



The Dinner Table Project

A program for families to eat together, have fun, and grow closer through conversation. November 2021

Conversation Starters

- What is your favorite part of the holiday season?
- How do the holidays make you feel?
- How do you think this holiday season will be different from last year?

Crock Pot Potato Soup

- 1 bag of frozen hash browns
- 1/2 Cup chopped onion
- 24 OZ chicken broth
- 1/3 TSP pepper
- 1 Can cream of chicken soup
- 8 OZ cream cheese

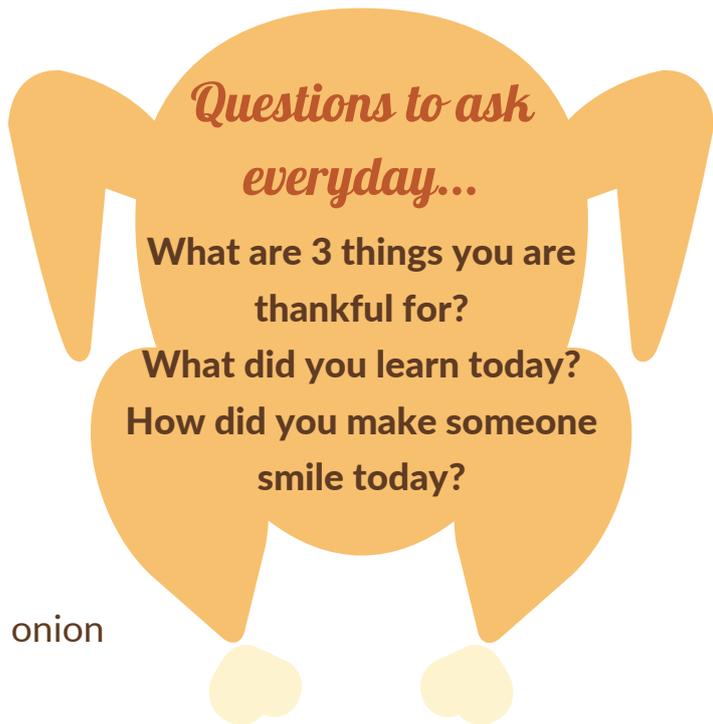
Place the frozen hash browns, chicken broth, cream of chicken soup, chopped onions, and ground black pepper in a crockpot. Cover the pot and turn the heat on low. Cook for 5 hours. Add 8 oz of softened cream cheese. Cook for an additional 30 minutes and stir now and then until combined. Optional but highly suggested: top with shredded Cheddar cheese, bacon strips, and minced green onion.

Nov 4th

International Tongue Twister Day



Peter Piper picked a peck of pickled peppers
 A peck of pickled peppers Peter Piper picked
 If Peter Piper picked a peck of pickled peppers
 Where's the peck of pickled peppers Peter Piper picked?

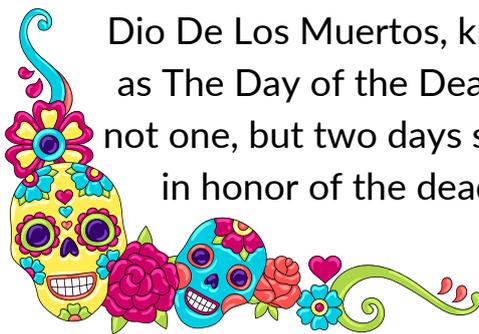


Questions to ask everyday...

- What are 3 things you are thankful for?
- What did you learn today?
- How did you make someone smile today?

Did you know...

Dio De Los Muertos, known as The Day of the Dead, is not one, but two days spent in honor of the dead.



A D A N T A
 Enhancing Lives



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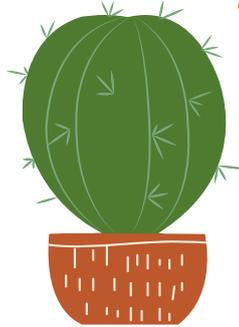
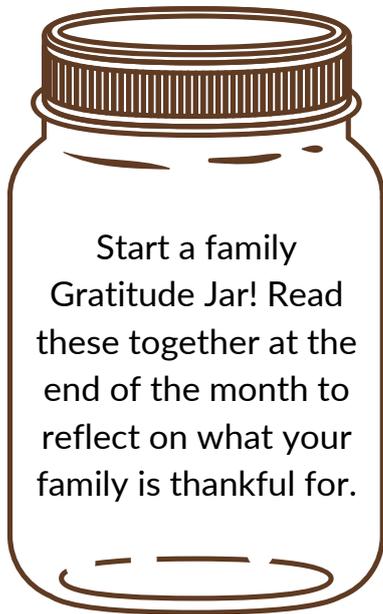


KENTUCKY REGIONAL PREVENTION CENTERS



The Counting Game

Somebody random begins with the number one. Another person follows at random with the next number. If two people say the same number at the same time, you start over. If there is more than a five-second pause, you start over. You are trying to get to the number 20.



Time to "winterize" your plants!

- Bring in your potted plants
- Plant "fall bulbs" for spring flowers.
- Protect your soil with mulch, shredded leaves or straw.
- Clean up your bird feeders to get them ready for winter birds!



Celebrate Veterans Day with DTP

What is Veterans Day?

Veterans Day pays tribute to all American veterans—living or dead—but especially gives thanks to living veterans who served their country honorably during war or peacetime.

Why is Veterans Day on November 11th?

November 11, 1918 is considered to be the end of WWI. Because of this, the United States made this a day to celebrate those who fought in the war. However, due to more fighting later, Veterans Day was changed to thank ALL those who fought in wars, not just in WWI.

Did you know...

Other countries celebrate Veterans Day as well! WWI was a group effort, and many countries helped in the war. Canada, Australia, and Great Britain have their own versions of Veterans Day they celebrate on or around November 11th each year!



thedinnertableproject.org

