

# Other Health Condition

School Year: \_\_\_\_\_ Grade: \_\_\_\_\_

## INDIVIDUAL HEALTH PLAN

Student Name: \_\_\_\_\_ DOB: \_\_\_\_\_  
Parent/Guardian: \_\_\_\_\_ Phone: \_\_\_\_\_  
Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_  
Treating Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

### Type of Health Condition:

Migraines  Cardiac/Heart  Other (please specify): \_\_\_\_\_  
 Stomach/Bowels  Cancer \_\_\_\_\_  
 Metabolic Disorder  Blood Disorder \_\_\_\_\_  
 Immune Disorder  Joint or Bone \_\_\_\_\_

### Known Triggers: (please specify)

\_\_\_\_\_  
\_\_\_\_\_

### Symptoms of Health Crisis: (what to look for at school)

\_\_\_\_\_  
\_\_\_\_\_

## ACTION

1. Administer medication as prescribed.
2. Other: \_\_\_\_\_
3. Contact the parent/guardian as per their instructions: \_\_\_\_\_

### Over-the-Counter Medications Authorized by Parent/Guardian: Parents must provide all medication and supplies.

My child requires over-the-counter (OTC) medication provided by me, the undersigned parent/guardian, as needed for symptoms of his/her diagnosed health condition DESCRIBED IN DETAIL ABOVE.

OTC Medication: \_\_\_\_\_ Dosage: \_\_\_\_\_

OTC Medication: \_\_\_\_\_ Dosage: \_\_\_\_\_

Prescription Emergency Medication: \_\_\_\_\_

Location of medication:  Health Unit  Medication must be with students at all times, or with an accompanying adult

*Please note: The school nurse does not always attend field trips or after school events/clubs/athletics. For this reason non-medical, unlicensed school staff members are trained to administer medication.*

Prescription medication or treatment daily at school for this condition: \_\_\_\_\_

Prescription medication or treatment daily at home for this condition: \_\_\_\_\_

During a field trip, scheduled daily medication:  requires a trained staff member to administer daily/at home medication  
 is authorized to carry and self-administer daily/at home medication

X \_\_\_\_\_  
Physician or Authorized Healthcare Provider Signature Telephone Number Date Signed

I am the parent/guardian of the above named student and give consent and permission for the information on this form to be shared with teachers, principals, and other staff members that have direct contact with my child for the current school year. I understand that a trained school staff member may administer prescribed medication and/or assist my child to comply with his/her physician's prescribed medications or treatments if needed. If my child's physician gives authorization for my child to carry and self-administer his/her medication, I consent and understand that medication independently self-administered is not monitored by staff. I agree to provide the necessary prescribed medication or treatment supplies and agree to notify the school nurse immediately of any changes.

The school health staff shall contact the student's parent/guardian to discuss any concerns regarding the student's care which might require medical follow-up and/or shall contact the health care provider to obtain current information verbally when necessary to manage the student's condition at school. I understand that the Rockcastle County Board of Education Medication Policy and Procedures are readily available for me to read.

I hereby agree to release and hold staff members free and harmless for any claims, demands, or suits for damages from any injury or complication that may result from such treatment described by me or prescribed by my child's physician. I have read and understand this consent. I sign it voluntarily and with full knowledge of its significance.

X \_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date Signed