

Arvin Union School District

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October
Breakfast
2021

Oct 4, 2021

Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				Oct - 1 Oatmeal Bar - Chocola FRESH PEAR Juice - Apple 4.23 oz MILK, 1% LOWFAT, C MILK, NONFAT CHOC
Oct - 4 CHOC. GRAHAM BEA STRING CHEESE Apple, medium, fresh 1 Juice - Orange tangeri MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 5 Pan Dulce FRESH PEAR Juice - White grape 4.2 MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 6 Muffin-chocolate chip Apple, medium, fresh 1 Juice - Apple 4.23 oz MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 7 Frudel- Cherry PEARS,FRESH Juice - Apple 4.23 oz MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 8 Pop Tart - Strawberry Apple, medium, fresh 1 Juice - Cranberry Rasp MILK, 1% LOWFAT, C MILK, NONFAT CHOC
Oct - 11 CHOC. GRAHAM BEA STRING CHEESE FRESH PEAR Juice - Apple 4.23 oz MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 12 Mini pancakes maple fl Apple, medium, fresh 1 Juice - Orange tangeri MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 13 Donut- powdered hole FRESH PEAR Juice - Apple 4.23 oz MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 14 Oatmeal Bar - Chocola Apple, medium, fresh 1 Juice - Cranberry Rasp MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 15 Cereal bar - Cinn Toas FRESH PEAR Juice - Apple 4.23 oz MILK, 1% LOWFAT, C MILK, NONFAT CHOC
Oct - 18 CHOC. GRAHAM BEA STRING CHEESE Apple, medium, fresh 1 Juice - Orange tangeri MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 19 GLAZED FRENCH CINNAMON TOAST FRESH PEAR Juice - Apple 4.23 oz MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 20 BLUEBERRY MUFFIN Apple, medium, fresh 1 Juice - Cranberry Rasp MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 21 MINI CINNIS FRESH PEAR Juice - White grape 4.2 MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 22 Pop Tart - Strawberry Apple, medium, fresh 1 Juice - Cranberry Rasp MILK, 1% LOWFAT, C MILK, NONFAT CHOC
Oct - 25 CHOC. GRAHAM BEA STRING CHEESE FRESH PEAR Juice - Apple 4.23 oz MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 26 Pan Dulce Apple, medium, fresh 1 Juice - Cranberry Rasp MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 27 Breakfast Cluster FRESH PEAR Juice - Apple 4.23 oz MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 28 BURRITO, EGG, chee Apple, medium, fresh 1 Juice - Orange tangeri MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 29 Cereal Bar - Cocoa Puf FRESH PEAR Juice - Apple 4.23 oz MILK, 1% LOWFAT, C MILK, NONFAT CHOC

none

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@ any time 😊

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Arvin Union School District

October 2021

Lunch

Oct 4, 2021

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Elementary Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				Oct - 1 HOT DOG ON A BUN CHILI BEANS BROCCOLI, raw DICED PEARS Ketchup packet MUSTARD MILK, 1% LOWFAT, C MILK, NONFAT CHOC
Oct - 4 Cheese & Green Chile Refried beans classic Fruit Mix, Canned, Extr Taco Sauce MILK, 1% LOWFAT, C MILK, NONFAT CHOC	Oct - 5 Chalupa - Beef & Chee Corn, whole kernel (liq CHILLED PEACHES Taco Sauce MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 6 Chicken patties, bread Hamburger Bun WW- French Fries -Twister Applesauce, canned, u Ketchup packet MAYONNAISE PKG. MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 7 Orange Chicken BROCCOLI CHICKEN FLAVORED RICE JUICY GRAPES MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 8 PEPPERONI PIZZA Salad Mix Apricots, halves, extra l MILK, 1% LOWFAT, C MILK, NONFAT CHOC
Oct - 11 Quesadilla- chicken an SEASONED GREEN CHILLED PEACHES Taco Sauce MILK, 1% LOWFAT, C MILK, NONFAT CHOC	Oct - 12 Beef, Bean and red chil Corn, whole kernel (liq Apple Chips Taco Sauce MILK, 1% LOWFAT, C MILK, NONFAT CRYT	Oct - 13 TURKEY POSOLE / C SHRED. CABBAGE LEMON WEDGE RAISINS, BOX, USDA/ MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 14 Chicken Strip - Tyson Mash Potatoes FRESH TANGERINES MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 15 NACHO CHEESE W/ CHIPS Carrots - baby peeled DICED PEARS Taco Sauce MILK, 1% LOWFAT, C MILK, NONFAT CHOC
Oct - 18 Grilled Cheese Sandwi BROCCOLI, raw CHILLED PEACHES MILK, 1% LOWFAT, C MILK, NONFAT CHOC	Oct - 19 Chicken Fajita Bowl TORTILLA CHIPS FRUIT MIX Taco Sauce MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 20 Corn Dog- Chicken French Fries -Twister Applesauce, canned, u Ketchup packet MUSTARD MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 21 Roasted chicken USD Mash Potatoes CHOICE OF FRESH F ROLLS, WHOLE WHE MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 22 Turkey & Cheese Hoa Carrots - baby peeled RAISINS, BOX, USDA/ MILK, 1% LOWFAT, C MILK, NONFAT CHOC
Oct - 25 Enchiladas - cheese (2 Salad Mix Applesauce, canned, u Taco Sauce MILK, 1% LOWFAT, C MILK, NONFAT CHOC	Oct - 26 SOFT TACO Refried beans classic Apricots, halves, extra l Taco Sauce MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 27 SWEET & SOUR SAU Chicken breast - grilled CHICKEN FLAVORED RICE CARROTS FRUIT MIX MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 28 Chicken drumstick- bre BROCCOLI CHOICE OF FRESH F FRUIT FLAVORED GELATIN MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 29 Pizza - Tonys deep dis Carrots - baby peeled RAISINS, BOX, USDA/ MILK, 1% LOWFAT, C MILK, NONFAT CHOC

none

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October 2021
ASP Supper

Oct 4, 2021

Monday	Tuesday	Wednesday	Thursday	Friday
				Oct - 1 PRETZEL Nacho Cheese Cup BABY CARROT STIC Juice - Apple 4.23 oz MILK, 1% LOWFAT, C MILK, NONFAT CHOC
Oct - 4 PIZZA, WG 4X6 Salad Mix Juice - Apple 4.23 oz MILK, 1% LOWFAT, C MILK, NONFAT CHOC	Oct - 5 Cheeseburger Sliders French Fries- Waffle Juice - Apple 4.23 oz Ketchup packet MUSTARD MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 6 Grilled Cheese Sandwi BROCCOLI, raw CHOC. GRAHAM BEA MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 7 BURRITO Corn, whole kernel (liq Juice - Apple 4.23 oz Taco Sauce MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 8 Sunbutter & Jelly Uncr BABY CARROT STIC Juice - Apple 4.23 oz MILK, 1% LOWFAT, C MILK, NONFAT CHOC
Oct - 11 Mac & Cheese Salad Mix CHOC. GRAHAM BEA Juice - Apple 4.23 oz MILK, 1% LOWFAT, C MILK, NONFAT CHOC	Oct - 12 BUILD YOUR OWN T Refried beans classic Juice - Fruit punch 4.2 Taco Sauce MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 13 Chicken Drumstick - gl Mash Potatoes Corn muffin Juice - Apple 4.23 oz MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 14 Teriyaki Chicken Rice Carrots - baby peeled Juice - Apple 4.23 oz MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 15 Meatball Sub Sunbutter cups CHOC. GRAHAM BEA MILK, 1% LOWFAT, C MILK, NONFAT CHOC
Oct - 18 Flaquito- Chile and che Salad Mix Juice - Apple 4.23 oz Taco Sauce MILK, 1% LOWFAT, C MILK, NONFAT CHOC	Oct - 19 HOT DOG ON A BUN French Fries -Twister Juice - Fruit punch 4.2 Ketchup packet MUSTARD MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 20 Pizza - Tonys deep dis Salad Mix FRUIT FLAVORED GELATIN MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 21 Enchiladas - cheese (2 Carrots - baby peeled Juice - Orange tangeri Taco Sauce MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 22 TORTILLA CHIPS Refried beans classic BROCCOLI, raw Juice - Cranberry Rasp Taco Sauce MILK, 1% LOWFAT, C MILK, NONFAT CHOC
Oct - 25 Mac & Cheese CHOC. GRAHAM BEA Carrots - baby peeled Juice - Fruit punch 4.2 MILK, 1% LOWFAT, C MILK, NONFAT CHOC	Oct - 26 Chicken breast - grilled Hamburger Bun WW- French Fries- Waffle MAYONNAISE PKG. Ketchup packet MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 27 Chicken Nuggets WAFFLES Syrup packet Carrots - baby peeled Juice - White grape 4.2 MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 28 Fiestada Beef stuffed s Salad Mix Juice - Cranberry Rasp Taco Sauce MILK, 1% LOWFAT, C MILK, NONFAT, CRYT	Oct - 29 Bread stick stuffed with Spaghetti Sauce, meatl Salad Mix Raisels Juice - Apple 4.23 oz MILK, 1% LOWFAT, C MILK, NONFAT CHOC

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