THE ARCHIVES

The Trumpet Parkland High School Newspaper from April 1, 1968

#### THE TRUMPET







#### BAND TO PRESENT CONCERT TONIGHT

#### Sweet Stuff

#### Supersonic Students

#### Mr. Boyer Resigns Hilarity House

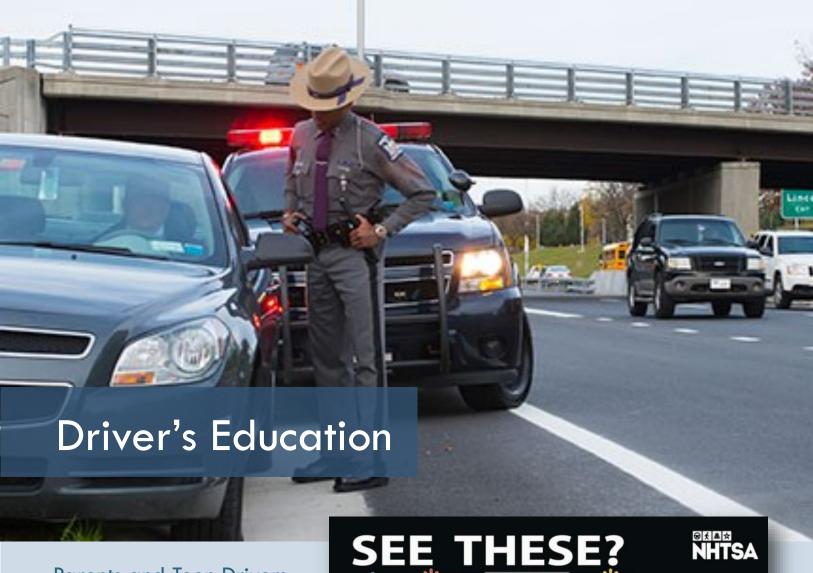
#### = Watch The Birdie!

#### Lacille Scramble Debate

#### The Scramble Debate is to be Senior Operetta







Parents and Teen Drivers:
Do you Understand the
Move Over Law?

Driver's can face serious consequences if this law is violated.

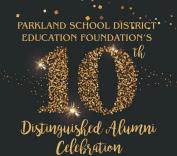
Watch this video for full details.





Interested in the Behind the Wheel program?

Go to <u>www.cliu.org</u> and select the Driver Education icon for complete details and contact information.



Save the Date MAY 5, 2022

Distinguished Alumni Ceremony at Parkland High School 4-5 pm (FREE)

Celebration at Lehigh Country Club 6-8 pm/ (TICKETED EVENT)

#### **2022** DISTINGUISHED ALUMNI WALL OF HONOR INDUCTEES:



Joseph Bergstein (1989) Executive Vice President and Chief Financial Officer, PPL Corporation



Erin Bried (1992) Founder and Editor Kazoo Magazine/ Author



Jared Brown (2014) Community Volunteer for: Mikayla's Voice, Miracle League, Canine Companions, Kernsville Elementary, Camelot for Children, Good Shepherd, Veterans' organizations and countless toy/food drives



Bryan Knouse (2009) Co-Founder/CEO, Project OWL

For ticket and sponsorship information: www.parklandsd.org/foundation

#### Political Science Club - EPC Model United Nations Conference

Congratulations to the Political Science Club members who participated in the EPC Model United Nations Conference held at Lehigh University on Friday, March 18. Parkland High School won second place overall with 9 medals.

#### Chairpersons:

The following students acted as chairpersons at the event. They successfully and smoothly ran two committee rooms: Reva Gandhi, Economic and Financial Committee Mai Hukuoka, Disarmament and International Security Committee Siddhant Khandelwal, Disarmament and International Security Committee

Rishika Rohatgi, Economic and Financial Committee



#### Individual Winners:

Anshul Dadayyapally - Best Delegate first runner up

Elsa Hoderewski - Best Resolution

Zain Jasim - Best Resolution

Aadit Kedia - Best Resolution second runner up

Varun Pandian - Best Resolution first runner up

Forum Patel - Best Resolution

**Grant Pinsely** - Best Resolution

Samith Rohatgi - Best Delegate second runner up



## Student Assistance Program (SAP)



#### Marijuana Use and Risks on the Rise

Marijuana use comes with real risks that can impact a person's health and life. Marijuana is the most commonly used illegal substance in the Unite States and its use among all adult age groups, both sexes, and pregnant women is going up. At the same time, the perception of how harmful marijuana use can be is declining. Increasingly, young people today do not consider marijuana use a risky behavior. But there are real risks for people who use marijuana, especially youth, young adults, and women who are pregnant or nursing. Today's marijuana is stronger than ever before. People can and do become addicted to marijuana. "Approximately 1 in 10 people who use marijuana will become addicted. When they start before age 18, the rate of addiction rises to 1 in 6."

#### Marijuana Use can have Both Negative and Long Term Effects



#### Brain health

Marijuana can cause permanent IQ loss of as much as 8 points when people start using it at a young age. These IQ points do not come back, even after quitting marijuana.

#### Mental health

Studies link marijuana use to depression, anxiety, suicide planning, and psychotic episodes. It is not known, however, if marijuana use is the cause of these conditions.

#### Athletic Performance

Research shows that marijuana affects timing, movement, and coordination, which can harm athletic performance.

#### Driving

People who drive under the influence of marijuana can experience dangerous effects: slower reactions, lane weaving, decreased coordination, and difficulty reacting to signals and sounds on the road.

#### Daily Life

Using marijuana can affect performance and how well people do in life. Research shows that people who use marijuana are more likely to have relationship problems, worse educational outcomes, lower career achievement, and reduced life satisfaction.



#### Marijuana Addiction

Contrary to popular belief, marijuana is addictive. Research shows that 1-in-6 people who start using the drug before the age of 18 can become addicted. Research shows that 1-in-10 adults who use the drug can become addicted. Over the past few decades, the amount of THC in marijuana has steadily climbed; today's marijuana has three times the concentration of THC compared to 25 years ago. The higher the THC amount, the stronger the effects on the brain - likely contributing to increased rates of marijuana-related emergency room visits. While there is no research yet on how higher potency affects the long-term risks of marijuana use, more THC is likely to lead to higher rates of dependency and addiction.

#### **About Marijuana**

Marijuana refers to the dried leaves, flowers, stems, and seeds from the Cannabis sativa or Cannabis indica plant. It is a psychoactive drug that contains close to 500 chemicals, including THC, a mind-altering compound that causes harmful health effects. People smoke marijuana in hand-rolled cigarettes, in pipes or water pipes, in blunts, and by using vaporizers that pull THC from the marijuana. Marijuana can also be mixed in food (edibles), such as brownies, cookies, and candy, or brewed as a tea. People also smoke or eat different forms of marijuana extracts, which deliver a large amount of THC and can be potentially more dangerous.

#### Rise of Marijuana Use Today

Marijuana use is on the rise among all adult age groups, with people ages 18 - 25 having the highest rate of use. Marijuana and THC remain illegal at the federal level, even though many states have legalized its use. In states where legal, marijuana is a fast-growing industry with sales to individuals over 21 in retail stores, wineries, breweries, coffee shops, dispensaries, online, as well as grown at home.

Source: What's SAPpenning, January 2021

If you have concerns about your child, please contact the Parkland High School Student Assistance Program at 610-351-5600.

Marijuana is a psychoactive drug that contains close to 500 chemicals, including TCH, a mind -altering compound that causes harmful health effects.

# Congratulations!

Parkland High School senior, Victor Cai, was awarded second place and \$175,000 from Regeneron Science Talent Search for his short-range, narrow-bandwidth radar that calculates distance by transmitting two signals at different frequencies and then measuring the phase difference between them. By combining a multiple frequency continuous wave radar algorithm with software that replaces specialized hardware and then writing additional algorithms to correct inaccurate readings, he created a radar accurate to within 12 cm. Victor's research could help pave the way for more self-driving vehicles on the road with less concern over bandwidth.

Regeneron Science Talent Search, the nation's oldest and most prestigious science and math competition for high school seniors, held its award ceremony in Washington, D.C. on March 15, which was emceed by Saturday Night Live's Melissa Villaseñor. Forty finalists were awarded more than \$1.8 million and were evaluated based on their projects' scientific rigor, their exceptional problem-solving abilities and their potential to become scientific leaders.



A program of

Since 1942



reference your student's graduating class in the memo line.

Class dues should be delivered to the attention of your student's class advisor. Please contact the class advisor with any questions.

Class of 2022 dues must be paid by Friday, April 8 in order to avoid higher Prom ticket prices.

Class of

Senior class advisor Mrs. Sarah Yenser Room C241 yensers@parklandsd.org Class of

Junior class advisor Mrs. Deborah Andreoli Room D133

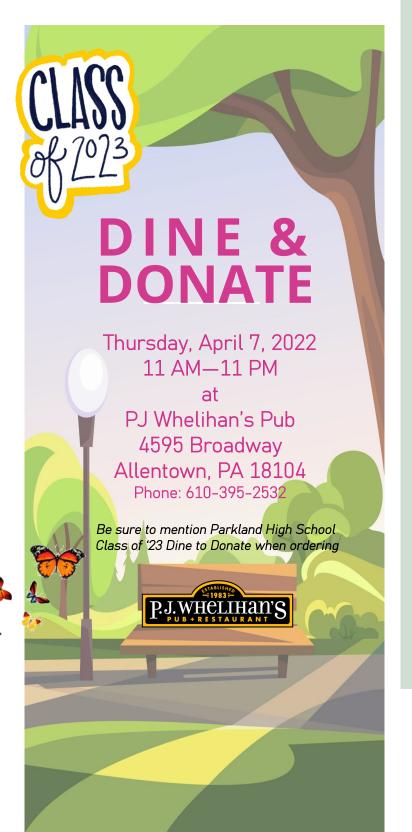
andreolid@parklandsd.org



Sophomore class advisor Miss Casey Gruver gruverc@parklandsd.org Class of

Freshmen class advisors Mrs. Lori McClure mcclurel@parklandsd.org Mrs. Kim McHenry

mchenryk@parklandsd.org





Congratulations to the PHS students who won at the regional competition held March 19 at Muhlenberg College. All of the Parkland students who competed won and will compete at the state competition May 7-8 at the University of Scranton.

Individual Historical Paper: Andreana Kedyulych Inara Niaz

Individual Documentary: Swarna Rishika Suresh Preslie Winn

**Group Documentary:** 

Yechan Cho, Shashwat Sharma and Sooraj Tharumia

Individual Website:
Mai Hukuoka

Group Website:

Vishruth Hanumaihgari, Zain Jasim and Daud Tariq





