# Lynch Hill School Primary Academy Aim High, Work Hard, Care Deeply

#### How to Stay Safe

At Lynch Hill School, all staff feel your health, safety and welfare are very important. In our school, we respect our children and help to protect your rights. We do our best to help you make good educational progress. We teach you to recognise risks in different situations and how to protect yourself and stay safe.



### TIPS FOR KEEPING YOURSELF SAFE

#### Bullying:

If you think a student or a grown up is bullying you or someone you know you must tell your parents/carers, a teacher or someone you can trust as soon as you can.

#### **Touching You:**

Your body belongs to you and no one else. This means all of your body. If someone touches you on a part of your body like your bottom, chest or anywhere else you do not like, it is <u>NOT OK.</u> You must tell your parents/carers, a teacher or someone you can trust as soon as you can.

#### Hitting, Punching or Smacking You:

If a student or grown-up hits you, punches, smacks or hurts you in any way, you must tell your parents/carers, a teacher or someone you can trust as soon as you can.

#### Your Mental Health

If you are feeling sad or low there are lots of people who can help you. You can talk to a teacher in school or one of our mental health support team. They are Ms Cargin, Ms Robinson and Ms Airs.

#### Secrets:

Secrets such as surprise parties are fun, but some secrets are not good and should never be kept. If an adult has asked you to keep a secret which is making you feel uncomfortable, tell an adult that you trust.

#### On the phone or your computer:

Computers and mobile phones help us all to share things and talk to our friends and family, but they can also make it easier for bullies and other people that want to hurt you to get close to you. Never give out personal details. If you are unsure about what to do, speak to an adult you trust straight away!

#### Other things that also matter:

At Lynch Hill we endeavour to keep our children safe and we expect the same for them when they are not in school. Listed are things that all children should expect when they are at home.

- A safe environment
- Food & drink
- Clean clothes
- A bed to sleep in
- Parents/carers who listen to any worries they have
- To feel loved
- School uniform

## WHAT HAPPENS NEXT IF ONE OF THESE THINGS HAPPENS TO YOU

Sometimes a member of staff at the school will need to check with Mrs Maule, Mrs Bunce or Mrs Tomlinson to see if the issue can be dealt with by them.

There will be times when they need to contact other agencies for support. These may be Children's Social Care or Police.

There are also lots of other agencies that can support children and their families as well.

Staff will talk to you and explain all of this and you can always go and ask staff questions if you are unsure about anything.







