# ASOCIACIÓN ESCUELAS LINCOLN The American International School of Buenos Aires



# **Athletics & Activities Handbook**

2021 - 2022

# **Table of Contents**

Philosophy	3
Mission	3
Vision	3
Core Values	3
After School Activity & 5:15pm Bus Registration	4
Elementary After School Activities Information	4
Sports Seasons	5
Game Schedule	5
Middle School Athletics	5
Friendship Meet & Selection Criteria	5
High School Athletics	6
SAAC (South American Activities Conference) & Selection Criteria	7
Eligibility	8
Transportation / Accommodations	9
Student-Athlete & Club Members' Code of Conduct	9
Rules of Sportsmanship for Participants and Coaches/Sponsors	10
Hosting	11
Injuries & Medical Clearance	11
Uniforms	11
Student Supervision After School	12
The Mario Argerich - Outstanding Athlete Award	12
Athletic Council	12
Swim Team Criteria	13
Student - Athlete & Parent Contract	14

# **Athletic & Activities Department Contact Information**

#### **Rosemary Fatta Mari**

Athletic/Activities Director (4851-1700 ext. 480) rosemary.fatta.mari@lincoln.edu.ar

#### **Gimena Segovia**

Activities Secretary (4851-1700 ext. 481) gimena.segovia@lincoln.edu.ar

# Silvia Mondria

Elementary School PE Teacher (4851-1700 ext. 471) Elementary Activities Coordinator <u>silvia.mondria@lincoln.edu.ar</u>

#### Norali Fisman

Pool Coordinator & Head Swim Coach norali.fisman@lincoln.edu.ar

#### Philosophy

Asociacion Escuelas Lincoln believes that the opportunity for participation in a variety of athletics and activities is a vital part of a student's educational experience. Such participation is a privilege that carries with it responsibilities to the school, one's teammates, the community and to the students themselves. Participating in extracurricular athletics and activities helps to facilitate social, emotional and developmental growth of our students. While we encourage all students to participate in our school athletics and activities program, it is essential that the planning of such participation include realistic consideration of the time involved. The athletics and activities programs stress commitment and discipline from all participants.

#### Mission

The mission of Asociacion Escuelas Lincoln's Athletic and Activities Department is to provide an athletic program which complements and supports a challenging academic program by teaching student-athletes perseverance, teamwork and the importance of balance between work and play. Lincoln strives to build a solid athletic and activities program with an emphasis on sportsmanship, competition and commitment.

#### Vision

Asociacion Escuelas Lincoln's Athletic and Activities program is dedicated to being an inclusive program that offers students opportunities to develop teamwork, character and grit.

#### **Core Values**

- sportsmanship
- dedication
- determination
- hard work
- loyalty
- commitment
- teamwork
- leadership
- respect

# **Elementary After School Activities**

Our After School Activities Program offers a cross-section of experiences for your child to learn new skills, socialize, while developing a sense of teamwork within a supportive environment. Each activity presents age appropriate opportunities for children to explore personal interests. As such, if after a week or two, your child determines that he or she is not really interested in a particular activity, we are happy to arrange for a different opportunity. Our goal is that your child is stimulated and engaged in whatever activity is chosen.

Our 4th and 5th Graders who participate in soccer, volleyball, tennis, basketball and hip hop will have three travel opportunities during the year. Parents of these students will receive invitations to participate via email at least one month prior to travel.

Each after school activity begins at 3:30pm and ends at 5:00pm, with the exception of Wednesdays. Wednesdays are early dismissal days and therefore our activities take place from 2:15pm - 3:15pm.

# **Registering for Elementary After School Activities:**

- 1.) Please select activities based on your child's genuine interests, rather than parent convenience. Then complete and submit the online registration form. Many activities have a maximum allowance of participants, so it is advisable to make your selections and complete registration as early as possible. Once registration has closed, participants will be chosen based on a computer-generated lottery system, rather than "first come first served." You will be notified via email should your child NOT be placed in their activity of choice. Activities that are at capacity will be highlighted in yellow on each division's At-A-Glance. We will email families who may need to be wait-listed. If you do not receive an email from our office at least 3 days prior to the start of the season, you may assume that your activity selections have been confirmed. Each activity has a minimum number of participants required for the activity to proceed. Should your student's selected activity not reach the minimum requirement, the activity will be canceled and you will be notified ASAP.
- 2.) You will receive an automatic reply from Google that indicates your registration has been submitted.
- 3.) If you need to make any changes, please do not fill out another form. Contact us at <u>activities@lincoln.edu.ar</u>

While we know our program is designed to meet the needs of our students, we have found that we need to include the below requests so that the program continues to function smoothly.

- Parents of students who are absent from an activity more than three times will be given notice that their student will be dropped from the activity. This will help to accommodate those students who are eager to join an activity that is at capacity.
- Students who are unable to participate in Physical Education classes due to a health-related issue may not participate in any after school athletics activity.
- In the event that behavior problems develop, the teacher, coach, or coordinator will inform you of the questionable behavior and ask that you help your child resolve the issue. If the behavior problem continues to interfere with our group objectives, your child will no longer be able to participate in the activity for the current semester.
- Elementary activities end at 5:00pm. For the safety of your child and to comply with the requirement that all children be supervised when they are on campus, we need you to pick your child on time. If you are unable to consistently collect your child in a timely manner and we cannot resolve the issue, the school reserves the right to remove your child from the activity.

# Sports Seasons

Middle School and High School follow, for the most part, a two-season schedule. The first semester season begins in August and finishes in November. The second semester season begins in February and finishes in May.

First Semester Season	Second Semester Season	
Volleyball – Boys and Girls	Basketball – Boys and Girls	
Soccer – Boys and Girls	Soccer – Boys and Girls	
Swimming – Boys and Girls	Track & Field - Boys and Girls	
Tennis – Boys and Girls	Swimming - Boys and Girls	
	Tennis – Boys and Girls	

#### Game Schedule

Games are posted **<u>HERE</u>** as soon as they have been confirmed. Please check this calendar often.

#### Middle School

The main objective of the Lincoln Middle School Athletics Program is participation. The middle school program has adopted an inclusive approach that stresses participation, skills, sportsmanship and friendly competition. The Friendship Meets with Uruguayan American School and The International School of Curitiba are opportunities for our Middle School athletes to compete internationally.

Middle School practices are usually held between 3:45pm and 5:00pm during weekdays. On occasion practice times will be extended. Parents will be informed in advance of any change in practice times. Students must be on campus by 11:30 am to participate in after-school or evening extra-curricular activities, competition or performance.

#### The Friendship Meet

The Friendship Games are held twice every year – once in first semester and again in the second semester. Athletes participate in soccer and volleyball during the first semester, and soccer and basketball during the second semester. The location of the Friendship Meets rotates between the three schools; Lincoln, UAS (Uruguayan American School) and ISC, (International School of Curitiba).

The creation of a selection team is never an easy task for our coaches, nor is it easy to be one of the students who was not selected. The criteria used to select athletes includes attendance, preparedness, effort, commitment, attitude toward peers and coaches, ability, maturity and grade level.

#### **High School**

Varsity and Junior Varsity Sports are open to all students (Grade 9-12) enrolled in the High School.

#### Junior Varsity Teams

At the Junior Varsity level, the student athletes learn the basics of the sport as well as the rules of the game. They learn about teamwork, competition, commitment and fundamental skills. While winning is a component of the competition process, the emphasis at the JV level is participation. All players will play in each of the JV games that they attend. For the most part, Junior Varsity teams will be made up of high school students from grades 9-10. In special cases, grade 8, 11 & 12 students will participate on a Junior Varsity team. An 8th Grade Student may, by exception, participate on a high school team under the following conditions:

• The middle school administration and athletic department determines that due to a unique combination of factors, including a particular student's age, ability and competitive level of sports available at the middle school, that a recommendation be made to the High School Principal and the Director of Athletics that the student be considered for participation at the Junior Varsity level.

- Once recommended for consideration, the High School Principal and the Director of Athletics, in consultation with the relevant coach, will consider each case on the basis of its own merit. A final decision shall be made after considering the best interests of the student and program.
- Students who agree to become a member of the Junior Varsity Team agree to attend a minimum of one Junior Varsity practice per week as well as games, in addition to two practices per week with their middle school team.
- Eighth grade students who represent Lincoln as part of the Junior Varsity Team outside of Argentina, will not be eligible for consideration to represent the middle school for the Friendship Meet outside of Argentina for the same sport during the same semester. (ie. If an eighth grade student travels outside of Argentina to a tournament to represent Lincoln as a Junior Varsity Soccer, Volleyball or Basketball player, they may not be selected to travel to a Friendship Meet for the same sport during the same semester.) When Lincoln hosts the Friendship Meet, the invitation to participate will continue to be open to all middle school athletes, including eighth graders who also play for the Junior Varsity Team.

# Varsity Teams

The goals of Varsity teams are to continue with the fundamental skill process and to take competition to a higher level. While coaches are encouraged to play as many members as possible, it is recognized that there will be times when this is not possible. This will especially be the case as the season progresses towards the SAAC Tournament. While the Varsity and JV teams are separate entities, coaches are encouraged to work together in order to build a more cohesive program. In some instances there may be player movement between the JV and Varsity teams.

Practice times will be established at the beginning of the season. Practices will be held after school and may include Saturdays. Teams generally will have practice two to four times a week (1 1/2 - 2 hours per session) and may also have a game/practice scheduled either during the week, or on a Saturday. High School sports practices will be scheduled between 3:45 and 6:30pm. All practices will make every effort to finish by 6:30pm. Students must be on campus by 11:30am in order to participate in after-school or evening extra-curricular activities, competition or performance.

Each sports season will begin a week of online registration. High-school students are invited to complete the online registration form on their own, while middle and elementary school parents will need to complete registration for their children.

#### SAAC (South American Activities Conference)

The South American Activities Conference was established in 2004. This conference has enjoyed much success since its creation in 2004. SAAC provides student-athletes with the opportunity to compete internationally and share in cultural exchanges. The criteria used to select athletes includes attendance, ability, effort, commitment, attitude toward peers and coaches and general sportsmanship.

#### Schools participating in 2018-2019 SAAC Tournaments:

- 1. Asociacion Escuelas Lincoln Buenos Aires, Argentina
- 2. Colegio Franklin D. Roosevelt Lima, Peru
- 3. International School Nido de Aguilas Santiago, Chile



- 4. Uruguayan American School Montevideo, Uruguay
- 5. American School Quito, Ecuador
- 6. International School of Curitiba Curitiba, Brazil
- 7. Graded School Sao Paulo, Brazil

# Eligibility

Students must remember that athletics and activities are an extracurricular activity. That is to say that a student must be academically successful before considering participation in the after-school sports or activities program. Previous and current behavior will be a major determining factor for participation.

# Eligibility - Middle School

A student is eligible to participate on field trips, musical, honor band/choir, athletics and selected extra-curricular activities if the following are true:

- A student may not receive an F" in any subject or class to participate on an Athletic Department Trip, Competition, Tournament or Fine Arts Activity/Event. Academic standing will be a determining factor for participation for all trips and activities.
- Grading periods for determining eligibility will be established by the Activities Office before each trip, event or tournament.
- If a student has an incomplete, the incomplete grade must be made up before the competition or trip.
- A student will also be ineligible due to suspension.
- Report cards and progress reports will be used to determine eligibility when possible.
- Previous and current behavior will be a major consideration for determining if a student is permitted to participate on a trip, tournament, or competition.
- Meets attendance and behavior expectations outlined by the coach of the activity or athletic department.
- Students must attend school a minimum of one-half day of school (11:30 am) to participate in after-school or evening extra-curricular activities, competition or performance.
- No more than two unexcused absences from practice

# **Eligibility - High School**

Representing Lincoln at SAAC home and away activities, as well as other selected international activities, is a privilege for Lincoln students who are chosen to do so. To be selected for this privilege, it is expected that students will be meeting their academic and behavioral responsibilities to an appropriate level.

We consider teacher comments regarding attitudes of learning extremely important because the most we can ask of our students is that they give their very best effort in each of their classes.

#### Middle & High School Academic Eligibility Process

1. The Activities Office informs students/parents which students have been selected to represent Lincoln at a particular event.

- 2. The Principal, Deputy Principal and Athletic Director (and IB Coordinator, if applicable) shall review the lists of selected players, and along with teachers, identify students of concern, and conference with students, teachers and parents.
- 3. The Principal, with input from the above individuals, will make the final decision regarding eligibility and communicate with the student and parents.

We believe the Academic Eligibility Policy is in the best interests of our students. If students are giving their very best effort in each class, they can trust that a fair evaluation of their eligibility status will take place.

#### Transportation/Accommodations

Transportation and accommodations are arranged for the team or group through the School (Athletic/Activities Secretary and Athletic Director). It is expected that all students will travel and stay together as a team/group for security and supervision reasons. The school makes block reservations for all student air travel. Parents should not purchase student tickets independently of the school's booking. In most cases, Lincoln students will be staying in the homes of the host school families.

# Lincoln Student-Athlete & Club Members' Code of Conduct

Events include practice, conventions, on-campus tournaments and competitions in other schools (both in Buenos Aires and abroad.) This also includes traveling to and from tournament/event sites. The Codes of Conduct are based on the SAAC and Friendship Meet Student Contract.

- The use of tobacco, drinking or possession of alcohol, use or possession of drugs is not allowed at any time. Flagrant curfew violations (see below) and violations of "Off-limits Areas" will not be permitted during and traveling to and from an athletic event in which Lincoln is participating or hosting. Consequences for infractions may include some or all of the following:
  - Suspension from games or events.
  - Principal/director of the school will be notified of the infraction. Suspension from further participation in the tournament or event.
  - A student could be sent home (at the parent's expense) if feasible to do so.
  - Removed from the team/activity and any further participation in the sport or event that season.
  - The student will be excluded from all future participation in the Lincoln Athletic Program, tournaments, away events for a period of <u>one year</u> from the date of the infraction, including the same tournament/event the following year.
  - Additionally, students will not be eligible for awards for that tournament. A violation also precludes a student from receiving any other major athletic and non-academic awards.
- "Off-limits Areas" include any establishment that sells alcoholic beverages/tobacco products and any others designated by the host school. These areas are off limits for the duration of the tournament. Duration of the tournament is defined as arrival time to departure time.
- "Exploration of the local environment" will not be permitted without the knowledge and consent of the host parent/guardian and coach or sponsor. Students must be accompanied by a school chaperone any time they leave the immediate area of an event or tournament.
- Housing assignment issues should be directed to the host school Athletic Director or event coordinator.

- The host school will set daily curfews. However, should an Event/Function finish later than one hour before the stated curfew, curfew will be extended until one hour after the conclusion of the event.
- Coaches or sponsors must communicate with students each night at the curfew hour to ensure all students have returned safely home at the appropriate time. Once a student is in and has communicated, he/she may not leave the house. Coaches must report any and all violations to the host Athletic Director.
- All laws of the host country must be observed, as well as any additional rules established by the host school.
- Any problem arising during the tournament should be reported immediately to the host school AD/Principal for corrective measures. The host AD, upon investigation and exercising reasonable judgment, will resolve the issue or forward the issue to the Tournament Committee and inform the host school administrator.
- All participants and coaches/sponsors are required to attend all functions officially affiliated with the Event, including special evening functions.
- All athletes and coaches must arrive on campus prior to the first game and must remain until the conclusion of the day's last game.
- A tournament participant who violates any of the above rules will be reported to the host school's Athletic Director.
- Violating the above rules will result in corrective measures. The corrective measures may include some or all of the following:
  - 1. Ineligible for participation in the next scheduled game.
  - 2. Ineligible for further participation in the sport or tournament. This would include games, dances, and awards ceremonies.
  - 3. Sent home early at the expense of the parents.
  - 4. The student will be excluded from all future participation in the Lincoln Athletic Program or tournaments for a period of <u>one year</u> from the date of the infraction, including the same tournament/event the following year.
- If a violation occurs, the Principal, Lincoln Athletic Director and Tournament Athletic Directors will meet in order to decide the most appropriate course of disciplinary action to be taken.
- Normal school rules are applied and must be enforced by each school. All participants should show respect for Tournament Authorities.
- The following set of criteria will be used to determine a "flagrant" curfew violation:
  - 1) Evidence of a student's lack of serious attempt to reach home by the stated curfew.
  - 2) The length of time the student was out beyond the curfew.
  - 3) Whether the student was involved in deceptive actions such as leaving home after the curfew.
  - 4) Violations also involve being in "off-limits areas" or use of tobacco, alcohol or drugs.

# **Rules of Sportsmanship for Participants and Coaches/Sponsors**

- Coaches, sponsors and students must respect the judgment of the referees or tournament officers or judges as final.
- All participants are expected to shake hands at the end of each match.
- Rude behavior on the court may result in removal from a specific game or from the remainder of the competition.
- Profanity is prohibited at any time and in any circumstances.

# Hosting

As Lincoln will host events from time to time, the parents of participants will be required to host students from visiting countries for the duration of the school event. Lincoln athletes unable to host visiting players may not be permitted to participate in the tournament. As a participating member of the SAAC and Friendship Tournaments, all athletes have the obligation to house visiting students.

Hosting expectations are listed below:

- One of the parents/guardians is present for the duration of the tournament/event.
- Hosts will provide appropriate sleeping arrangements, some meals and transportation to and from Lincoln.
- Hosts are expected to cooperate with the Tournament Director in ensuring student compliance with all tournament or event rules/regulations relating to participation and curfew.
- Any student who shows reluctance to fully comply with the tournament rules and regulations shall be reported by the host family to the Tournament Director who will report the matter to the student's coach and Administration in charge with the expectation that action will be taken.
- All students staying with a host family must follow the rules of the family both on and off the family's premises. Under no circumstance may housing arrangements be changed. Coaches and sponsors will be given a copy of the housing arrangements.
- All host families will be provided with complete tournament details (schedules, curfews, policies, procedures, emergency phone numbers for coaches and important tournament personnel, etc.)

# **Injuries & Medical Clearance**

Any student-athlete who suffers a serious/major injury during the season that results in missed practices and/or games will not be eligible to resume competition until the student has been cleared by a doctor. Some discretion can be used depending upon the nature of the injury; however doctor clearance will apply to all broken bone, head and neck injuries.

Please complete and submit Annual Health Forms to the Wellness Center prior to the start of each school year.

#### Uniforms

Athletes are to be in full uniform when participating in matches. Aside from Swimming, the school will supply uniforms before each game. Students must purchase items that are of a personal nature (i.e. shoes, knee braces, shin guards). Any equipment loaned to students must be returned to the respective coach. Any loss or damage to equipment or uniforms will be paid to the school. The activities office will determine the

amount of repayment due. High School Student - Athletes will be assigned uniforms to use throughout the given season. Uniforms must be returned clean to the coach at the end of each season. Students will be held responsible for lost or unreturned uniforms.

#### **Student Supervision After School**

There is no specifically provided after-school supervision for High School students. Students may work in the library or the computer lab as available. Teachers are at school until 4:15pm each day, and they may be available for group activities or individual help. However, parents should not expect that students are routinely supervised after 3:30pm. Students should leave the school grounds if they do not have an appointment with a teacher or scheduled in a study session, or who are not waiting for a 5:00pm activity. Students with late practice are welcome to use the library until their practice begins.

# The Mario Argerich - Outstanding Athlete Award (High School)

This award is given at the end of each school year to one male and one female athlete. The selection for this award is based on the following:

#### **Sportsmanship**

- 1. Displays good sportsmanship character both on and off the field. (I.e. gracious in victory as well as defeat).
- 2. Positive attitude towards teammates, coaches, opponents, officials and coaches is positive.

#### **Leadership**

- 1. Demonstrates leadership in promoting school activities.
- 2. Inspires positive behavior in others; demonstrates initiative.
- 3. Acts responsibly, is reliable and dependable.
- 4. Exercises influence on peers in upholding school ideas and policies.
- 5. Is resourceful in applying principles, and making suggestions.
- 6. Puts the betterment of the team before him/herself.
- 7. Demonstrates outstanding attendance.

#### **Character**

- 1. Takes criticism willingly and accepts recommendations graciously.
- 2. Constantly exemplifies desirable qualities of personality (cheerfulness, friendliness, poise, and stability).
- 3. Upholds principles of morality and ethics.
- 4. Co-operates and complies with school regulations during Events.
- 5. Show courtesy, concern and respect for others.
- 6. Observes instructions and rules, punctuality, and faithfulness both inside and outside of the activity.

#### **Athletic Council**

The Condor Athletic Council is a select group of hard working, energetic, enthusiastic, and committed student-athletes who are involved in all aspects of life at Lincoln that involve its sports program. Each year, the athletic director will ask physical education teachers, coaches and captains to nominate any athletes who they feel would represent the Lincoln Athletic program with hard-work, positive spirit and integrity.

This dedicated council will meet twice a month during lunch to discuss the ins and outs of the sports program with 3 major goals in mind:

- 1. To raise school spirit
- 2. To have a voice in the Lincoln sports program, on how it is run, and helps in hopes of making it the best program possible
- 3. To unite athletics and community as well as host activities in high school such as SAAC Tournaments, pep rallies, etc.

Athletic council members will be expected to be leaders on their teams and also good teammates. This applies to his/her actions both on and off of the court/field/pool, where they are meant to be good role models for their peers as well as younger students at Lincoln.

Many factors will go into the council selection process, as an attempt to maintain a balance between grade levels, nationalities, and gender. All sports should be represented.

Swim Team Criteria		
ES Swim Team	Swimmers can swim Freestyle and Backstroke techniques.	
	Swimmers are able to maintain stroke technique coordination, body position, kicking.	
	Coaching is conducted from the deck and is similar to a competitive swim club practice.	
	In each practice session, swimmers complete 800m / 2.000m, through technical exercises and endurance training, according to skill level and age needs.	
	ES Team is the training and preparation space for swimmers for the MS/HS Team.	
	Swimmers will improve endurance, starts, turns and finishes, learn the rules of competitive swimming with the goal of participating in local swim competitions.	
	Swimmers will work on their skills and technique while developing a passion for the sport, team spirit and commitment.	
MS/HS Swim	Team focuses on enhancing swimming techniques, starts, turns and finishes, reinforcing competitive swimming rules, with the goal of attending swimming competitions.	
	Swimmers are expected to master at least 3 strokes/styles.	
	Coaching is conducted from the deck and is similar to a competitive swim club practice.	
	In each practice session, swimmers complete 2.000m / 4.000m, through technical exercises and endurance training, according to skills, level and age needs.	
Team	Swimmers are expected to complete the practice as a Team (commitment to the practice schedule).	
	Required commitments to compete:	
	- Swimmers participate in National and International interscholastic tournaments.	
	Team's Main Essence:	
	- Learn to value teamwork, sportsmanship and passion for the sport.	
	- Enjoy a sense of school pride while experiencing the exciting world of competitive swimming.	

# Lincoln HS Student-Athlete & Parent Contract



As a student-athlete, I understand my responsibilities for participating in the Lincoln Athletic Programs. I also understand there will be consequences for violating any of the expectations outlined in this

# As a student-athlete, I\_\_\_\_\_

- Review, understand, and agree to abide by the Lincoln Athletics & Activities handbook including: academic eligibility, attendance, game/tournament selection criteria and code of conduct
- Commit to my sport schedule by attending all practices and competitions and communicating my schedule to my parents (I will communicate any conflicts with my coach immediately) I understand that in order to be considered for a tournament selection team, I must attend a minimum of 85% of the practices
- Commit to my team by striving to contribute to the program, follow the training rules, and exercising sportsmanship at all times
- Always demonstrate courteous behavior at school, at every practice, competition, trip, or special event
- Return my school issued uniforms at the end of each season.
- Understand that as a participating member of SAAC, I too have an obligation to house visiting students

Signature Date:

As a parent/guardian, I, \_\_\_\_\_ pledge to:

- Review, understand, and agree to help my student-athlete abide by the Lincoln Student-athlete handbook (including academic eligibility) and the code of conduct
- Commit to my student-athletes' practice and competition schedule to minimize conflicts between family schedules and the athletic schedules and ensure that my student-athlete attends all practices, competitions, and special events
- Support my student-athlete by attending competitions and special events as much as my schedule will allow
- Understand that unless otherwise communicated, transportation to and from away games will be provided by Lincoln. Coaches will inform players should players be expected to meet directly at an away game site via WhatsApp.
- Discuss issues of concern with my athlete and the coach before they become a problem
- Respect the coach and understand that it is his/her responsibility to determine strategy and player selection (any questions or concerns should be directed to the coach in private meeting)
- Work cooperatively with coaches, other parents and the athletic director to ensure a wholesome and successful athletic program for Lincoln
- Encourage and model good sportsmanship by demonstrating positive support for all players, coaches, and officials at every practice, competition, or special event
- Understand that as a participating member of SAAC, all athletes have the obligation to house visiting students
- Understand that I will be responsible for payment of lost uniforms

# Parent/Guardian's Signature\_\_\_\_\_

Date:\_\_\_\_\_

# Contrato para Estudiante-Atleta de HS y Padres de Lincoln



Como estudiante-atleta, entiendo mis responsabilidades al participar en el Programa de Actividades de Lincoln. También entiendo que habrá consecuencias por violar cualquiera de las expectativas descritas en

este contrato.

# Como estudiante-atleta, yo\_\_\_\_\_

- Revisar, entender y cumplir con el Handbook de Deportes y Actividades de Lincoln, incluidos: elegibilidad académica, asistencia, criterio de selección para un partido/torneo y código de conducta.
- Comprometerme a el horario de mi deporte asistiendo a todas las prácticas y partidos y comunicarle el horario a mis padres (así como comunicar cualquier conflicto a mis entrenadores de inmediato). Entiendo que para ser considerado para un equipo deberé asistir a un mínimo de 85% de prácticas.
- Comprometerme con mi equipo intentando contribuir al programa, siguiendo las reglas de entrenamiento y ejerciendo deportividad en todo momento.
- Siempre demostrar un comportamiento respetuoso en la escuela, en cada práctica, partido, viaje o evento
- Devolver TODAS LAS PIEZAS de uniforme que me haya entregado la escuela al finalizar cada temporada.
- Entender que como miembro participante de SAAC, yo también tengo la obligación de hospedar estudiantes que nos visitan.

Firma	Fe	:ha:

Como padre/tutor, yo, \_\_\_\_\_

\_me comprometo a:

- Revisar, entender, y comprometerme en ayudar a mi estudiante-atleta a cumplir con el Handbook de Deportes y Actividades de Lincoln (incluida la elegibilidad académica) y el código de conducta.
- Comprometerme con el horario de prácticas y competencias de mi estudiante-atleta para minimizar los conflictos entre el horario familiar y el horario de deportes y asegurar que mi estudiante-atleta pueda asistir a todas las prácticas, competencias y eventos.
- Apoyar a mi estudiante-atleta asistiendo a las competencias, partidos y eventos tanto como mi horario lo permita.
- Comprender que a menos que se comunique de otra forma, Lincoln proveerá transporte desde y hacia los partidos fuera del campus. Los entrenadores le informarán a los jugadores si se encontrarán directamente en el lugar de juego vía WhatsApp.
- Conversar los temas de preocupación con mi atleta y con los entrenadores antes de que se conviertan en un problema.
- Respetar a los entrenadores y entender que es su responsabilidad determinar estrategias y seleccionar jugadores (cualquier pregunta o preocupación deberá ser dirigida a los entrenadores en una reunión privada.
- Trabajar de manera cooperativa con los entrenadores, otros padres y la Directora Atlética para asegurar un saludable y exitoso programa para Lincoln.
- Alentar y modelar la deportividad demostrando un apoyo positivo para todos los jugadores, entrenadores y jugadores en todas las prácticas, partidos y torneos.
- Entender que como miembro participante de SAAC, todos los estudiantes tienen la obligación de hospedar a los estudiantes que nos visitan.
- Entender que seré responsable del pago por pérdida de uniformes.

Firma del padre/tutor\_\_\_\_\_

Fecha:\_\_\_\_\_