



RMS & RHS Breakfast Menu

April
2022

Fresh Fruit or Juice Available Daily



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				① SPRING BREAK
④ Banana Chocolate Loaf Fruit or Juice	⑤ Mini Donut Fruit or Juice	⑥ Raspberry Bar Cheese Stick Fruit or Juice	⑦ Breakfast Sandwich Fruit or Juice	⑧ Blueberry Muffin Cheese Stick Fruit or Juice
⑪ Cinnamon Cream Cheese Filled Bagel Fruit or Juice	⑫ Cinnamon Roll Fruit or Juice	⑬ Oatmeal Snack Bar Cheese Stick Fruit or Juice	⑭ French Toast Sticks Fruit or Juice	⑮ NO SCHOOL
⑱ Brekkie Fruit or Juice	⑲ Bacon, Egg & Cheese on English Muffin Fruit or Juice	⑳ Plain Bagel Cream Cheese Fruit or Juice	㉑ Strawberry Pop Tart Cheese Stick Fruit or Juice	㉒ Mini-Cinnis Fruit or Juice
㉕ Strawberry Yogurt Dippable Graham Snacks Fruit or Juice	㉖ Plain Long John Fruit or Juice	㉗ French Toast Loaf Cheese Stick Fruit or Juice	㉘ Pancake on a Stick Fruit or Juice	㉙ Chocolate Chip Muffin Cheese Stick Fruit or Juice

PRICES

Adult \$1.90
Milk \$0.60

EXTRA INFO

Milk choice of 1%, Skim or Chocolate Skim is included with breakfast. For questions or comments contact the Food Service Director at adelmanh@rockford.k12.mn.us or call (763)477-5846 x. 3052.

HARVEST OF THE MONTH

PINEAPPLE
WHOLE WHEAT
ASPARAGUS

Your **MENUS** plus more information on our app
TaHER Food4Life®

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