

## Parenting Smart (Place2Be)

The children's mental health charity, Place2Be, has launched a new website aimed at helping parents with typical situations they can find themselves in with their children.

Advice can be found on over forty topics including:

- Understanding sibling rivalry
- My child is lying, what does it mean, what should I do?
- My child has trouble going to sleep
- My child says 'I hate you!'
- Cultural identity: who am I?

The Parenting Smart website can found here:

<https://parentingsmart.place2be.org.uk/>