

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>NO SCHOOL</b> 1	<b>Fresh Pizza</b> 2 Fresh Fruit Salad Bar	<b>Penne with Meatballs</b> 3 Sautéed Green Beans Bread Roll Fresh Fruit & Salad Bar	<b>Crispy Chicken Wrap</b> 4 Or <b>Morningstar Chick'n Wrap</b> Roasted Potato Wedges Fresh Fruit & Salad Bar
<b>100% Beef Burger</b> 7 Or <b>Impossible Burger</b> Sweet Potato Wedges Fresh Fruit & Salad Bar	<b>Chicken Broccoli Alfredo</b> 8 Or <b>Broccoli Alfredo</b> Garlic Bread Fresh Fruit & Salad Bar	<b>Fresh Pizza</b> 9 Fresh Fruit Salad Bar	<b>Beef or Bean Tacos</b> 10 Corn Cheddar Cheese Rice, Salsa and Sour Cream Fresh Fruit & Salad Bar	<b>Chicken Tenders</b> 11 Or <b>Morningstar Chick'n</b> Butternut Squash Fresh Fruit & Salad Bar
<b>Spaghetti with Meat Sauce or Marinara</b> 14 Roasted Zucchini Bread Roll Fresh Fruit & Salad Bar	<b>Crispy Chicken Sandwich</b> 15 Or <b>Morningstar Chick'n</b> Honey Roasted Carrots Fresh Fruit & Salad Bar	<b>Fresh Pizza</b> 16 Fresh Fruit Salad Bar	<b>Brunch for Lunch</b> 17 Pancakes Sausage Roasted Home fries Fresh Fruit & Salad Bar	<b>NO SCHOOL</b> 18
<b>Traditional Grilled Cheese</b> 21 Or <b>Pesto Tomato Grilled Cheese</b> Tomato Soup Grilled Asparagus Fresh Fruit & Salad Bar	<b>BMU Bowls</b> 22 Chicken Nuggets or Morningstar Chick'n Nuggets Mashed Potato, Corn, Gravy Fresh Fruit & Salad Bar	<b>Fresh Pizza</b> 23 Fresh Fruit Salad Bar	<b>Pesto Penne</b> 24 Chicken or Tofu Sautéed Green Beans Garlic Bread Fresh Fruit & Salad Bar	<b>Turkey Bacon Cheddar</b> 25 Or <b>Veggie Cheddar Wrap</b> Celery and Carrot Sticks Soup Fresh Fruit & Salad Bar
<b>Mac and Cheese</b> 28 Sweet Peas Garlic Bread Fresh Fruit	<b>Chicken or Black Bean Fajita</b> 29 on Tortilla Peppers & Onions Refried Beans Roasted Sweet Potatoes, Salsa Sour Cream, Cheddar	<b>Fresh Pizza</b> 30 Fresh Fruit Salad Bar	<b>BBQ Pulled Pork Sandwich</b> 31 Or <b>Impossible Burger</b> Celery and Carrot Sticks Baked Beans Cole Slaw Fresh Fruit & Salad Bar	



**Grab & Go Breakfasts Available Every-day**  
 Choices Like:  
 Breakfast Sandwiches, Bagels, Cereal, Yogurt with Granola, Muffins & Breakfast

Please contact Paul Pellegrino with any questions or comments.  
[paul.pellegrino@oesu.org](mailto:paul.pellegrino@oesu.org)

This Institution is an equal opportunity provider

Peanut Butter & Jelly or Ham & Cheese Sandwiches are always available everyday as a substitute for any entrée meal.