



WARRIOR RUN SCHOOL DISTRICT
Middle School
Middle School MENU
April 2022
 Complete meals are FREE for ALL students during
 the 2021-2022 school year!
 MENU SUBJECT TO CHANGE
 *This institution is an equal opportunity provider

***FUEL UP WITH BREAKFAST!**
 *CHOOSE 1 ENTRÉE
 *CHOOSE 1 OR 2:
 FRUIT/JUICE/VEGGIE
 *CHOOSE YOUR MILK:
 1% & FAT FREE MILK CHOICES
***BUILD A HEALTHY LUNCH!**
 *CHOOSE 1 ENTRÉE
 *CHOOSE 1 OR 2 VEGGIES/
 VEGGIE SALADS
 *CHOOSE 1 FRUIT
 *CHOOSE YOUR MILK:
 1% & FAT FREE MILK CHOICES



Weekly Breakfast Menu

Monday
 Breakfast Pizza

Tuesday
 Mini Muffins

Wednesday
 Baked Cinnamon Rolls

Thursday
 Breakfast Sandwich

Friday
 Mini Waffles

Available Daily at Breakfast
 *Cold Cereal
 *Smoothies
 *1% & Fat Free Milk Choices
 *100% Fruit Juices

AVAILABLE DAILY AT LUNCH:
 *Uncrustables
 *Anyt!mers
 *Variety of Salads
 *Yogurt parfait

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	LUNCH Walking Tacos Re-fried Beans Variety of Vegetables and Fruit Variety of Milk 	29 LUNCH Cheese Steak Sandwich Sweet Potato Fries Variety of Vegetables and Fruit Variety of Milk 	30 LUNCH School– Made Macaroni and Cheese Buttered Peas Variety of Vegetables and Fruit Variety of Milk 	31 LUNCH Chicken Nuggets w/ a Biscuit Steamed Broccoli Variety of Vegetables and Fruit Variety of Milk 	1 LUNCH Eggs and Ham on a Croissant Honey-Glazed Carrots Side Kicks Variety of Vegetables and Fruit Variety of Milk
4	LUNCH Quesadilla Buttered Corn Variety of Vegetables and Fruit Variety of Milk 	5 LUNCH Hot Diggity Dog Broccoli Slaw Variety of Vegetables and Fruit Variety of Milk 	6 LUNCH Pasta and Meatballs Garlic Toast Roasted Zucchini Variety of Vegetables and Fruit Variety of Milk 	7 LUNCH Easter Meal! Roasted Ham Scalloped Potatoes w/ Green Beans Easter Treat 	8 LUNCH Defender Burger Fresh-Cut Fries Strawberry Cobbler Variety of Vegetables and Fruit Variety of Milk

PA Harvest of the Month
Leafy Green Vegetables



Menu Allergens



Dairy



Gluten



Egg



Peanuts



Seafood

LUNCH NOTES

Additional Fruits available daily may include: Banana, Fresh Orange, Local Apples, Tropical Pineapple, Juicy Sliced Peaches, Chilled Applesauce, Mixed Fruit, Pear Slices, Mandarin Oranges

Additional Veggies available daily may include: Baby Carrots, Crisp Celery Sticks, Broccoli Florets, Fresh Cauliflower, Grape

<p>11 LUNCH</p> <p>Cook's Choice</p>	<p>12 LUNCH</p> <p>Cook's Choice</p>	<p>13 LUNCH</p> <p>Cook's Choice</p>	<p>14 NO SCHOOL FOR STUDENTS</p>	<p>15 NO SCHOOL FOR STUDENTS</p>
<p>18 NO SCHOOL FOR STUDENTS</p>	<p>19 LUNCH Fresh off the Grill! Hamburgers and Hot Dogs Pasta Salad Variety of Vegetables and Fruit Variety of Milk</p>	<p>20 LUNCH Pizza Bake Green Beans Variety of Vegetables and Fruit Variety of Milk</p>	<p>21 LUNCH Popcorn Chicken Bowls Steamed Carrots Variety of Vegetables and Fruit Variety of Milk</p>	<p>22 LUNCH French Toast Sticks and Sausage Hashbrown Marshmallow Fruit Salad Variety of Vegetables and Fruit Variety of Milk</p>
<p>25 LUNCH Cheesy Beef Nachos Re-fried Beans Variety of Vegetables and Fruit Variety of Milk</p>	<p>26 LUNCH Chicken Alfredo Pasta Roasted Brussel Sprouts Variety of Vegetables and Fruit Variety of Milk</p>	<p>27 LUNCH School made Pizza Ranch Roasted Brussel Sprouts Variety of Vegetables and Fruit Variety of Milk</p>	<p>28 LUNCH Chicken Patty Sandwich Buttered Corn Variety of Vegetables and Fruit Variety of Milk</p>	<p>29 LUNCH Sloppy Joe Sandwich Strawberry Salad Jell-O Fruit Dessert Variety of Vegetables and Fruit Variety of Milk</p>



QUESTIONS? Call our Food & Nutrition Services Office (570) 649-2005 *Pre-Pay online at myschoolbucks.com