

# **Issaquah School District**

Highlights from the 2021 Healthy Youth Survey (March 1, 2022)

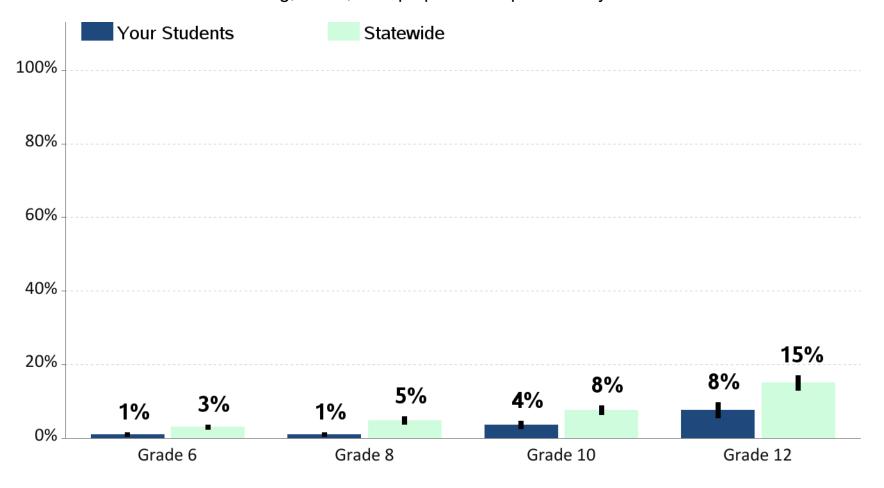
# Student Participation Issaquah School District

- 1,346 (85%) of Grade 6 students
- 1,295 (81%) of Grade 8 students
- 1,227 (78%) of Grade 10 students
  - 752 (47%) of Grade 12 students

#### Current Cigarette Smoking Percent of students who report smoking cigarettes in the past 30 days

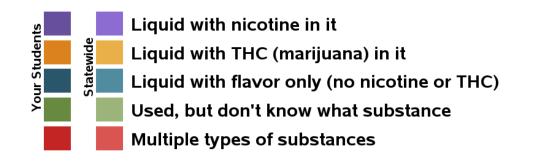
	Your St	tudents	5	statewide					
100% -									
80% -									
60% -									
40% -									
20% -									
0%	< 1%	1% -	< 1%	1% -	< 1%	<b>2%</b>	1%	<b>4%</b> ■	
	Grade 6		Grad	e 8	Grade	e 10	Grade 12		

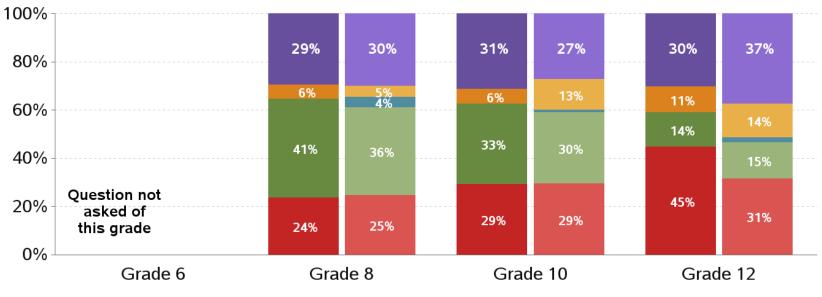
#### Current E-Cigarette Smoking or Vaping Percent of students who report using an electronic cigarette, e-cig, JUUL, or vape pen in the past 30 days



# Type of Substance Used in E-Cigarette or Vaped in Past 30 Days

Percentages are of students who used e-cigarettes in the past 30 days

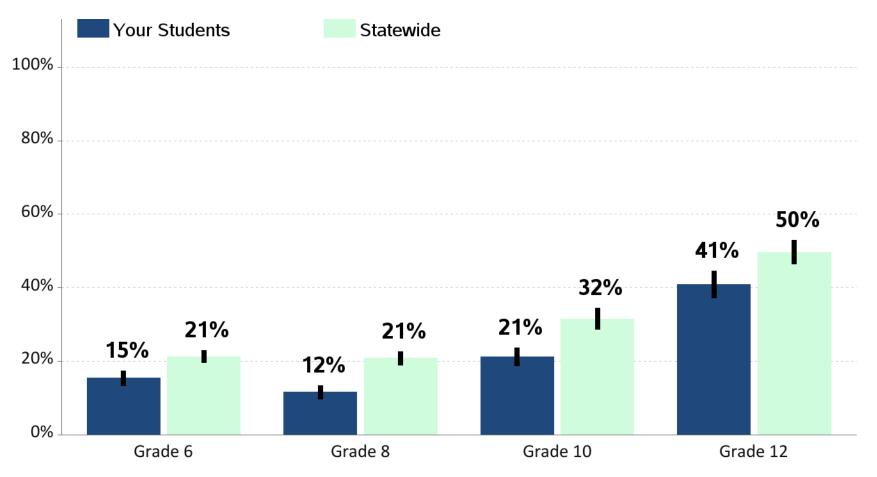




Issaquah School District - Source: 2021 Healthy Youth Survey

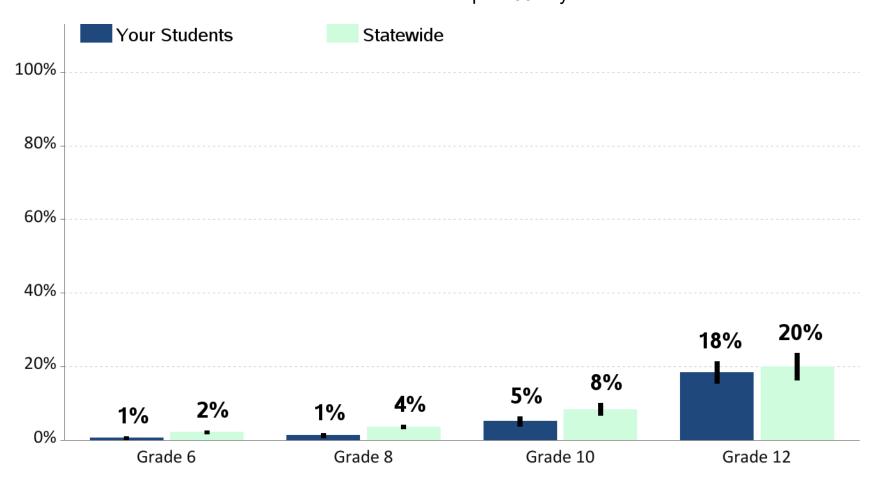
## Lifetime Alcohol Use

#### Percent of students who report having ever drunk more than a sip of alcohol

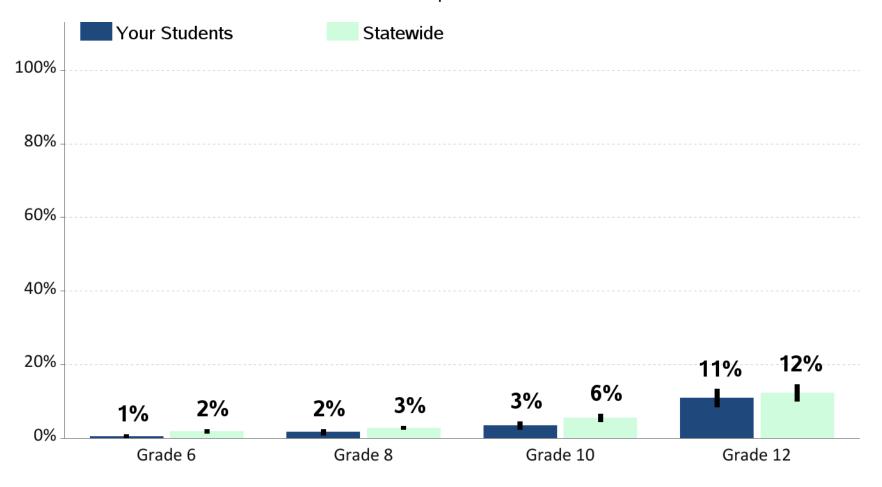


## Current Alcohol Use

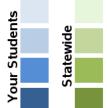
Percent of students who report having drunk a glass, can or bottle of alcohol in the past 30 days



#### Current Binge Drinking Percent of students who report having drunk 5 or more drinks in a row in the past 2 weeks

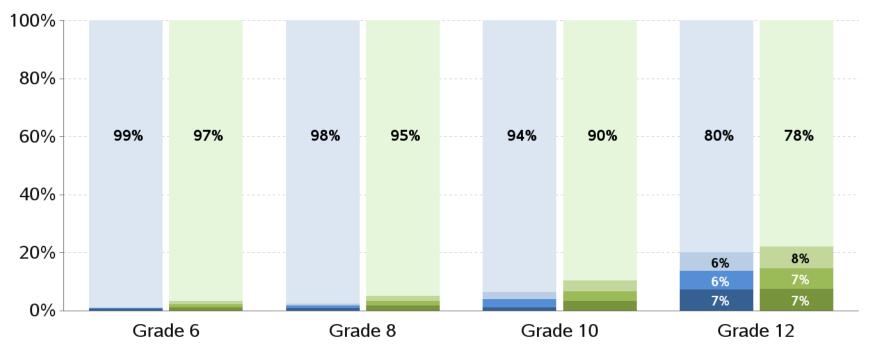


# Levels of Alcohol Use



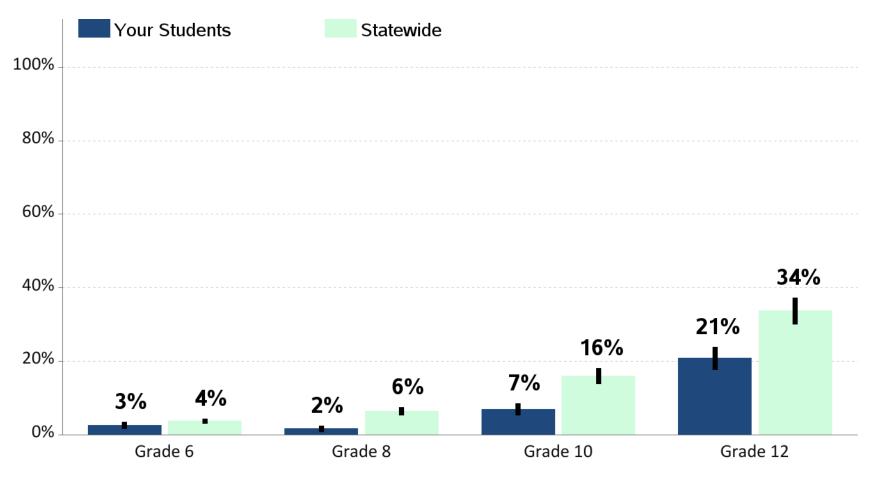
No drinking: (no drinking in the past 30 days)

Experimental drinking: (1-2 days drinking in the past 30 days, no binge drinking) Problem drinking: (3-5 days drinking in the past 30 days and/or 1 time binge drinking) Heavy drinking: (6+ days drinking in the past 30 days and/or 2+ binge drinking)



## Lifetime Marijuana Use

#### Percent of students who report having ever used marijuana

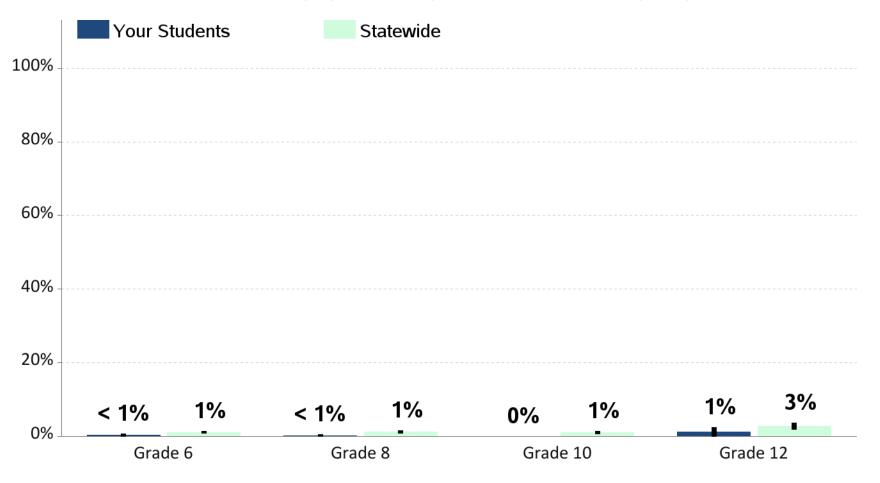


#### Current Marijuana Use Percent of students who report using marijuana in the past 30 days

	Your Students	Statewide				
100% -						
80% -						
60% -						
40% -				460/		
20% -	. 10/ 10/	1% 3%	3% 7%	16% 10%		
0%	< 1% 1%					
	Grade 6	Grade 8	Grade 10	Grade 12		

## Current Illegal Drug Use

Percent of students who report using illegal drugs in the past 30 days (not including alcohol, tobacco or marijuana)



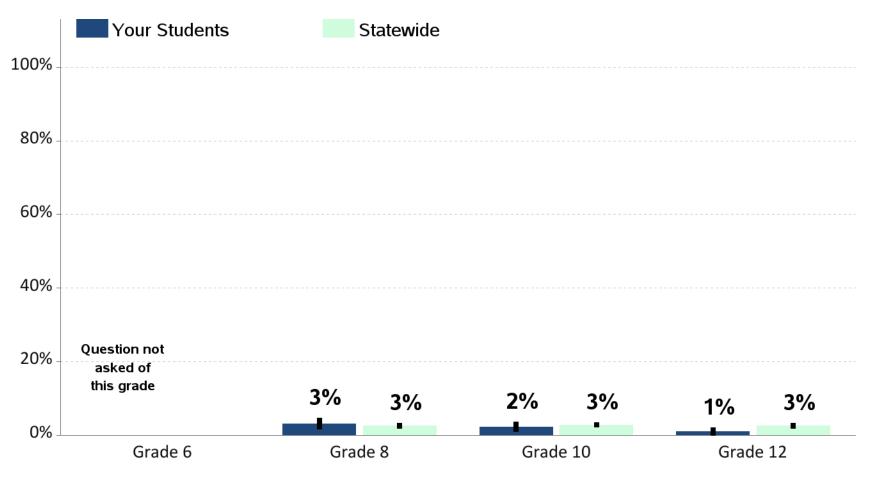
# Current Prescription Drug Use

Percent of students who report using prescription drugs not prescribed to them in the past 30 days

	Your Students	S	tatewide					
100% -								
80% -								
60% -								
40% -								
20% -	Question not asked of this grade			40/		40/		
0%		1%	1% -	1%	1% -	1%	2%	
0,0 -	Grade 6		e 8	Grade	10	Grade 12		

### Current Over-the-Counter Drug Use

Percent of students who report using over-the-counter drugs, like cough syrup or cold medicine for non-medical purposes in the past 30 days



#### Alcohol Drinking while Using Marijuana

Percent of students who report drinking alcohol at the same time they were using marijuana in the past 30 days

	Your Students		Statewide				
100% -							
80% -							
60% -							
40% -							
20% -	Question not asked of this grade	< 1%	2%	1%	<b>4%</b> ∎	6%	10% I
U70 -	Grade 6	Gra	de 8	Grade	e 10	Grade	e 12

## Substance Use at School

Percent of students who report being drunk or high while participating in school in the past year

	Your Students	Statewide		
100% -				
80% -				
60% -				
40% -				
20% -	Question not asked of this grade	1% 4%	3% 6%	11% 5%
0% _	Grade 6	Grade 8	Grade 10	Grade 12

#### Tobacco Use on School Property

Percent of students who report using cigarettes, cigars, or chew/dip on school property in the past 30 days (among those on school property in the past 30 days)

	Your Students		Statewide					
100% -								
80% -								
60% -								
40% -								
4070 -								
20% -	Question not							
	asked of this grade							
0%		< 1%	< 1%	< 1%	< 1%	< 1%	1% _	
	Grade 6	Gra	de 8	Grad	le 10	Grade 12		

## E-Cigarette Use on School Property

Percent of students who report using an electronic cigarette, e-cig, JUUL, or vape pen on school property in the past 30 days

(among those on school property in the past 30 days)

	Your Students		Statewide				
100% -							
80% -							
60% -							
40% -							
20% -	Question not asked of this grade	1%	2%	1%	4%	3%	7% ∎
0%	Grade 6	Gra	ade 8	Grade	10	Grade	12

#### Alcohol Use on School Property

Percent of students who report having at least one drink of alcohol on school property in the past 30 days (among those on school property in the past 30 days)

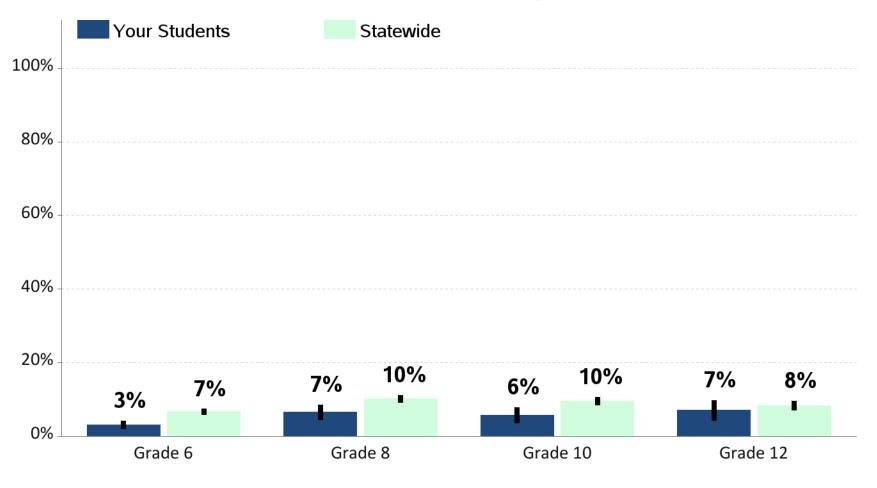
	Your Students	S	tatewide					
100% -								
80% -								
60% -								
40% -								
20% -	Question not asked of this grade						20/	
0%		< 1%	1%	< 1%	1% -	1%	2% _	
	Grade 6	Grade 8		Grade	e 10	Grade 12		

Marijuana Use on School Property Percent of students who report using marijuana on school property in the past 30 days (among those on school property in the past 30 days)

	Your Students		Statewide					
100% -								
80% -								
60% -								
40% -								
20% -	Question not asked of							
0%	this grade	< 1%	1%	< 1%	2%	2%	<b>4%</b> ∎	
0,0-	Grade 6		de 8	Grade 10		Grade 12		

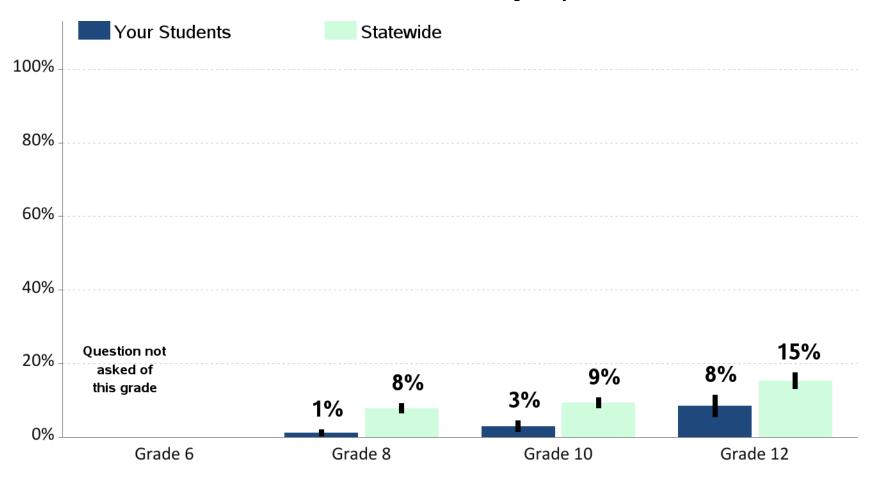
# Riding with a Drinking Driver

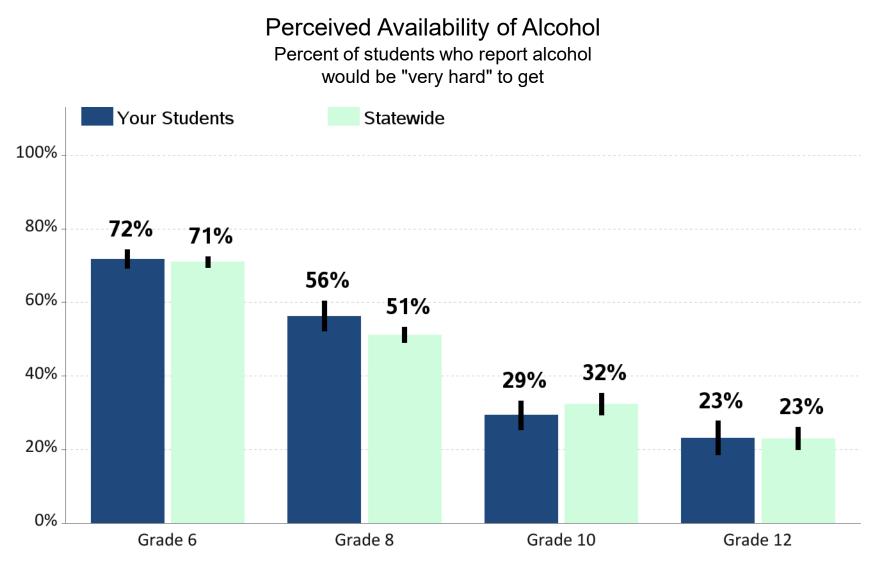
Percent of students who report having ridden in the past 30 days with a driver who had been drinking alcohol



## Riding With a Recent Marijuana User

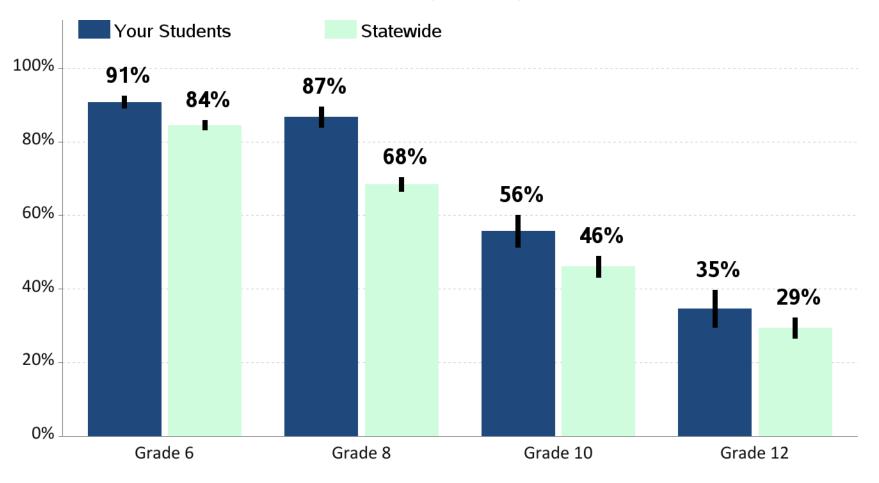
Percent of students who report having ridden in the past 30 days with a driver who had been using marijuana





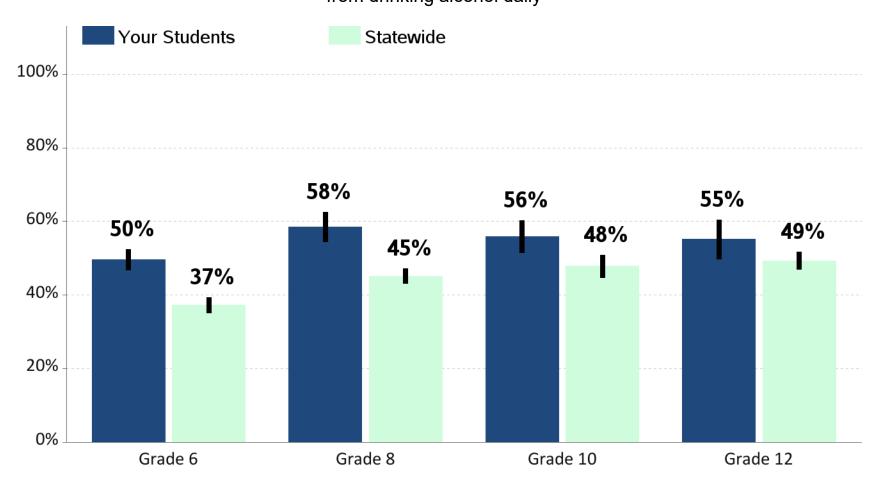
Perceived Availability of Cigarettes Percent of students who report cigarettes would be "very hard" to get Your Students Statewide 100% 84% 76% 72% 80% 62% 53% 60% 46% 40% 36% 40% 20% 0% Grade 6 Grade 8 Grade 10 Grade 12

Perceived Availability of Marijuana Percent of students who report marijuana would be "very hard" to get



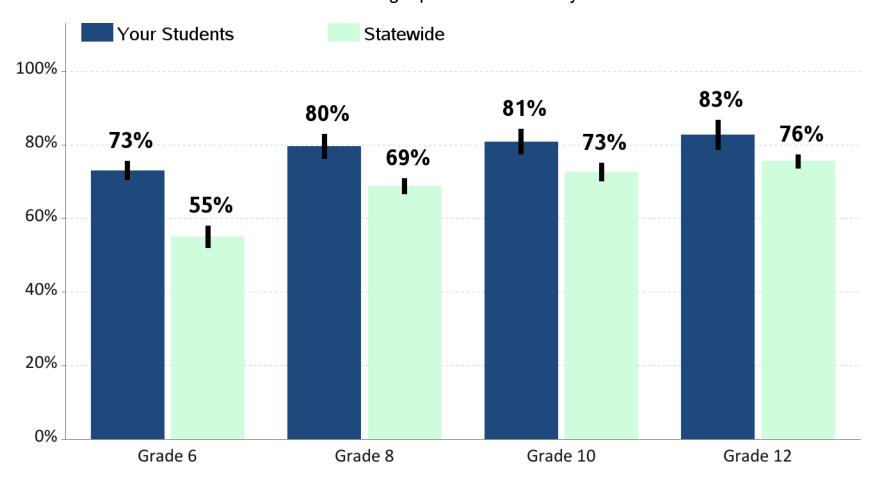
Perceived Risk of Regular Alcohol Use

Percent of students who report "great risk" of harm from drinking alcohol daily

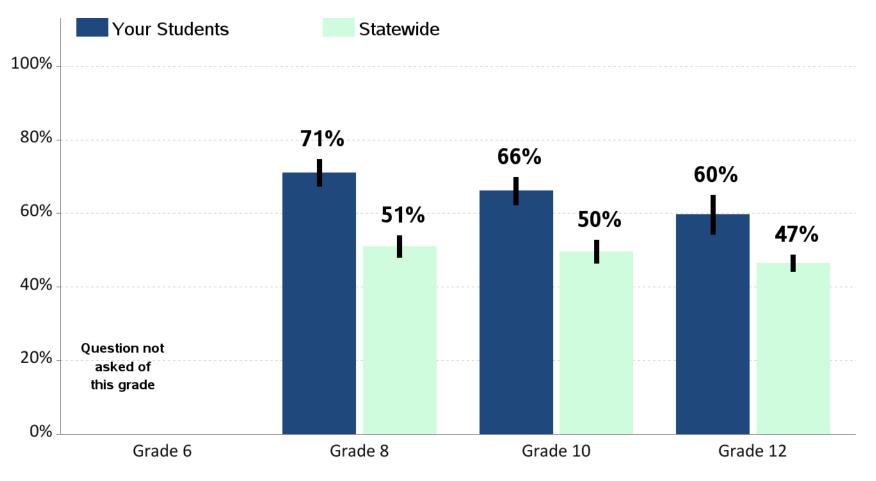


Perceived Risk of Regular Cigarette Smoking

Percent of students who report "great risk" of harm from smoking a pack or more a day

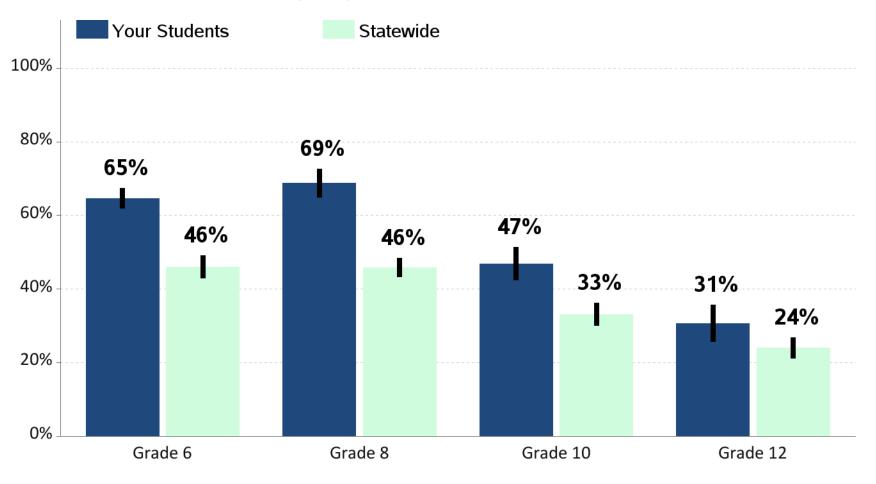


Perceived Risk of E-Cigarette Smoking or Vaping Percent of students who report "great risk" of harm from using e-cigarette, JUUL, or vape pen regularly (almost daily)



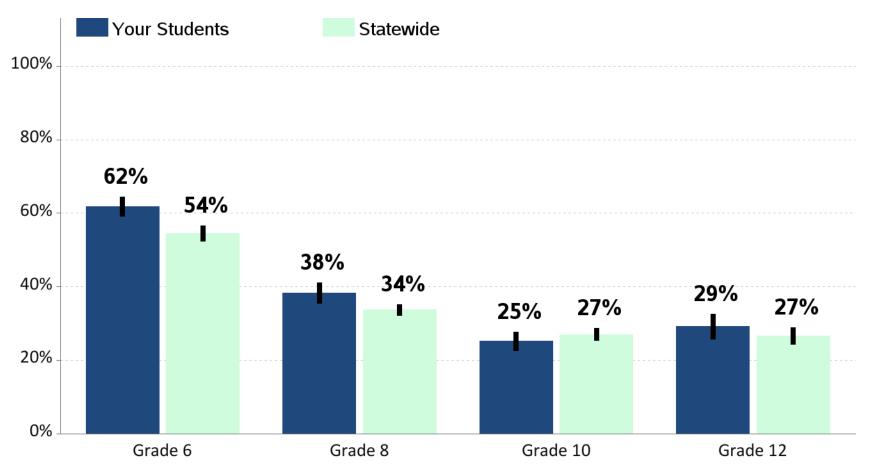
Perceived Risk of Regular Marijuana Use Percent of students who report "great risk" of harm

from using marijuana at least once or twice a week

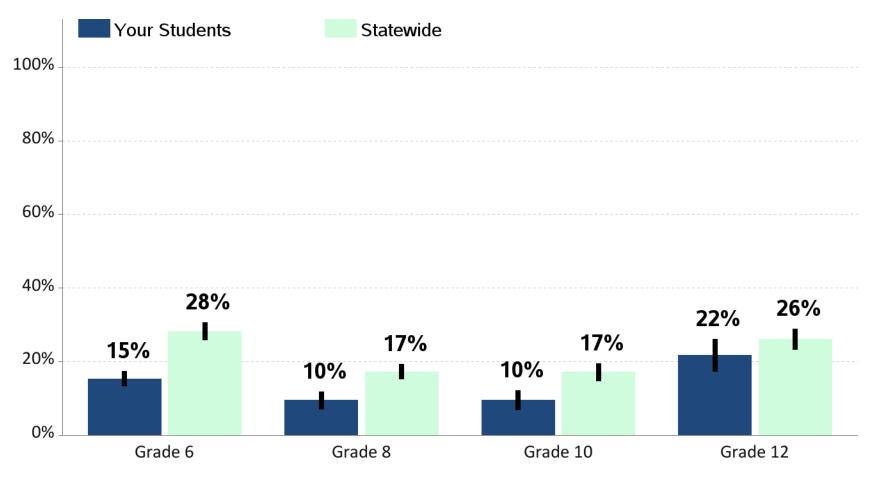


## **Enjoyment of School**

Percent of students who report "often" or "almost always" enjoying school in the past year



#### Skipping School Percent of students who report skipping 1 or more whole days of school in the past 4 weeks

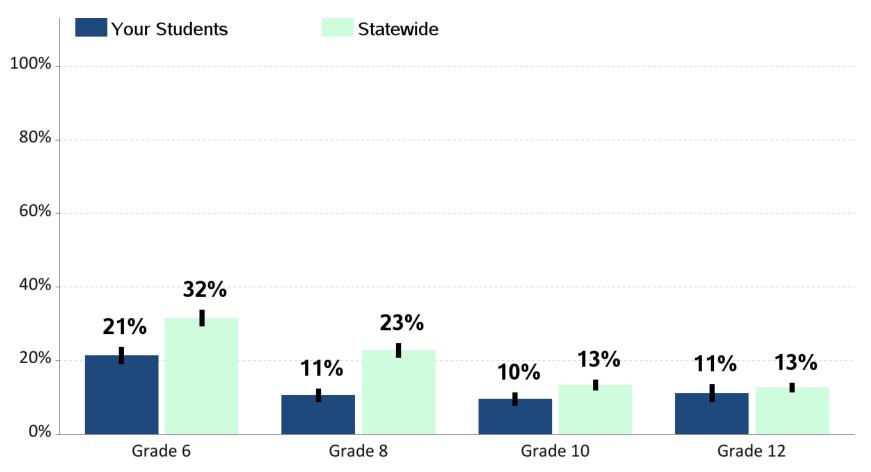


Issaquah School District - Source: 2021 Healthy Youth Survey

## Bullying

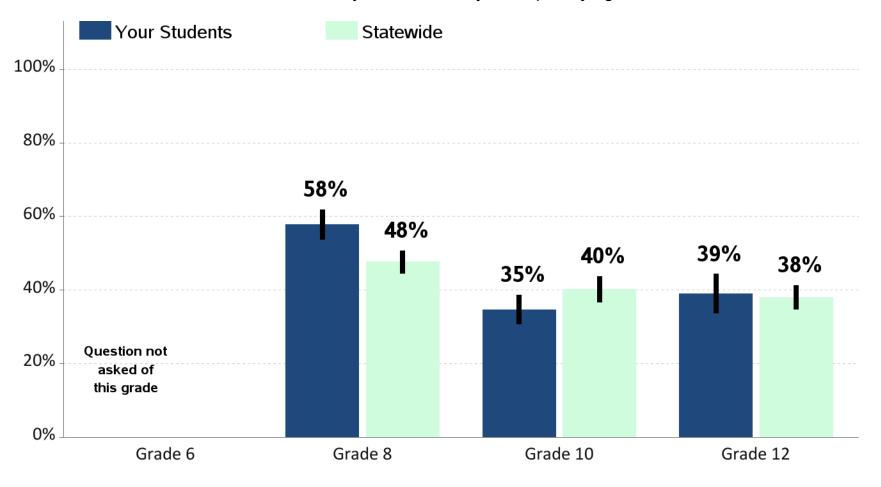
#### Percent of students who report being bullied in the past 30 days

Bullying is when one or more students threaten, spread rumors about, hit, shove, or otherwise hurt another student over and over again.



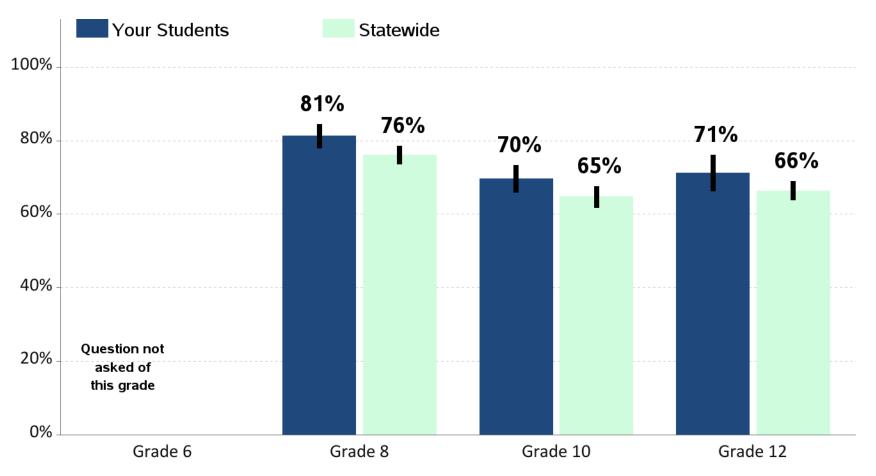
## School Tries to Stop Bullying

Percent of students who report teachers or other adults from school "almost always" or "often" try to stop bullying

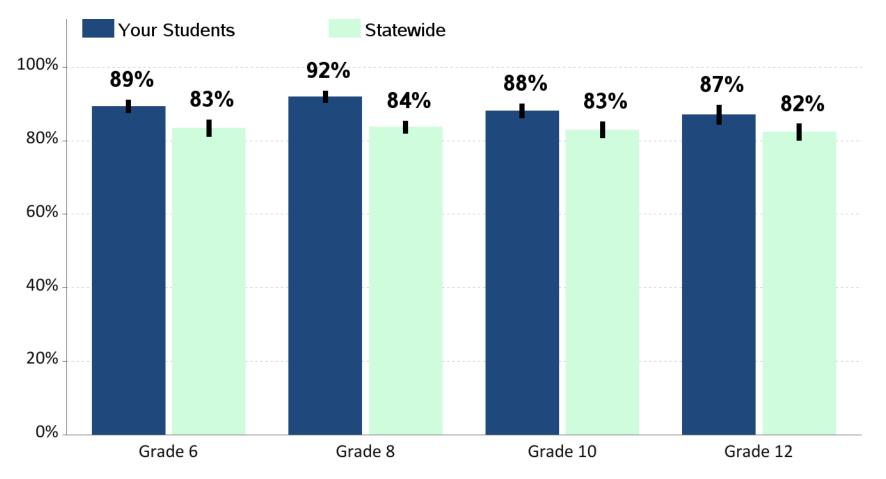


### Students Know How to Report Bullying

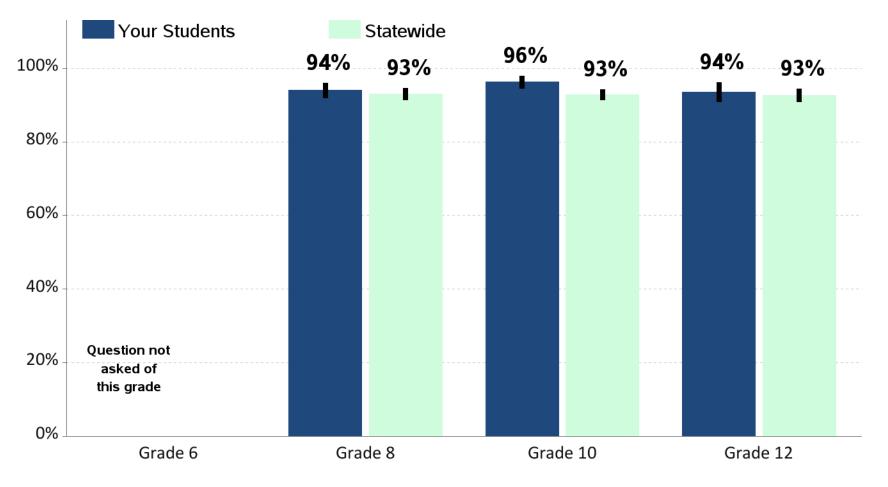
Percent of students who report they know how to report bullying during school



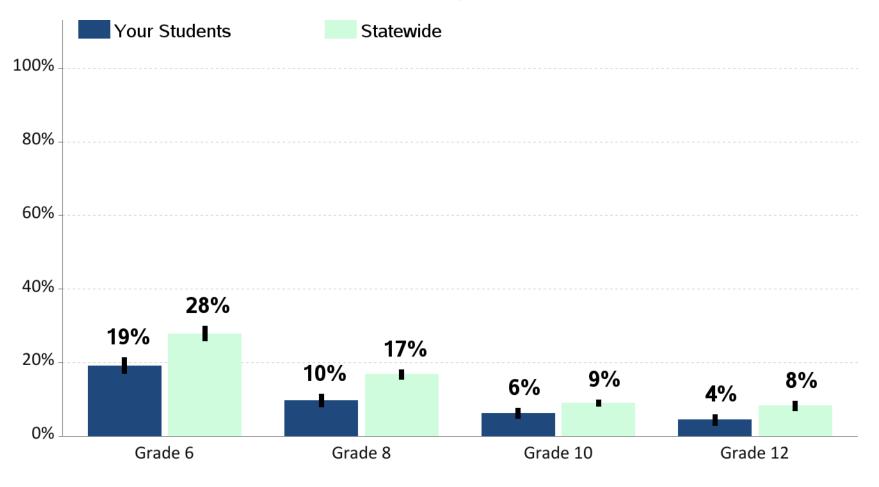
#### Feeling Safe During School Percent of students who report that they feel safe during school



#### Opportunities for School Involvement Percent of students who report that they have lots of chances for involvement in school activities



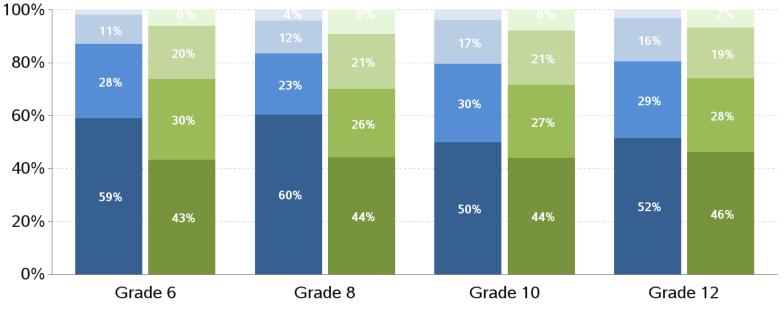
### Physical Fighting Percent of students who report being in a physical fight in the past year



# Children's Hope Scale

Hope reflects a future orientated mindset and motivational process toward attaining a desirable goal. Research has linked hope with overall physical, psychological, and social well-being.





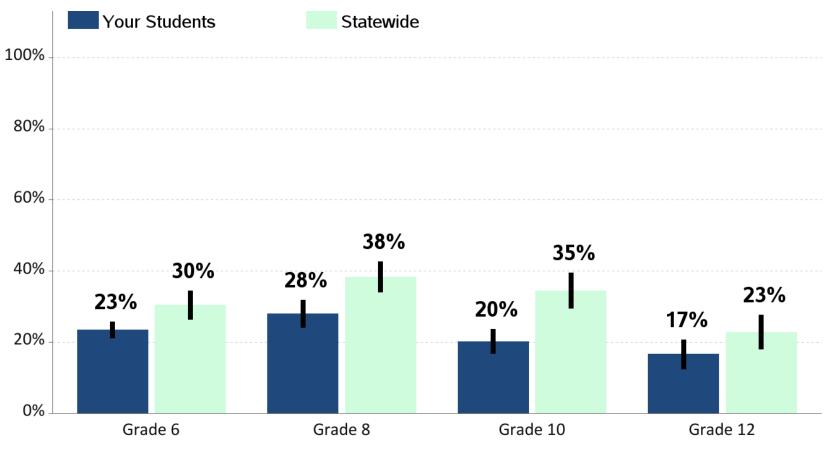
Issaquah School District - Source: 2021 Healthy Youth Survey

### Gang Membership Percent of students who report being members of a gang in the past year

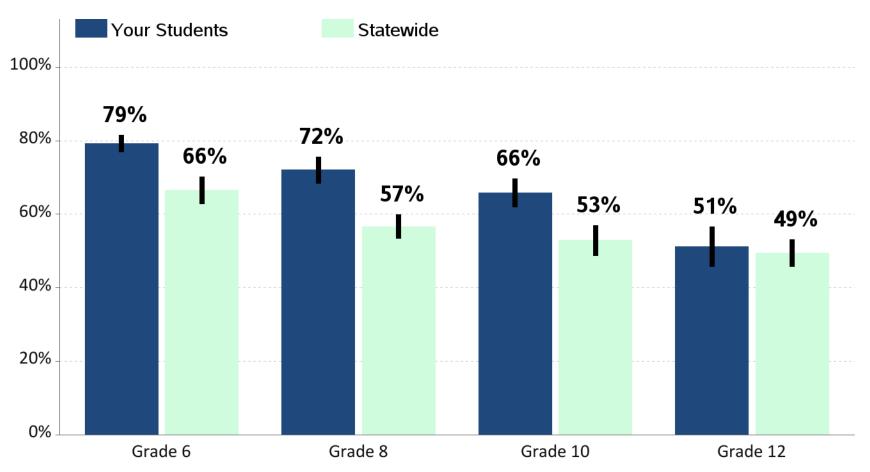
	Your Students	Statewide		
100% -				
80% -				
60% -				
40% -				
20% -	Question not asked of			
	this grade	2% 4%	2% 4%	5% 5%
0% _	Grade 6	Grade 8	Grade 10	Grade 12

# Walking/Biking To or From School

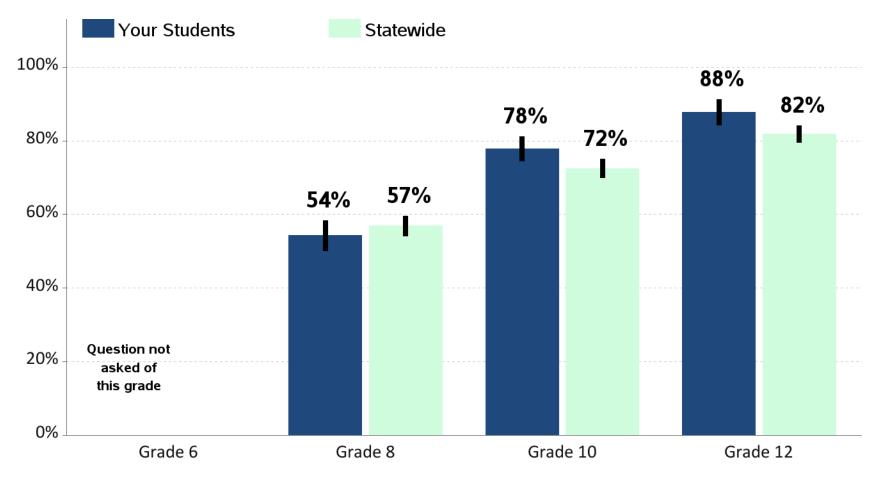
Percent of students who report walking or riding a bicycle to or from school during an average week (among those who normally travel to school)



### Eating Breakfast Percent of students who report eating breakfast

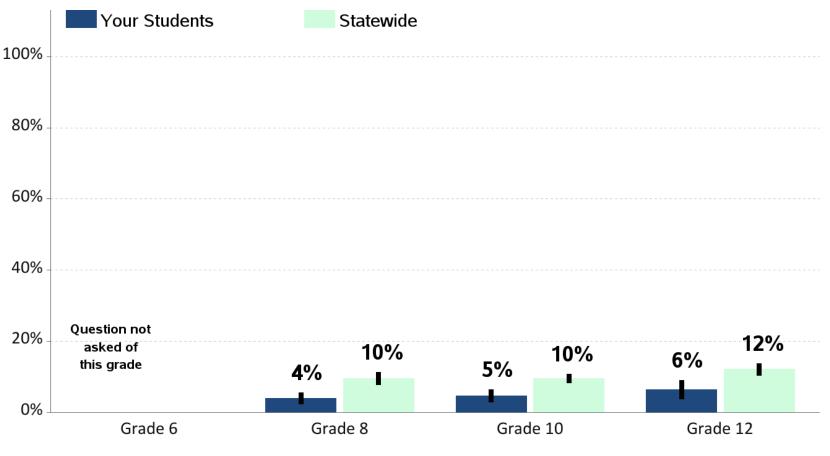


### Sleep on a School Night Percent of students who report sleeping less than 8 hours on an average school night



Sugar Sweetened Beverages Consumption

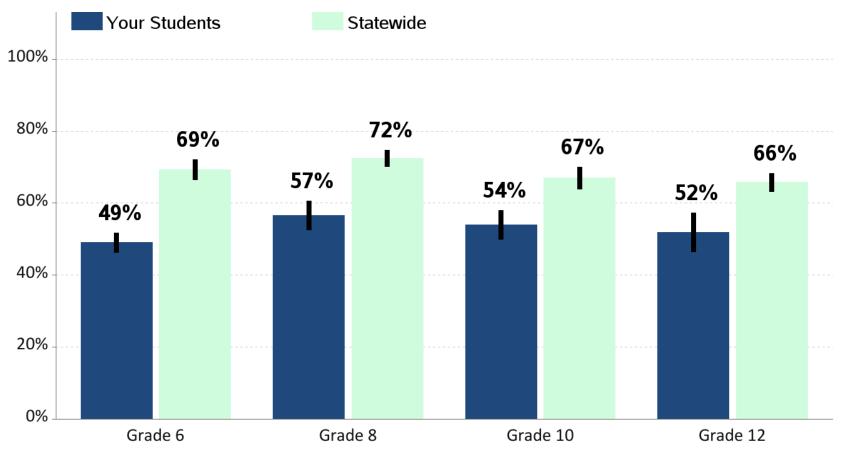
Percent of students who report drinking sugar sweetened drinks (not including diet, sugar-free or drinks with artificial sweeteners) 2 or more times a day



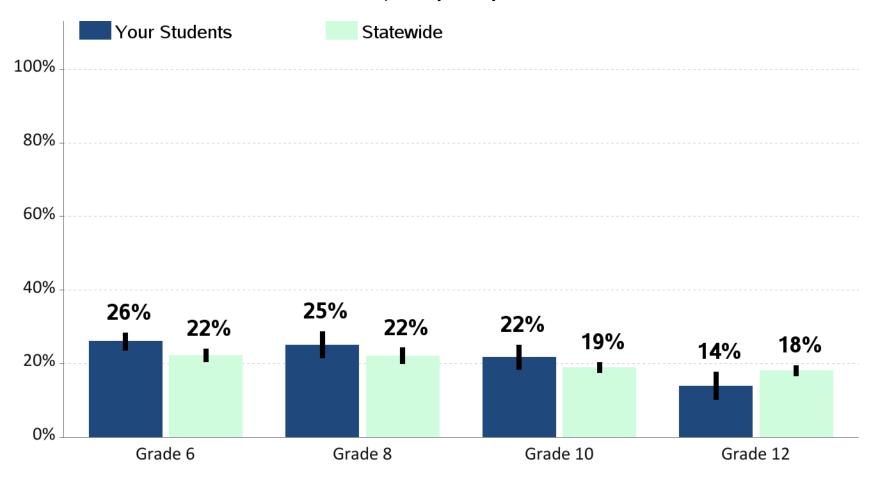
## Excessive Television/Video Game Use

Percent of students who report 3 or more hours watching television, playing video games or using the computer for fun on an average school day

(TV includes movies or stream videos on any electronic device. Video games includes tablets, smartphone, social media)



### 60 Minutes of Physical Activity per Day Percent of students who report being physically active 60 minutes per day, 7 days a week

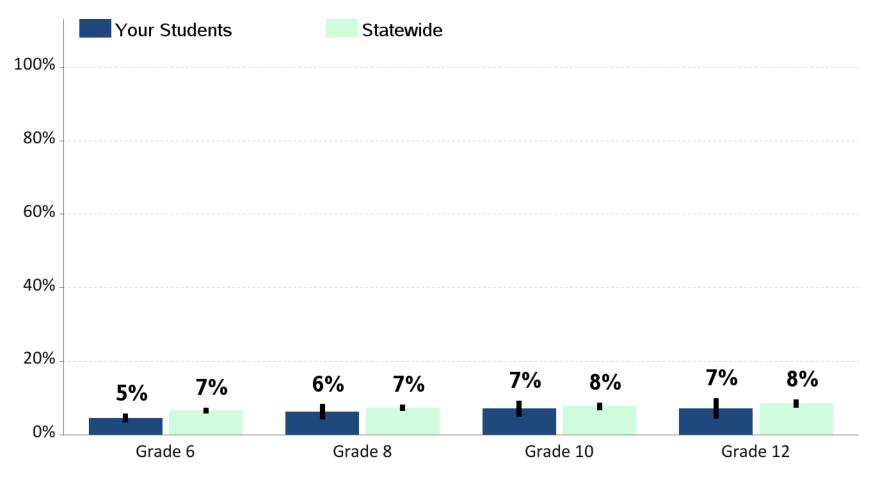


# Obesity

Percent of students who are obese (according to reported height and weight)

	Your Students	Statewide		
100% -				
80% -				
60% -				
40% -				
20% -	Question not	17%	16%	15%
0% _	asked of this grade	6%	5%	8%
070 -	Grade 6	Grade 8	Grade 10	Grade 12

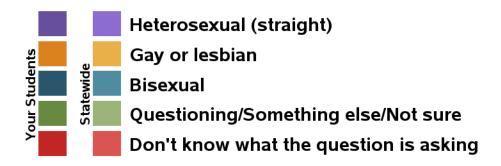
### Current Asthma Percent of students who currently have asthma

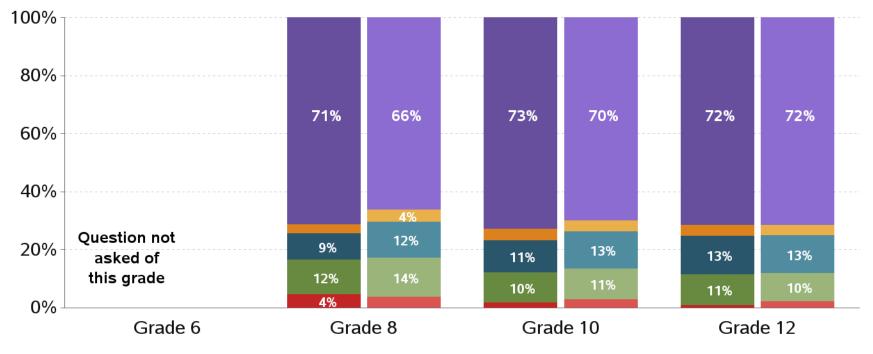


### Lifetime Sex Percent of students who report ever having sex in their lifetime

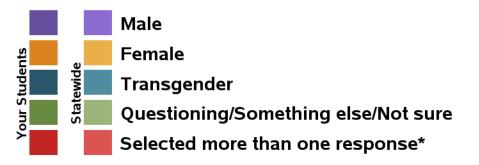
	Your Students	Statewide		
100% -				
80% -				
60% -				270/
40% -				37% 24%
20% -	Question not asked of this grade	2% 4%	8%	
0% _	Grade 6	Grade 8	Grade 10	Grade 12

# **Sexual Orientation**

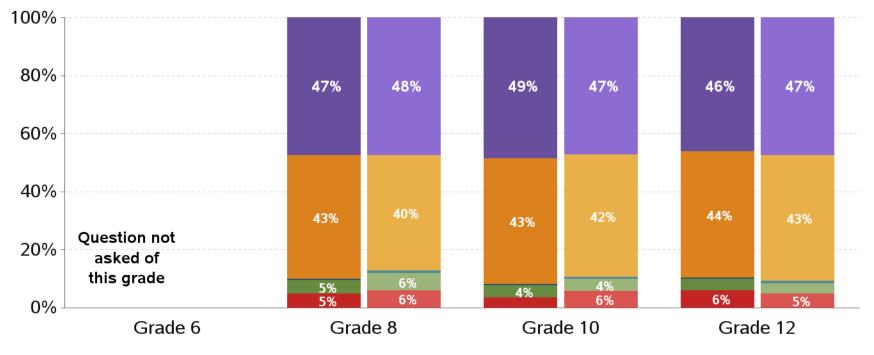




# **Gender Identity**

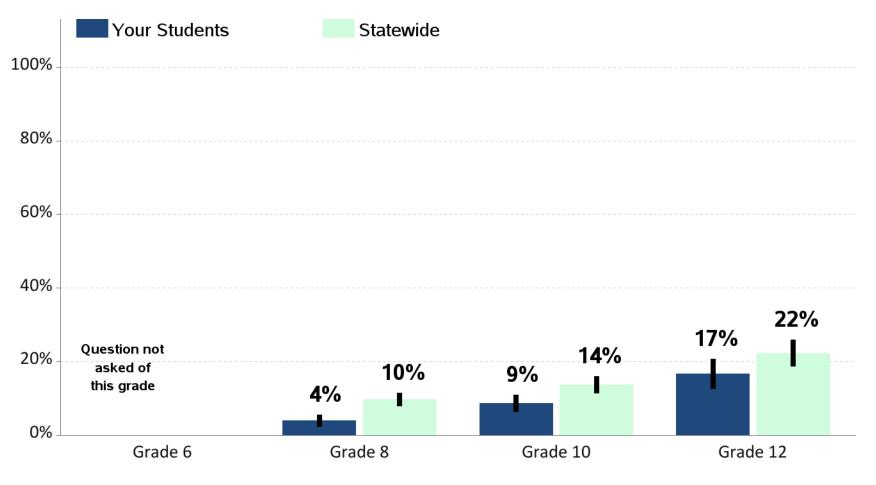


\*Some students may select multiple answers to this question so that their response is consistent with how they identify. For example, a student who identifies as a transgender woman may select both female and transgender. This type response is represented in the 'selected more than one response' category.



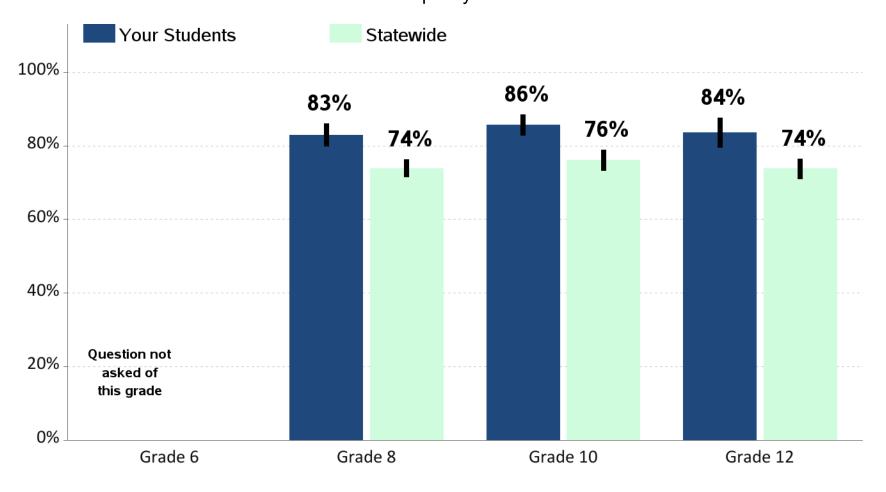
## Lifetime Sexual Abuse

Percent of students who report having ever been in a in a situation where someone made them engage in kissing, sexual touch or sexual intercourse when they did not want to



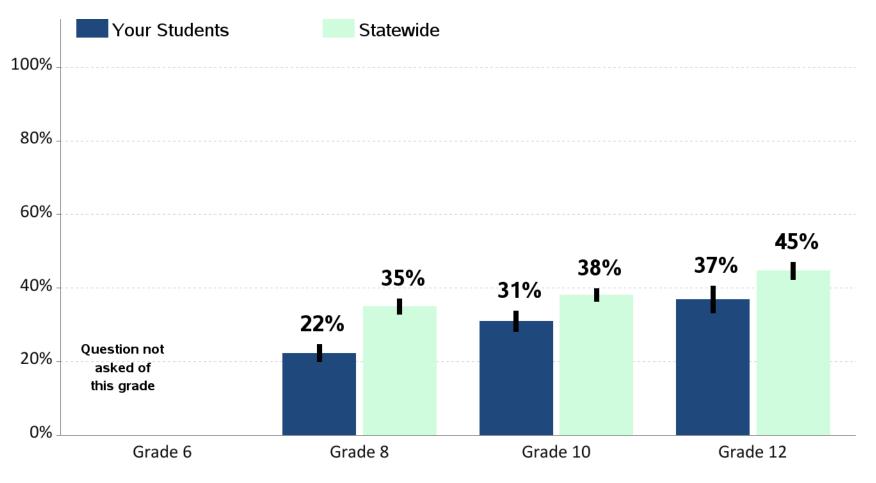
## Access to Dental Care

Percent of students who report visiting a dentist for a routine checkup in the past year



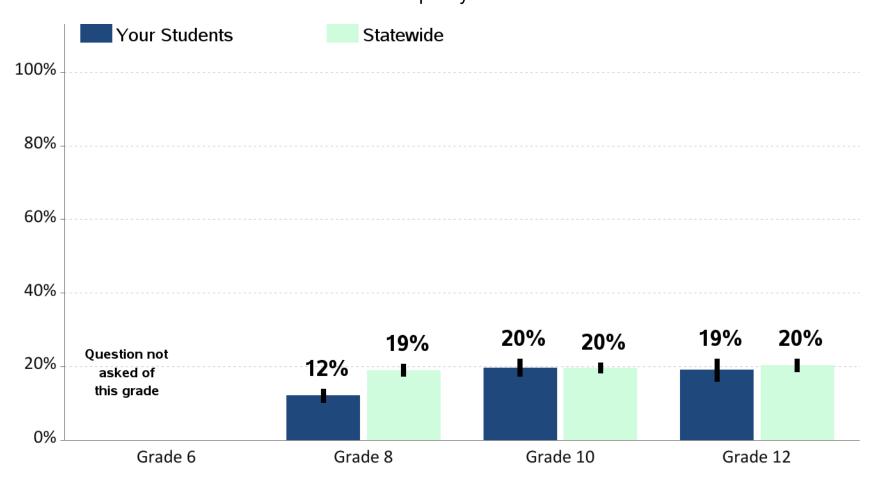
## Depression

Percent of students who report feeling so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities in the past year.



## Contemplation of Suicide

Percent of students who report having seriously considered suicide in the past year



## Someone in Community to Talk To

Percent of students who report having an adult in their neighborhood or community they can talk to about something important

