Arvin Union School District

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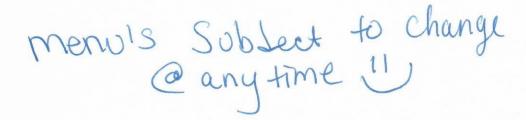
October Breakfast 2021

Oct 4, 2021

Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				Oct - 1 Oatmeal Bar - Chocola FRESH PEAR
				Juice - Apple 4.23 oz MILK, 1% LOWFAT, C MILK, NONFAT CHOC
Oct - 4	Oct - 5	Oct - 6	Oct - 7	Oct - 8
CHOC. GRAHAM BEA STRING CHEESE Apple, medium, fresh 1 Juice - Orange tangeri MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Pan Dulce FRESH PEAR Juice - White grape 4.2 MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Muffin-chocolate chip Apple, medium, fresh 1 Juice - Apple 4.23 oz MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Frudel- Cherry PEARS,FRESH Juice - Apple 4.23 oz MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Pop Tart - Strawberry Apple, medium, fresh 1 Juice - Cranberry Rasp MILK, 1% LOWFAT, C MILK, NONFAT CHOC
Oct - 11	Oct - 12	Oct - 13	Oct - 14	Oct - 15
CHOC. GRAHAM BEA STRING CHEESE FRESH PEAR Juice - Apple 4.23 oz MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Mini pancakes maple fl Apple, medium, fresh 1 Juice - Orange tangeri MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Donut- powdered hole FRESH PEAR Juice - Apple 4.23 oz MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oatmeal Bar - Chocola Apple, medium, fresh 1 Juice - Cranberry Rasp MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Cereal bar - Cinn Toas FRESH PEAR Juice - Apple 4.23 oz MILK, 1% LOWFAT, C MILK, NONFAT CHOC
Oct - 18	Oct - 19	Oct - 20	Oct - 21	Oct - 22
CHOC. GRAHAM BEA STRING CHEESE Apple, medium, fresh 1 Juice - Orange tangeri MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	GLAZED FRENCH CINNAMON TOAST FRESH PEAR Juice - Apple 4.23 oz MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	BLUEBERRY MUFFIN Apple, medium, fresh 1 Juice - Cranberry Rasp MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	MINI CINNIS FRESH PEAR Juice - White grape 4.2 MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Pop Tart - Strawberry Apple, medium, fresh 1 Juice - Cranberry Rasp MILK, 1% LOWFAT, C MILK, NONFAT CHOC
Oct - 25	Oct - 26	Oct - 27	Oct - 28	Oct - 29
CHOC. GRAHAM BEA STRING CHEESE FRESH PEAR Juice - Apple 4.23 oz MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Pan Dulce Apple, medium, fresh 1 Juice - Cranberry Rasp MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Breakfast Cluster FRESH PEAR Juice - Apple 4.23 oz MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	BURRITO, EGG, chee Apple, medium, fresh 1 Juice - Orange tangeri MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Cereal Bar - Cocoa Puf FRESH PEAR Juice - Apple 4.23 oz MILK, 1% LOWFAT, C MILK, NONFAT CHOC

none



^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data.

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Arvin Union School District October 2021

October 202 Lunch Oct 4, 2021

Flementary Lunch Menu

Monday	Tuesday	Elementary Lunch Me	Thursday	Friday
				Oct - 1 HOT DOG ON A BUN CHILI BEANS BROCCOLI,raw DICED PEARS Ketchup packet MUSTARD MILK, 1% LOWFAT, C MILK, NONFAT CHOC
Oct - 4	Oct - 5	Oct - 6	Oct - 7	Oct - 8
Cheese & Green Chile Refried beans classic Fruit Mix, Canned, Extr Taco Sauce MILK, 1% LOWFAT, C MILK, NONFAT CHOC	Chalupa - Beef & Chee Corn, whole kernel (liq CHILLED PEACHES Taco Sauce MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Chicken patties, bread Hamburger Bun WW- French Fries -Twister Applesauce, canned, u Ketchup packet MAYONNAISE PKG. MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Orange Chicken BROCCOLI CHICKEN FLAVORED RICE JUICY GRAPES MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	PEPPERONI PIZZA Salad Mix Apricots, halves, extra I MILK, 1% LOWFAT, C MILK, NONFAT CHOC
Oct - 11	Oct - 12	Oct - 13	Oct - 14	Oct - 15
Quesadilla- chicken an SEASONED GREEN CHILLED PEACHES Taco Sauce MILK, 1% LOWFAT, C MILK, NONFAT CHOC	Beef, Bean and red chil Corn, whole kernel (liq Apple Chips Taco Sauce MILK, 1% LOWFAT, C MILK, NONFAT CRYT	TURKEY POSOLE / C SHRED. CABBAGE LEMON WEDGE RAISINS, BOX, USDA/ MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Chicken Strip - Tyson Mash Potatoes FRESH TANGERINES MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	NACHO CHEESE W/ CHIPS Carrots - baby peeled DICED PEARS Taco Sauce MILK, 1% LOWFAT, C MILK, NONFAT CHOC
Oct - 18	Oct - 19	Oct - 20	Oct - 21	Oct - 22
Grilled Cheese Sandwi BROCCOLI,raw CHILLED PEACHES MILK, 1% LOWFAT, C MILK, NONFAT CHOC	Chicken Fajita Bowl TORTILLA CHIPS FRUIT MIX Taco Sauce MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Corn Dog- Chicken French Fries -Twister Applesauce, canned, u Ketchup packet MUSTARD MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Roasted chicken USD Mash Potatoes CHOICE OF FRESH F ROLLS, WHOLE WHE MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Turkey & Cheese Hoa Carrots - baby peeled RAISINS, BOX, USDA/ MILK, 1% LOWFAT, C MILK, NONFAT CHOC
Oct - 25	Oct - 26	Oct - 27	Oct - 28	Oct - 29
Enchiladas - cheese (2 Salad Mix Applesauce, canned, u Taço Sauce MILK, 1% LOWFAT, C MILK, NONFAT CHOC	SOFT TACO Refried beans classic Apricots, halves, extra I Taco Sauce MILK, 1% LOWIFAT, C MILK, NONFAT, CRYT	SWEET & SOUR SAU Chicken breast - grilled CHICKEN FLAVORED RICE CARROTS FRUIT MIX MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Chicken drumstick- bre BROCCOLI CHOICE OF FRESH F FRUIT FLAVORED GELATIN MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Pizza - Tonys deep dis Carrots - baby peeled RAISINS, BOX, USDA/ MILK, 1% LOWFAT, C MILK, NONFAT CHOC

none

menu SubJect to change @ any time

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.
* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Arvin Union School District

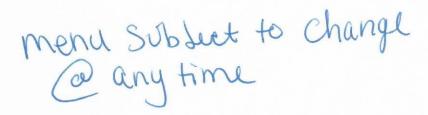
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October 2021
ASP Supper

Oct 4, 2021

Monday	Tuesday	Wednesday	Thursday	Friday
monacy				Oct - 1 PRETZEL Nacho Cheese Cup BABY CARROT STIC Juice - Apple 4.23 oz MILK, 1% LOWFAT, C MILK, NONFAT CHOC
Oct - 4	Oct - 5	Oct - 6	Oct - 7	Oct - 8
PIZZA, WG 4X6 Salad Mix Juice - Apple 4.23 oz MILK, 1% LOWFAT, C MILK, NONFAT CHOC	Cheeseburger Sliders French Fries- Waffle Juice - Apple 4.23 oz Ketchup packet MUSTARD MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Grilled Cheese Sandwi BROCCOLI,raw CHOC. GRAHAM BEA MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	BURRITO Corn, whole kernel (liq Juice - Apple 4.23 oz Taco Sauce MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Sunbutter & Jelly Uncr BABY CARROT STIC Juice - Apple 4.23 oz MILK, 1% LOWFAT, C MILK, NONFAT CHOC
Oct - 11	Oct - 12	Oct - 13	Oct - 14	Oct - 15
Mac & Cheese Salad Mix CHOC. GRAHAM BEA Juice - Apple 4.23 oz MILK, 1% LOWFAT, C MILK, NONFAT CHOC	BUILD YOUR OWN T Refried beans classic Juice - Fruit punch 4.2 Taco Sauce MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Chicken Drumstick - gl Mash Potatoes Corn muffin Juice - Apple 4.23 oz MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Teriyaki Chicken Rice Carrots - baby peeled Juice - Apple 4.23 oz MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Meatball Sub Sunbutter cups CHOC. GRAHAM BEA MILK, 1% LOWFAT, C MILK, NONFAT CHOC
Oct - 18	Oct - 19	Oct - 20	Oct - 21	Oct - 22
Flaquito- Chile and che Salad Mix Juice - Apple 4.23 oz Taco Sauce MILK, 1% LOWFAT, C MILK, NONFAT CHOC	HOT DOG ON A BUN French Fries -Twister Juice - Fruit punch 4.2 Ketchup packet MUSTARD MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Pizza - Tonys deep dis Salad Mix FRUIT FLAVORED GELATIN MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Enchiladas - cheese (2 Carrots - baby peeled Juice - Orange tangeri Taco Sauce MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	TORTILLA CHIPS Refried beans classic BROCCOLI,raw Juice - Cranberry Rasp Taco Sauce MILK, 1% LOWFAT, C MILK, NONFAT CHOC
Oct - 25	Oct - 26	Oct - 27	Oct - 28	Oct - 29
Mac & Cheese CHOC. GRAHAM BEA Carrots - baby peeled Juice - Fruit punch 4.2 MILK, 1% LOWFAT, C MILK, NONFAT CHOC	Chicken breast - grilled Hamburger Bun WW- French Fries- Waffle MAYONNAISE PKG. Ketchup packet MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Chicken Nuggets WAFFLES Syrup packet Carrots - baby peeled Juice - White grape 4.2 MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Fiestada Beef stuffed s Salad Mix Juice - Cranberry Rasp Taco Sauce MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Bread stick stuffed with Spaghetti Sauce, meatl Salad Mix Raisels Juice - Apple 4.23 oz MILK, 1% LOWFAT, C MILK, NONFAT CHOC

none



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