



WARRIOR RUN SCHOOL DISTRICT

## High School Menu

March 2022

Complete meals are FREE for ALL students during the 2021-2022 school year!

\*MENU SUBJECT TO CHANGE\*

\*This institution is an equal opportunity provider

### \*FUEL UP WITH BREAKFAST!

\*CHOOSE 1 ENTRÉE

\*CHOOSE 1 OR 2:

FRUIT/JUICE/VEGGIE

\*CHOOSE YOUR MILK:

1% & FAT FREE MILK CHOICES

### \*BUILD A HEALTHY LUNCH!

\*CHOOSE 1 ENTRÉE

\*CHOOSE 1 OR 2 VEGGIES/

VEGGIE SALADS

\*CHOOSE 1 FRUIT

\*CHOOSE YOUR MILK:

1% & FAT FREE MILK CHOICES

MY  
SCHOOL  
BUCKS



### Weekly Breakfast Menu

#### Monday

Breakfast Pizza



#### Tuesday

Yogurt Parfait Bar



#### Wednesday

Breakfast Sandwich



#### Thursday

Oatmeal Bar



#### Friday

Breakfast Burrito



### Available Daily at Breakfast

\*Cold Cereal

\*Variety of breakfast items

\*Smoothies

\*1% & Fat Free Milk Choices

\*100% Fruit Juices

### MONDAY

28

#### LUNCH

Quesadilla  
Corn Salsa  
Variety of Vegetables  
and Fruit  
Variety of Milk



### TUESDAY

1

#### LUNCH

Popcorn Chicken  
Bowls w/ Biscuit  
Variety of Vegetables  
and Fruit  
Variety of Milk



### WEDNESDAY

2

#### LUNCH

School-made  
Macaroni and Cheese  
Steamed Broccoli  
Variety of Vegetables  
and Fruit  
Variety of Milk



### THURSDAY

3

#### LUNCH

Chicken Stir Fry  
w/ Eggroll  
Variety of Vegetables  
and Fruit  
Variety of Milk

### FRIDAY

4

#### LUNCH

Build-A-Burger  
Baked Beans  
Side Kicks  
Variety of Vegetables  
and Fruit  
Variety of Milk



7

#### LUNCH

Walking Tacos  
Re-fried Beans  
Variety of Vegetables  
and Fruit  
Variety of Milk



8

#### LUNCH

Appetizer Party!  
Mozzarella Sticks and  
Boneless Chicken  
Wings  
Celery and Carrot  
Sticks w/ Blue Cheese  
Dressing  
Variety of Vegetables  
and Fruit  
Variety of Milk



9

#### LUNCH

Grilled Cheese and  
Tomato Soup  
Variety of Vegetables  
and Fruit  
Variety of Milk



10 BREAKFAST

Fresh-Off the Griddle  
Pancakes!

#### LUNCH

Corn Dog Nuggets  
Ranch Roasted Brussel  
Sprouts  
Variety of Vegetables  
and Fruit  
Variety of Milk



11

**NO SCHOOL FOR  
STUDENTS**



**AVAILABLE DAILY AT LUNCH:**

- \*Uncrustables
- \*Yogurt Parfait
- \*ANYTIMEERS
- \*Variety of Salads
- \*Cheese or Pepperoni Pizza
- \* Smoothies










\*Variety of Milk includes 1% Flavored and Unflavored Milk & Fat Free Milk Choices

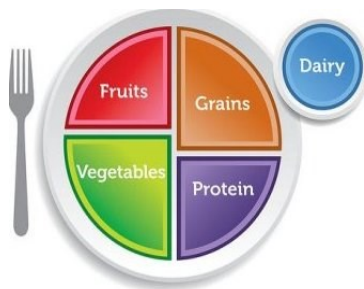
**\*VEGAN OR VEGETARIAN?**

No Problem—ask your server for options

**PA Harvest of the Month for March: Dairy**



<p>14</p> <p><b>NO SCHOOL FOR STUDENTS</b></p>	<p>15 <b>LUNCH</b></p> <p>Fresh Deli Hoagies Broccoli Slaw Fresh Cut Fries Variety of Vegetables and Fruit Variety of Milk</p> 	<p>16 <b>LUNCH</b></p> <p>Chicken Tenders w/ Biscuit Buttered Peas Variety of Vegetables and Fruit Variety of Milk</p> 	<p>17 <b>LUNCH</b></p> <p>Pizza Bake Ranch Roasted Broccoli St. Patrick's Day Green Sugar Cookies Variety of Vegetables and Fruit Variety of Milk</p> 	<p>18 <b>LUNCH</b></p> <p>Pulled Pork Sandwich Baked Beans Jell-O— Fruit Dessert Variety of Vegetables and Fruit Variety of Milk</p> 
<p>21 <b>LUNCH</b></p> <p>French Toast Sticks Sausage Hashbrown Variety of Vegetables and Fruit Variety of Milk</p> 	<p>22 <b>LUNCH</b></p> <p>Pork Loin w/ dinner roll and Mashed Potatoes Variety of Vegetables and Fruit Variety of Milk</p> 	<p>23 <b>LUNCH</b></p> <p>Chicken Nuggets w/ Biscuit Steamed Carrots Variety of Vegetables and Fruit Variety of Milk</p> 	<p>24 <b>BREAKFAST</b></p> <p>Fresh-Off the Griddle Pancakes!</p> <p><b>LUNCH</b></p> <p>Beef Tater Tot-Chos w/ Cornbread Roasted Cauliflower Variety of Vegetables and Fruit Variety of Milk</p> 	<p>25 <b>LUNCH</b></p> <p>Chicken Parmesan Garlic Toast Roasted Zucchini Baked Peach Crisp Variety of Vegetables and Fruit Variety of Milk</p> 



**LUNCH NOTES**

**Additional Fruits available daily may include:** Banana, Fresh Orange, Local Apples, Tropical Pineapple, Juicy Sliced Peaches, Chilled Applesauce, Mixed Fruit, Pear Slices, Mandarin Oranges, Strawberry cups, Peach cups

**Additional Veggies available daily may include:** Baby Carrots, Crisp Celery Sticks, Broccoli Florets, Fresh Cauliflower, Grape Tomatoes,

**Menu Allergens**



**QUESTIONS?**  
Call our Food & Nutrition Services Office  
(570) 649-2005  
\*Pre-Pay online at [myschoolbucks.com](http://myschoolbucks.com)