

Physical and Emotional Needs

At the Baird we teach the children to recognise their physical and emotional needs.

Have a look through the emotional needs with your child. Talk about them.

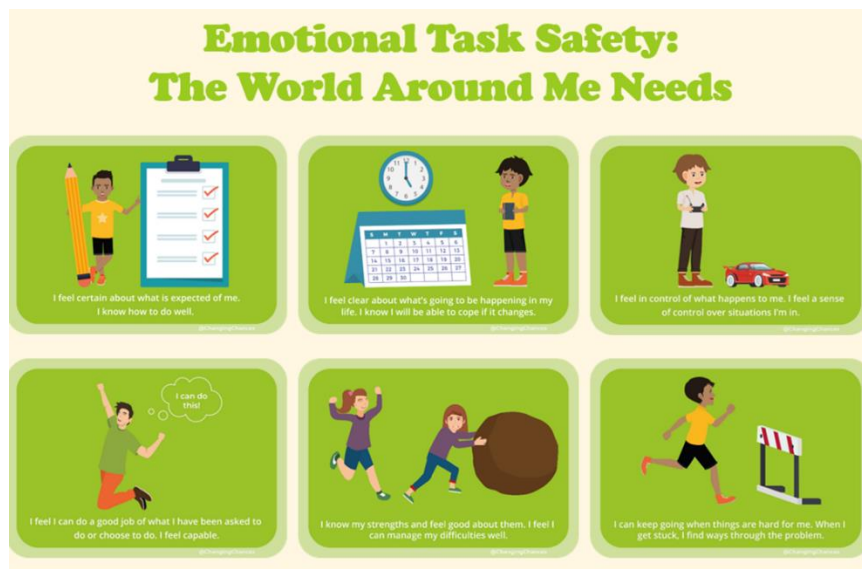
Can your child say which needs are most important to them?

At what times do they feel these needs are met?

How do they feel when they're not met?

What can they do to meet them in a way that is 'Good for Everyone'?

What helps them to manage when they aren't met?



I am always happy to talk about the Empowerment Approach, so please feel free to find me at the start or end of each day if you have any questions.

Ms Baker