

REQUIREMENTS FOR DEVELOPING AN INDIVIDUALIZED HEALTHCARE PLAN FOR STUDENTS WITH FOOD AND LIFE THREATENING ALLERGIES

Parent/ Guardian:

- Notify the appropriate school personnel of all student allergies and avoidance of allergen(s).
- Educate and review allergies, allergen(s), warning signs, restrictions and treatment with student.
- Provide a written and signed **Individualized Healthcare Plan** form by the physician prior to starting school that includes the student's allergy(ies), signs and symptoms, instruction for care, medication administration, self-carry/self-administration instructions, and when to call EMS.
- Complete all required school healthcare documents.
- If authorized by physician in the student's Individualized Healthcare Plan, the parent and student will sign the **Self-Carry and Self-Administer Agreement**.
- Provide the school with all prescribed medication with proper pharmacy label prior to starting school. Replace the medication after use or upon expiring.

Student:

- Every student with an allergy needs to know his/her allergy, how to avoid the allergen, the reaction they have, care they need, restriction, and treatment.
- The student, if ordered by the physician, may carry his/her own emergency Epinephrine auto-injector device. It must be labeled appropriately, including the expiration date. It must be stated in the *Self-Carry and Self-Administer Agreement* where the student will carry the emergency Epinephrine auto-injector and the school location for back up.
- If authorized by physician in the student's Individualized Healthcare Plan, the parent and student will sign the *Self-Carry and Self-Administer agreement*.
- The student is to notify an adult immediately if he/she has come in contact with an allergen.

School:

- The school will take all steps necessary to support a student with allergies to avoid the allergen.
- For a student with severe allergies, the school will set up a meeting with the parent and appropriate school personnel to review the student's Individualized Healthcare Plan.
- School personnel are notified of the following:
 - Students who have serious allergic reactions, the signs and symptoms of a reaction, instruction of care, and proper treatment.
 - Students who are on Epinephrine treatment. The specific allergy, the warning signs, where the medication is, and emergency treatment. **Any time an Epinephrine auto-injector is used 911 is called and Advanced Life Support will be requested.**
 - The location of the emergency Epinephrine auto-injector if carried by the student and the school location of the backup.