

REDMOND HIGH SCHOOL WEEKLY STUDENT BULLETIN

March 18, 2022



Dear RHS,

Only two weeks to go before Spring Break!
Have a great week, Mustangs!!

Jill VanderVeer
RHS Principal

RHS CALENDAR

Coming Up....

Mar 21: Grad Night ticket sales open for Seniors (PTSA sponsored event)

Mar 21-April 15: Sophomore class Athletic shoe drive at RHS

Mar 25: Stang, Set, Spike Volleyball Championship, 6-8 pm, Gym

Mar 28-April 1: Spirit Week

Mar 31: Next HSBP assignment due

April 1: Last day of 3rd Quarter

April 4-8: Spring Break - No School

April 16: Athletic shoe drive; Community drop-off at RHS, 10 am-2 pm

April 27: Mustang Extravaganza for incoming Freshmen, 6:30 pm

May 2-6: AP Testing

May 9-13: AP Testing

RHS Home Varsity Athletic Events:

Fri, March 18:

Tennis vs Jackson – 3:45 pm

Soccer vs Jackson – 7:30 pm

Mon, March 21:

Girls Golf @ Bear Creek CC – 3:00 vs Newport

Fastpitch – 5:00 vs Newport

Tues, March 22:

Girls Tennis – 3:45 vs Woodinville

Badminton – 4:00 vs North Creek

Wed, March 23:

Baseball @ Hartman Park – 6:00 vs Newport

Thurs, March 24:

Track and Field – 4:00 vs Woodinville

Tennis – 3:45 vs North Creek

Fri, March 25:

Fastpitch – 5:00 vs Woodinville

Boys Soccer – 7:30 vs Glacier Peak

State Dance competition in Yakima

SOPHOMORE CLASS FUNDRAISER



New: Need to get rid of shoes? RHS is recycling shoes through a fundraiser with the GotSneakers organization.

Students: Bring any athletic shoes to RHS from **March 21-April 15**. Drop them off at the donation bin at the entrance of the school and help earn money for the class of 2024.

Community members: Bring any athletic shoes to our collection event on Saturday, **April 16, 10 am-2 pm**.

Location: Redmond High main parking lot by 104th.

We accept sneakers in all conditions, new or used.

Note: We will not accept non-athletic footwear (i.e. boots, heels, sandals, etc.).

For more information, [click here for flyer](#).

PARKING UPDATE



New: Students may only park in the student lot if they have a permit. A limited number of permits are still available. Please contact pkelley@lwsd.org or go to room C104.

Students may not park in Guest parking.

\$45 daily fines will be issued to students who park in Guest parking.

Parents, please do not park your car in the staff lot or use it as a waiting or pass through area. During drop off and pick up, please drive around the full half circle of the lot. Cutting across the lot leads to increased traffic.

SPIRIT WEEK

SPIRIT WEEK

Monday 3/28: Pajamas, Crocs, and crazy socks - Dress comfy!

Tuesday 3/29: Groutfits - Completely grey outfits

Wednesday 3/30: Celeb Day - Dress like your favorite celebrity or movie character

Thursday 3/31: Helmets & Hats day

Friday 4/1: Green & Gold - Show your Stang pride!

SENIOR TIMELINE

CLASS of 2022

NEW: Senior Grad Night will be held after graduation on the night of June 13. Approximate time: 10:00 pm on June 13 to 6:00 am on June 14. This event is sponsored by the PTSA.

Graduates will be whisked away to undisclosed locations to enjoy a fun-filled night of activities, food, and hanging out with friends on one of the most memorable days of their lives! Tickets will go on sale on March 21 at \$150 per person; ticket price will increase to \$175 on May 2; ticket sales close on May 16. Scholarships are available.

More information about the event, including how to purchase tickets, can be found at [Grad Night Tickets 2022](#). In-person forms and check drop-off at the main office will be available. For questions, please contact gradnight@redmondhsptsa.org

Cap and gown orders: If you still need to order your items, check out [THIS VIDEO](#) for instructions on how to register and order your grad items. Here is the link to the [GRADUATION PACKET](#) students received in homeroom. Here is the [link](#) to place the cap & gown order online.

Senior Prom: Saturday, May 14 at Columbia Tower Club, 8 pm.

Graduation: Monday, June 13 at UW /Alaska Airlines Arena, 6 pm.

Please note: Events could change given the current Covid climate and UW Leadership decisions.

HIGH SCHOOL & BEYOND PLAN



New: Students – Your next HSBP assignment has been posted in Xello and is **DUE March 31!** Please login to your [Xello account here](#) and find the assignment in your dashboard.

If you have any questions, please contact Nikole Lalas: nlalas@lwsd.org.

COMPETITION RESULTS



New: Three teams competed virtually on March 5th at the **Washington State Northwest Regionals** in 15 different science-related events.

Congratulations to our top 5 placers

Neha Venkatesh / Kriti Sharma - 1st (Write It CAD It)

Nivedha Neelakandan / Mohith Nam Narendra Babu - 1st (Ornithology)

Dhyana Magesh / Krithi Iyer / Rachel Kurapati - 2nd (Codebusters)

Dhyana Magesh / Shruti Badrish - 3rd (Chemistry Lab)

Krithi Iyer / Shruti Badrish - 3rd (Astronomy)

Kriti Sharma / Nisha Shastry / Neha Venkatesh - 3rd (Experimental Design)

Dhyana Magesh / Krithi Iyer - 3rd (Disease Detectives)

Sanjay Rajesh / Vihan Dalvi - 3rd (Green Generation)

Deblina Pal / Pratyush Kore - 3rd (Remote Sensing)

Sydney Huang / Ishan Goel - 3rd (It's About Time)

Prithivi Srinivasan / Pratyush Kore - 4th (Cell Biology)

Shruti Badrish / Rachel Kurapati - 4th (Code Analysis)

Sanjay Rajesh / Vihan Dalvi - 4th (It's About Time)

Nivedha Neelakandan / Mohith Nam Narendra Babu - 4th (Environmental Chemistry)

Nivedha Neelakandan / Mohith Nam Narendra Babu - 4th (Trajectory)

CULINARY WINNERS



Congratulations to RHS!

LSWD 2022 Culinary Competition Winners Announced!

On March 16th, the LSWD Culinary Competition winners were announced. Students competed from LWHS, JHS and RHS. There were two categories that students could enter, Savory and Sweet. The competition was fierce this year, but RHS came out with three overall winners!

For the **SAVORY** category, congratulations to **Steven Huynh** for taking **1st place** with his amazing Pho!

For the **SWEET** category, congratulations to **Nithya Sangameswaran** for taking **1st place** with her very technical Croquembouche with Meringues and to **Katrina Gunvaldson** for her **2nd place** win for her Ricotta Cheesecake with Biscotti Crust (even the biscotti was made from scratch).

Kudos to all the amazing young chefs who competed from RHS this year as all the dishes were exemplary and showed a lot of culinary skills and talent. They all should be proud of their hard work.

FIDGET GYRO

Makerspace



We can make a fidget spinner here?!?! Yes, yes we can! Let us introduce you to our 3D printer. We'll demo how to use the 3D printer in the library and give you some tips on finding designs of your own. Sign up on Flexisched for the "Makerspace - Fidget Gyro" during homeroom on March 24.

MASK MANDATE LIFTED

Respect the choices of others



Starting March 12, with a few exceptions, mask-wearing became a choice for students and staff on our school campus. This announcement came with a wide range of reactions and emotions from our community.

How you can help:

We ask that you have a conversation about the new guidance with your student(s) so they are comfortable with whatever decision your family makes. Additionally, it will be important to let your student(s) know not everyone will make that same decision.

To help with this conversation, we have outlined a few talking points you can use. *To read more [click here.](#)*

NEED PART TIME WORK?



New: Nutrition Services at LWSO is hiring individuals of all experience levels for PT and FT work. Must be willing to stand, reach, bend during your shift and frequently lift up to 35 lbs. Duties include assisting with preparing meals, serving meals, clean-up, and dishwashing. A complete list of each position's job duties is listed on the application portal.

For more information and to apply online, [click here.](#)

CREATIVE WRITING CLUB

A promotional banner for "The Gift of Reading Book Drive". On the left, it features the logos for "Rx" (a stylized 'R' and 'x') and "treehouse" (a green tree icon). Below these is the text "THE GIFT OF READING BOOK DRIVE" in large, bold, blue capital letters. Underneath that, in smaller text, it says "a book donation drive for foster youth by the Creative Writing Club". On the right side of the banner, there is a circular image showing two hands holding a stack of books. The text "Share the gift of reading" is written in a curve around the bottom left of the circle, and "by donating children's books" is written in a curve around the bottom right of the circle.

The Gift of Reading Book Drive

RHS Creative Writing Club x Treehouse

With our immense success last year, we have decided to bring it back!

Youth in foster care deserve an enriching summer experience. The Creative Writing Club is asking students, faculty, staff, alumni, and friends to please consider donating **gently used or new children's storybooks, elementary-aged chapter books, and young adult books** in support of Treehouse, a nonprofit org. addressing the needs of over [8,000 youth in foster care](#). Books featuring diverse voices/highlighting characters of color particularly desired! Let's try to beat our goal of 150 books, Stangs!

When: March 15- April 11

Drop-off Locations: Outside PAC, Commons

Contact: s-nshastry@lwsd.org

To learn more about Treehouse and the foster care system, click [here](#):

FREE & REDUCED LUNCH

It's more than a meal application.

Several benefits come with filling out a School Meal Application; not just meals. Even though meals are free this year, we strongly encourage all parents/guardians who might be eligible for benefits to submit an application. Completing an application takes less than 10 minutes, and parents only need to complete one application per family.

Filling out the School Meal Application may help provide:

- Healthy & Nutritious Meals
- Additional Funding for School Programs
- Fee Waivers for ASB Cards
- Fee Waivers for Athletic Participation & Extracurricular Activities
- Health and Wellness Services
- Fee Waivers for College Applications & Admissions tests
- College Scholarships

School Counselors can help connect you with benefits that you may be eligible for if you qualify for free and reduced meals. Applications may be completed online at www.myschoolapps.com/ or downloaded from our website (English | Español). For more information, please visit [our website](#).

RHS HELP HELPS!

RHS Help

Seniors: If you are having troubles affording your **graduation cap and gown** or other graduation expenses, please reach out to your counselor or Mrs. Zambrowsky-Huls. *RHS Help* may be able to assist you in paying for your graduation gown.

RHS ATTENDANCE LINE

425-936-1810

How to excuse your student when they are absent:

Please email the attendance secretary at rhsattend@lwsd.org or leave a message on the Attendance line 425 936-1810 whenever your student is absent or late.

How to excuse your student for an early departure:

Please email or call as soon as possible to excuse your student early for an appointment, or if they are leaving early due to an illness. The Attendance Secretary (Ms. Anderson) will send your student a dismissal slip so they may sign out in the Attendance Office and meet the parent outside.

Important: if you were marked absent or late by a teacher and would like to discuss this, please talk to the teacher that marked you absent or late---not the attendance office.

- For more information about absences, late arrivals and early departures, click [here](#).
- Para obtener más información sobre ausencias, llegadas tardías y salidas anticipadas, haga clic [aquí](#).

FAMILY SUPPORT LOCATOR



New: The COVID-19 pandemic has exacerbated the existing substance abuse, addiction and overdose epidemic. According to the U.S. Department of Health & Human Services, the number of people with both substance use disorder and mental health challenges more than doubled in 2020.

With this surge in families and loved ones seeking immediate support and resources, Partnership to End Addiction and SAFE Project partnered to launch the first-of-its-kind online **SAFE Family Support Locator** — a free, user-friendly tool that helps families and caregivers quickly find treatment services and support for their loved ones.

COUNSELING APPOINTMENTS



Counselors are excited to meet with you! Counselors are available for individual student/parent appointments. The appointment calendar on the [RHS Counseling website](#) is now open for students/parents to schedule a meeting.

Counselor Caseloads:

A-CA: Katie Keller
kkeller@lwsd.org

A-CA (12th & RS): Nikole Lalas

nlalas@lwsd.org

CE-GARC: Lindsey Hanson

lihanson@lwsd.org

GARD-KAS: Sarah Gray

sgray@lwsd.org

KAT-LEA & VIM-Z: Micaela Crapo

mcrapo@lwsd.org

LEB-MAZ: Katie Bunyard

kbunyard@lwsd.org

MC-RAJ: Ellen Zambrowsky-Huls

ezambrowsky-huls@lwsd.org

RAK-SUG: Derik Detweiler

ddetweiler@lwsd.org

SUH-VIL: Justine Oshiro

joshiro@lwsd.org

COLLEGE & CAREER CENTER NEWS



COLLEGE &
CAREER
CENTER

Live Wednesday

Click [here](#) for Live Wednesday events and the links to join these LIVE Virtual event to learn more about careers in Social Services.

Lake Washington School District

LIVE WEDNESDAY

College and Career Virtual Event Series

Social Services

March 23, 1:30 pm



DAVID MCHALE, LSWAIC

School-Based Social Worker

Community Healthcare Access Team

Evergreen Health



ERIK GRAY

Advocate, Vulnerable Populations

King County Prosecuting Attorney's Office



JULIA SUGHRUE

Refugee Health Liaison

Nationalities Service Center



College Bound Resigning



and Information Virtual Event

Wednesday, March 30, 2022, 6 to 7 pm



**PREPARATORY
COLLEGE & CAREER
EDUCATION**
for
High School Students

WANIC Skill Center
2022-2023

WANIC Enrollment for Full Year 2022-23 is now open!

For more information on Full Year Skill Center Programs for 2022-23:

[Full Year Course Catalog-WANIC](#). For instructions and to apply for the 2022-23 Full Year: [Register Here-WANIC](#). Please read through the instructions carefully before starting your application. If you have any questions, please contact [Ms. Wu](#) or WANIC at wanic@lwsd.org. 425-739-8400.



Check out the bulletin boards outside the College & Career Center or check [College and Career Center Teams](#) for updates on Jobs, Colleges, Scholarships, Summer Programs, Internships or Apprenticeships. Have questions or need help? Schedule an appointment with Ms. Wu [here](#).

American Legion Auxiliary is hosting the **Evergreen Girls State Virtual Experience**, May 31 - June 2, 2022, 7 - 9 pm via Zoom. There's no cost, all high school girls are welcome, college scholarships available and opportunity to apply to attend ALA Girls Nation. Visit evergreengirlsstate.com to sign-up



Seniors! We can't wait to celebrate you!!

Whether it's college, technical school, the military, an apprenticeship, a job, gap year or something else, Destination Day celebrates the many future directions of the Class of 2022. We are in the process of creating our "Destination Day" video celebration. To be in the video, complete this [Form](#) or check our [College and Career Center Teams](#) to complete your submission form, **no later than May 1st**. Questions can be sent to [CCC](#).

\$SCHOLARSHIPS\$

AFSME Local 21-RD Scholarship

\$500 Award, Applications (available on the Scholarship bulletin board outside CCC) must be submitted to the College and Career Center by 2:15 pm on April 25, 2022.

PTSA Council 2022 Scholarships Deadline March 25, 2022

For information: [Council 2022 Scholarships - LWPTSA](#)

Redmond Rotary "Service Above Self" Scholarship is currently open and is posted in [Xello](#) and [Teams](#). The Redmond Rotary Club is proud to offer a \$4,000.00 scholarship to a deserving Redmond High School senior in the Lake Washington School District. [Applications](#) must be emailed to rwu@lwsd.org no later than midnight on May 1, 2022. To be eligible, students must be enrolled in a college, university, apprenticeship, or technical training school for the fall of the year immediately following the award date.

Seattle Foundation hosts over 50 scholarships annually. Check it out: [Current Scholarships Page](#) American Legion

Samsung American Legion Scholarship awards \$300,000 to nearly 100 American Legion Boys State and American Legion Auxiliary Girls State participants. For application requirements and to apply online: [Samsung American Legion](#). Applications are due by 5 pm PST on May 31, 2022.

Daniel and Abigail Epeneter Memorial Scholarship has two \$2,000 awards for RHS senior. Information and application are posted on the Scholarship Bulletin by CCC, on [Teams](#) and in Xello.

Federal Student Aid

An OFFICE of the U.S. DEPARTMENT of EDUCATION

Have you filled out the Free Application for Federal Student Aid (FAFSA) form? Not sure how to fill it out? Check [this](#) out! Still need help? Contact [CCC](#) for help with filling out your FAFSA.

How to find College & Career Center on TEAMS?? In Teams, go to RHS-Student Services-CO (your class), College and Career Center. See example here:

