



Beaufort County School District

Athletic Parent Handbook

2022-2023



CLICK ON LINK BELOW TO GO TO BCSD ATHLETIC GUIDELINES

<https://www.beaufortschools.net/cms/One.aspx?portalId=170925&pageId=19786280>

Student Name: _____

Acknowledgement Statement

By signing this statement, I acknowledge that I have read the **BCSD Athletic Guidelines** and agree to abide by the policies contained herein. I further understand that **BCSD** reserves the right to modify, amend or eliminate policies and procedures at any time. I further understand that policies in this handbook may be updated from time to time with or without prior notice. I acknowledge and agree that this **BCSD Athletic Guidelines** replaces all prior handbooks.

Parent Signature: _____

Date: _____

Students Signature: _____

Date: _____

A copy of this statement is signed and retained in the student-athletes athletic file.

BEAUFORT COUNTY SCHOOLS	2022-2023 PARENT PERMISSION FOR INTERSCHOLASTIC ATHLETICS
Name of Parent/Guardian:	Student Name:
Street Address:	School:
City: State: Zip:	Date of Birth: Gender:
Parent/Custodian Phone: Home: Work: Cell: Email:	Last School Attended: Address: Last Grade Completed:
Emergency Contacts/Phone/Relationship to Student: 1. 2. 3.	Physician Information: Name: Telephone: Hospital of Preference:

If your student attended a school outside the BCSD at the conclusion of the 2021-2022 school year, a grade report from that school must accompany this athletic packet.

Request for Permission: I, as the student's parent/Guardian, would like to apply for permission for the above-named student to participate in interscholastic athletics in the following sports during the 2022-2023 school year:

- | | | | |
|--|-----------------------------------|-------------------------------------|---------------------------------------|
| ☐ Basketball | ☐ Golf | ☐ Tennis | ☐ Lacrosse |
| ☐ Baseball | ☐ Soccer | ☐ Track | ☐ Cheer |
| ☐ Cross Country | ☐ Softball | ☐ Volleyball | ☐ Dance |
| ☐ Football | ☐ Swimming | ☐ Wrestling | ☐ Field Hockey |

Preparticipation Physical Evaluation - Physical Form

Last Name First Name Middle Initial Date of Birth

Examination			
Height:	Weight:		
BP: / (/)	Pulse:	Vision: R 20/ L 20/	Corrected ___ Yes ___ No

Medical	Normal	Abnormal Findings
Appearance: Marfan stigmata (kyphoscoliosis, high-arched palate, pectus excavatum, arachnodactyly, hyperlaxity, myopia, mitral valve prolapse (MVP), and aortic insufficiency)		
Eyes / Ears / Nose / Throat - Pupils equal / Hearing		
Lymph Nodes		
Heart - Murmurs (auscultation standing, auscultation supine, and +/- Valsalva maneuver)		
Lungs		
Abdomen		
Skin - Herpes simplex virus (HSV), lesions suggestive of methicillin-resistant Staphylococcus aureus (MRSA), or tinea corporis		
Neurologic		
Musculoskeletal:		
- Neck		
- Back		
- Shoulders/Arm		
- Elbow/Forearm		
- Wrist/Hand/Fingers		
- Hip/Thighs		
- Knees		
- Leg/Ankles		
- Foot/Toes		
- Functional: Double-leg squat test, single leg squat test, and box drop or step drop test		

Consider: electrocardiography (ECG), echocardiography, and referral to cardiologist for abnormal cardiac history or examination findings or a combination of those.

Preparticipation Physical Evaluation

___ Medically eligible for all sports without restriction.
 ___ Medically eligible for all sports without restriction with recommendations for further evaluation or treatment of: _____
 ___ Medically eligible for certain sports: _____
 ___ Not medically eligible pending further evaluation.
 ___ Not medically eligible for any sports.
 Recommendations: _____

I have examined the student named on this form and completed the preparticipation physical evaluation. The athlete does not have apparent clinical contraindications to practice and can participate in the sport(s) as outlined on this form. If conditions arise after the athlete had been cleared for participation, the physician may rescind the medical eligibility until the problem is resolved and the potential consequences are completely explained to the athlete and parents or guardians.

Name of health care professional (print or type): _____ Date: _____

Address: _____ Phone: _____

Signature of health care professional: _____ MD, DO, NP, or PA

Preparticipation Physical Evaluation - History Form

Note: Complete and sign this form (with your parents if younger than 18) before your appointment.

Name: _____ Date of Birth: _____ Sex: _____

Date of Examination: _____ Sport(s): _____

List past and current medical conditions: _____

Have you ever had surgery? If yes, list all past surgical procedures: _____

Medicines and supplements: List all current prescriptions, over-the-counter medicines, and supplements (herbal and nutritional): _____

Do you have any allergies? If yes, please list all your allergies (ie, medicines, pollens, food, stinging insects): _____

General Questions. Explain "Yes" answers at the end of this form. Circle questions if you don't know the answer.		Yes	No	Medical Questions		Yes	No
1. Do you have any concerns that you would like to discuss with your provider?				16. Do you cough, wheeze, or have difficulty breathing during or after exercise?			
2. Has a provider ever denied or restricted your participation in sports for any reason?				17. Are you missing a kidney, an eye, a testicle (males), your spleen, or any other organ?			
3. Do you have any ongoing medical issues or recent illness?				18. Do you have groin or testicle pain or a painful bulge or hernia in the groin area?			
Heart Health Questions About You	Yes	No		19. Do you have any recurring skin rashes or rashes that come and go, including herpes or methicillin-resistant Staphylococcus aureus (MRSA)?			
4. Have you ever passed out or nearly passed out DURING or AFTER exercise?				20. Have you ever had a concussion or head injury that caused confusion, a prolonged headache, or memory problems?			
5. Have you ever had discomfort, pain, tightness, or pressure in your chest during exercise?				21. Have you ever had numbness, tingling, or weakness in your arms or leg, or been unable to move your arms or legs after being hit or falling?			
6. Does your heart ever race, flutter in your chest or skip beats (irregular beats) during exercise?				22. Have you ever become ill while exercising in the heat?			
7. Has a doctor ever told you that you have any heart problems?				23. Do you or someone in your family have sickle cell trait or disease?			
8. Has a doctor ever ordered a test for your heart? (for example Electrocardiography (ECG) or echocardiography).				24. Have you ever had or do you have any problems with your eyes or vision?			
9. Do you get lightheaded or feel shorter of breath than your friends during exercise?				25. Do you worry about your weight?			
10. Have you ever had a seizure?				26. Are you trying to or has anyone recommended that you gain or lose weight?			
Health Questions About Your Family	Yes	No		27. Are you on a special Diet or do you avoid certain types of foods?			
11. Has any family member or relative died of heart problems or had an unexpected or unexplained sudden death before age 35 (including drowning or unexplained car accident)?				28. Have you ever had an eating disorder?			
12. Does anyone in your family have a genetic heart problem such as hypertrophic cardiomyopathy, Marfan syndrome, arrhythmogenic right ventricular cardiomyopathy (ARVC), long QT syndrome (LQTS), short QT syndrome (SQTs), Brugada syndrome, or catecholaminergic polymorphic ventricular tachycardia (CPVT)?				Females Only	Yes	No	
13. Does anyone in your family had a pacemaker or implanted Defibrillator before age 35?				29. Have you ever had a menstrual period?			
Bone and Joint Questions	Yes	No		30. How old were you when you had your first menstrual period?			
14. Have you ever had a stress fracture or an injury to a bone, muscle, ligament, joint or tendon that caused you to miss a game or practice?				31. When was your most recent menstrual period?			
15. Do you have a bone, muscle, ligament or joint injury that bothers you?				32. How many periods have you had in the past 12 months?			

Explain a "Yes" answer here: _____

I hereby state that, to the best of my knowledge, my answers to the questions on this form are complete and correct.

Signature of athlete: _____

Signature of parent or guardian: _____

Date _____

Parent's Permission & Acknowledgement of Risk for Son or Daughter to Participate in Athletics

Name (please print) _____

As a parent or legal guardian of the above named student-athlete. I give permission for his/her participation in athletic events and the physical evaluation for that participation. I understand that this is simply a screening evaluation and not a substitute for regular health care. I also grant permission for treatment deemed necessary for a condition arising during participation of these events, including medical or surgical treatment that is recommended by a medical doctor. I grant permission to nurses, trainers and coaches as well as physicians or those under their direction who are part of athletic injury prevention and treatment, to have access to necessary medical information. I know that the risk of injury to my child/ward comes with participation in sports and during travel to and from play and practice. I have had the opportunity to understand the risk of injury during participation in sports through meetings, written information or by some other means. My signature indicates that to the best of my knowledge, my answers to the above questions are complete and correct. I understand that the data acquired during these evaluations may be used for research purposes.

Signature of Athlete _____

Date: _____

Signature of Parent/Guardian _____

Date: _____



MEDIA RELEASE/PARENT PLEDGE

Media Release: As a parent of a student-athlete in Beaufort County School District (BCSD), I understand the student-athlete may be photographed, videotaped or interviewed by the school district to promote BCSD. This includes the live streaming of sporting events to the general public. I understand that pictures, videos and interviews may be used on the BCSD website, in school district publications, external publications and electronic media..

Student Name: (PRINT): _____

Student Signature: _____ Date: _____

Parent/Guardian (PRINT): _____

Parent/Guardian Signature: _____ Date: _____

Parent Pledge: As a parent, I understand that I am a role model. My signature below indicates my agreement to each of the following: I will remember that school athletics are an extension of the classroom, offering learning experiences for students, whether participating or spectating. I will show respect for the opposing teams involved. Using inappropriate language and taunting are contrary to the spirit of fair play and good sportsmanship that the BCSD, its schools, the athletic conferences in which our schools participate and the SCHSL expects of its members. I accept my responsibility to model good sportsmanship that comes with being the parent of a student-athlete. I agree to encourage and support my student by attending parent meetings as required by the school/coach. Lending support to the school/activity booster club, ensuring that my student follows all SCHSL, BCSD, school, and team conduct, rules, interacting with classroom teachers, counselors, and school administrators on a regular basis to monitor the academic success/progress of my student, demonstrating good sportsmanship at all times towards coaches, officials, competitors, and personnel, submitting all fees and forms as required for participation, following the established methods to address program/individual concerns by first contacting my student's coach, attending contests in which my students will be involved as often as possible, and ensuring my student has the necessary transportation to/from practices and events.

Student Name: (PRINT): _____

Student Signature: _____ Date: _____

Parent/Guardian (PRINT): _____

Parent/Guardian Signature: _____ Date: _____



PARENTAL PERMISSION AGREEMENT FORM

School: _____ Activity: _____

Student Name: _____ Grade: _____

As the parent/guardian of a Beaufort County School District student, choosing to participate in co-curricular activities, I agree to encourage and support my son/daughter and his/her activity by:

1. Attending parent meetings as required by the school/coach
2. Lending support to the school/activity Booster Club
3. Ensure that my son/daughter follows all state, district, student code of conduct and all discipline codes at all times
4. Interacting with classroom teachers, counselors, and school administration on a regular basis to monitor the academic success/progress of my student
5. Demonstrating good sportsmanship at all times towards coaches, officials, home team/visitors, competitors and personnel
6. Submitting all fees and forms as required for participants
7. Following the established methods to address program/individual concerns by making the initial contact for a scheduled conference by using the Chain of Command:
 - A. Assistant Coach
 - B. Head Coach
 - C. Athletic Director
 - D. Assistant Principal
 - E. Principal
 - F. District Office
8. Attending contest in which my student will be involved as much as possible
9. Ensuring my student has the necessary transportation to/from practices and events

As a parent/guardian, I understand that my direct involvement and support is necessary in order for this to be a valuable experience for my son/daughter. My signature below indicates that I have agreed to the above terms of this agreement.

Parent/Guardian (PRINT): _____

Parent/Guardian Signature: _____

Date: _____



DRUG TESTING CONSENT FORM

I desire _____, (student) be able to participate in some or all of the following voluntary activities or privileges offered by the Beaufort County School District which includes: interscholastic athletics, other voluntary extra-curricular activities, and campus parking privileges.

I hereby agree that:

- ☐ I have read and understand the Beaufort County School District's administrative regulation governing random student drug testing
- ☐ _____, (student) shall be enrolled in the Beaufort County School District random drug testing program beginning with this school year and may be drug-tested in accordance with the random drug testing regulation at any time during his/her enrollment in the Beaufort County School District.
- ☐ Drug test of student under the random drug testing regulation are completely voluntary and a student is never forced to undergo a drug test. However, a refusal to take a drug test shall result in the same consequences as a positive drug test.
- ☐ Drug test results may be released to the student, parent/guardian, the contracted Test Administrator for the Beaufort County School District, Medical Review Officer, Superintendent designee and the student's School Principal.

Name of Student (PRINT)

Name of Parent/Guardian

Signature of Student

Signature of Parent/Guardian

Dated: _____, 20____



STUDENT – ATHLETE CONCUSSION ACKNOWLEDGEMENT STATEMENT

I, _____, understand that it is my responsibility to report all injuries and illnesses, including concussions, to my athletic trainer and/or head coach.

I have read and understand the CDC concussion fact sheet, *A Concussion Fact Sheet for Athletes*, and am aware of the following information:

1. A concussion is a brain injury, which I am responsible for reporting to the head coach or athletic trainer.
2. A concussion can affect my ability to perform everyday activities and affect reaction time, balance, sleep, and classroom performance.
3. I cannot see a concussion, but I might notice some of the symptoms right away. I understand other symptoms can show up hours or days after the injury.
4. If I suspect a teammate has a concussion, I am responsible for reporting the injury to my head coach or athletic trainer.
5. I will not return to play in a game or practice if I have received a blow to the head or body that results in concussion-related symptoms.
6. Following concussion, I understand that the brain needs time to heal. I understand that I am much more likely to have a repeat concussion if I return to play before symptoms resolve.
7. In rare cases, I realize repeat concussions can cause permanent brain damage and even death.

I acknowledge that I have read and understand the CDC's *A Fact Sheet for Athletes* and the Beaufort County Student Athlete Insurance Coverage policy and accept these responsibilities to protect my well-being. If I have any questions, it is my responsibility to ask the athletic training staff or my coach.

Student Name:	Signature:	Date:
Name of Parent/Guardian:	Signature:	Date:

**WAIVER/RELEASE FOR COMMUNICABLE DISEASES INCLUDING COVID-19
ASSUMPTION OF RISK / WAIVER OF LIABILITY**

I understand that the novel coronavirus ("COVID-19"), has been declared a worldwide pandemic by the World Health Organization. COVID-19 is considered to be highly contagious and can result in a range of symptoms which include, but are not limited to fever, shortness of breath, fatigue, loss of taste or smell, and nausea or vomiting. These symptoms can be mild or severe, sometimes resulting in death. COVID-19 is particularly dangerous for anyone with underlying health conditions or the elderly. For additional information on COVID-19, please visit: <https://www.cdc.gov/coronavirus/2019-ncov/index.html> . I acknowledge that COVID-19 is primarily spread by person-to-person contact through respiratory droplets. These droplets can be released into the air when an infected person breathes, coughs, sneezes or talks. The droplets can be inhaled by another person, land in their nose or mouth, or land on a surface that is later touched by another person. A person does not have to be showing signs of illness in order to spread this virus. I understand that the risk of person-to-person spread of the virus is increased by close physical contact, rapid breathing, and the release of bodily fluid (sweat, spit, vomit, or other bodily fluid). I acknowledge that participation in sporting events and athletic training can result in the above listed actions and could increase the risk of transmitting COVID-19.

Beaufort County School District (the "District") has put in place preventative measures to reduce the spread of COVID-19; however, the District cannot guarantee that you or your child(ren) will not become infected with COVID-19. Further, attending and/or participating in any school-related activity within the District's schools could increase your risk and your child(ren)'s risk of contracting COVID-19.

By signing this agreement, I acknowledge that I understand the risks related to COVID-19 and understand that the risk of contracting COVID-19 is increased by participation in athletic training and events. I further understand that my child's continued participation as part of the athletic team is not contingent upon their participation in this current training. I voluntarily assume the risk of my child, _____ (name of child), to participate in athletic training related to all sports at _____ (name of school) in the District. I acknowledge that my child(ren) and I may be exposed to or infected by COVID-19 by attending and/or participating in sports related activities in connection with the District's schools and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that my child(ren)'s attendance and/or participation school related activities within the District's schools is completely voluntary. I understand that the risk of becoming exposed to or infected by COVID-19 may result from the actions, omissions, or negligence of myself, my child(ren) and others, including, but not limited to, the District's employees, volunteers, and other participants and their families.

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren) or myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I or my child(ren) may experience or incur in connection with my child(ren)'s attendance and/or participation in school related activities at the District's schools ("Claims"). I and my child(ren) willingly agree to comply with the preventative measures and conditions for attendance and participation in school related activities for protection against the spread of COVID-19.

On my behalf, and on behalf of my child(ren), I hereby release, covenant not to sue, discharge, and hold harmless the District, its employees, agents, and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of the District, its employees, agents, representatives, and the Board of Education whether a COVID-19 infection occurs before, during, or after participation in any school related activities.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IF FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Signature of Parent/Guardian: _____

Date: _____

Printed name of Parent/Guardian: _____

Printed name of Student: _____

School: _____