

Wellness Policy Review Meeting
June 12, 2020 - 1:30 PM

1. Welcome, introductions and sign-in sheet. The committee was welcomed and as everyone on the committee knew the other members the formality of introductions was eliminated. The sign-in sheet was distributed.
2. Review the purpose of the "Wellness Policy Review Meeting" Dan Kaffenbarger reviewed the purpose of the committee as it relates to compliance.
3. Review the document from ODE in two parts:
 - a. The requirements: The document SCHOOL WELLNESS POLICIES: BEYOND THE MINIMUM, developed by the Ohio Department of Education was reviewed. This document was used to develop the guiding questions for today's meeting.
 - b. Strategy 7 which goes well beyond the requirements: Kaffenbarger also reviewed the ODE-produced document STRATEGY 7...which was a more inclusive document. Based upon the facilities operated by the ESC this document was deemed inappropriate by the committee.
4. Monitoring Process: The following items were reviewed and discussed.
 - a. Review policies: 8510, 8500 and 8531 All of the policies were reviewed. The only one with requested changes from the committee was Policy 8510. It will be taken to the Board for the required annual review. The changes are as follows:

Furthermore, with the objectives of enhancing student health and well being, and reducing childhood obesity, the following guidelines are established:

5. In accordance with Policy 8500, entitled Food Service, the food service program shall comply with Federal and State regulations pertaining to the selection, preparation, consumption, and disposal of food and beverages that comply with the USDA Dietary Guidelines for Americans and the USDA Smart Snacks in School nutrition standards as well as to the fiscal management of the program.
6. As set forth in Policy 8531, entitled Free and Reduced Price Meals, the guidelines for reimbursable school meals are not less restrictive than the guidelines issued by the U.S. Department of Agriculture (USDA).
7. The food service program will strive to be financially self-supporting; however, if it is necessary to subsidize the operation, it will not be through the sale of foods with minimal nutritious value.
8. All foods available to students in Educational Service Center programs, other than the food service program, shall be served with consideration for promoting student health and well-being.
9. The sale of foods and beverages to students that do not meet the USDA Dietary Guidelines for Americans and the USDA Smart Snacks in School nutrition standards to be consumed on the school campus during the school day is prohibited.
10. Public input on the overall wellness will be solicited every three years (ELIMINATE "on an annual basis") through a survey of parents and client districts. Results will be made available to the Governing Board
11. The Board will annually review the Wellness Policy as part of a regular meeting. Client districts, parents and other community stakeholders will be invited to participate in this review as part of the

regular agenda.

12. The Superintendent will ensure that the Wellness Plan is being implemented, monitored and modified as needed.

13. The impact of the wellness policy will be evaluated by measuring BMI of each student at the beginning of each academic year and then again at the end of the same academic year to see if that measure is showing positive gains. **ELIMINATE ALL OF "I" THIS IS NO LONGER A REQUIREMENT**

- a. Goals for promoting school wellness? There were two goals established in 2017, exclusively for Mac-A-Cheek Learning Center. Neither goal was accomplished.
- b. Standards and nutrition guidelines for all foods and beverages sold to students. This is in effect.
- c. Standards and nutrition guidelines for all foods and beverages provided, but not sold to students This is in effect.
- d. Policy for food and beverage marketing There is a policy for food and beverage marketing.
- e. Description of public involvement, public updates, policy leadership and evaluation plan This information is available to the public via the ESC Website.
- f. Establishment of agency wellness policy leadership. The role of the Wellness Committee is established and restricted to compliance.
- g. Conduct review every three years The last time the Wellness Policy was reviewed by the Wellness Committee was October of 2017. By meeting in June of 2020 the ESC is compliant with this requirement.
- h. Assess compliance with policy All policies were reviewed and aside from suggested changes in Policy 8510, all other related policies were in compliance.
- i. Assess how well local wellness policy compares to model policy Our policy developer, NEOLA, ensures that our policies meet the standards and that policies conform to the model policy.
- j. How is the policy made available to the public? The policies are available to view by the public from the ESC's website.
- k. The most recent assessment of the policy implementation? The policies were assessed in October of 2017 and again on June 12, 2020.
- l. Records showing policy review and updates and those involved in the process. A sign in sheet of the participants from the June 12th meeting is available upon request.
- m. How stakeholders were made aware of their ability to participate? The stakeholders were invited via email.
- n. Annual updates to and about the wellness policy? The ESC Governing Board annually reviews Policy 8510, which is the ESC's Wellness Policy.
- o. Triennial assessment, including progress toward meeting the goals of the policy? Per the requirement, the policies were reviewed on June 12, 2020. This is well before the three year deadline which was technically October 30, 2020. The goals established in October of 2017 were reviewed

14. Should we add others to our team?

Due to the nature of the ESC it was determined that no more members are needed on the Wellness Committee.

15. Should we meet annually? In order to give more attention to the goals that will be established by the Wellness Committee it was decided that we will meet annually in June to review progress.

16. Strategy 7 was discussed again and it was determined that we did not have the capacity to complete the suggestions in this ODE-developed document.
17. Goals for 2020 - 2023:
 - a. Goal #1 - Develop and initiate a wellness survey: a pre and post survey of students and parents.
 - b. Goal #2 - Develop an improvement plan based on the data collected in #1.
 - c. This will be completed by Mac-A-Cheek North. We "may" include Mac-A-Cheek South if London City will NOT consider taking the students placed there in their lunch count.
18. Adjournment: Next meeting: June 1, 2021 3 PM Training Center