

# What to do if a Person is Symptomatic



These recommendations are for K-12 schools, child care, and connected extra-curricular activities.

## If a person has one or more of these symptoms:

- Fever ( $\geq 100.4^{\circ}\text{F}$ ) or chills
- Shortness of breath or difficulty breathing
- Muscle or body aches
- New loss of taste or smell
- Cough (new, changed, or worsening)



They should isolate at home AND get tested for COVID-19

- Congestion or runny nose
- Nausea, vomiting, or diarrhea
- Headache
- Fatigue
- Sore throat



They should isolate at home

Was **only ONE** symptom present?

NO

YES

Did the symptom resolve within 24 hours **OR** are they consistent with a diagnosed chronic illness?

NO

YES

If they do not receive an alternative named diagnosis from a health care provider **OR** do not get tested



They test **POSITIVE** for COVID-19



They test **NEGATIVE** for COVID-19 **OR** receive an alternative named diagnosis from a health care provider plus a negative test

**Isolate at home**

They can return to school, child care, and activities after five days have passed since symptoms first appeared if:

1. No fever within the past 24 hours (without medication) **AND**
2. Symptoms have significantly improved **AND**
3. Wear a mask around others days 6–10 **OR** test negative with an antigen test to return without a mask

If they cannot wear a mask and do not test negative after day five, they must continue isolating through day 10.

**Return to school, child care, and activities if:**

1. No fever within the past 24 hours (without medication)
- AND**
2. Symptoms have significantly improved

# What to do if You Receive an Exposure Notification or are Identified as a Close Contact\*



These recommendations are for K-12 schools, child care, and connected extra-curricular activities.

**Regardless of vaccination status, the following guidelines are recommended:**

- Continue to attend school, child care, and activities.
- Monitor for symptoms for 10 days after exposure.
- Consider wearing a well-fitting mask for 10 days after exposure.
- Consider getting tested three to five days after exposure.

