

Free meals continue for all students!



Help your school receive funding. Apply online for Free & Reduced Price Meals at www.SchoolLunchApp.com

Pay Online for School Meals - Everyone Loves a Line that Moves!

Contactless online payments are strongly encouraged for all a la carte purchases

Parents can make a pre-payment safely & securely anytime at: www.myschoolbucks.com
Request a balance transfer or refund at www.eesd.org

NO COST
Universal Free

APRIL BREAKFAST MENU 2022

Chaboya, Holly Oak, K. Smith, Leyva, Montgomery, OB Whaley, Quimby Oak



CHILD NUTRITION SERVICES
EVERGREEN SCHOOL DISTRICT

Child Nutrition Services can be reached at (408) 223-4500, Monday-Friday, 7:30am -4:00pm



What makes a Complete Breakfast?

A school breakfast consists of the following three food components:

1. Fruits (or optional veg)
2. Grains (or optional meats/meat alt)
3. Choice of Milk

Student can decline 1 item and at least 1/2 cup of the fruit component must be selected to be complete



Important dates to remember:

Apr 15-22: Spring Break
May 30: Memorial Day
Jun 9: Last day of school

What Makes a Complete Lunch?

USDA requires that a student select a minimum of 3 different components: **Fruit, Vegetable, Protein, Grain, Milk**

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A COMPLETE LUNCH MUST INCLUDE A 1/2 CUP OF FRUIT OR VEGETABLE

A La Carte Menu

Milk \$0.75
Water \$0.75
Fruit Juice \$0.75
Whole Grain Crackers \$0.75
No credit is extended for a la carte purchases.



Vegetarian Options Available Daily!

Check in with your Super Lunch Lady at your school site for the vegetarian entrée of the day.

	Monday Lunes	Tuesday Martes	Wednesday Miercoles	Thursday Jueves	Friday Viernes
Week of: Mar 28	Granola Bar & String Cheese (M) Cereal & Grahams (M)	Breakfast Quesadilla (M) Cereal & Grahams (M)	Banana Muffin (M) Cereal & Grahams (M)	Egg & Cheese Burrito (M) Cereal & Grahams (M)	Mini Waffles (M) Cereal & Grahams (M)
Week of: Apr 4	Cinnamon Roll (M) Cereal & Grahams (M)	Breakfast Pizza (B) Cereal & Grahams (M)	Yogurt & Granola (M) Cereal & Grahams (M)	Mini Pancakes (M) Cereal & Grahams (M)	Egg & Bacon Burrito (P) Cereal & Grahams (M)
Week of: Apr 11	Beef Sausage Bagel Sandwich (B) Cereal & Grahams (M)	Muffin Top (M) Cereal & Grahams (M)	Apple Oat Chewie (M) Cereal & Grahams (M)	Egg & Salsa Burrito (M) Cereal & Grahams (M)	
Week of: Apr 18	Spring Break – No School				
Week of: Apr 25	Birthday Cake Nutrition Bar (M) Cereal & Grahams (M)	Mini Waffles (M) Cereal & Grahams (M)	Turkey Sausage Burrito (T) Cereal & Grahams (M)	Bagel & Cream Cheese (M) Cereal & Grahams (M)	Breakfast Quesadilla (M) Cereal & Grahams (M)

Menu is subject to change without notice.

This institution is an equal opportunity provider and employer.
For CalFresh information, call 1-877-847-3663.
Visit www.CaChampionsForChange.net for healthy tips.

MENU KEY
(M) Meatless
(C) Chicken
(B) Beef
(P) Pork
(T) Turkey
(F) Fish

Available choices to go with breakfast:

Non-Fat Chocolate Milk
1% Low-Fat White Milk
100% Fruit Juice
Variety fresh & canned fruits
Whole Grain Grahams

