



# OCR Cambridge National Level 2 in Sports Studies

## Description

The OCR Cambridge National Level 2 in Sport is an alternative to a GCSE and offers equivalent levels of rigour and challenge.

The Cambridge Nationals in Sport Studies take a more sector-based focus, whilst also encompassing some core sport/physical education themes. Learners have the opportunity to apply theoretical knowledge about different types of sport and physical activity, skills development and sports leadership to their own practical performance. They will learn about contemporary issues in sport such as funding, participation, ethics and role models, and sport and the media. Learners will develop an appreciation of the importance of sport locally and nationally, different ways of being involved in sport and of how this shapes the sports industry.

Theoretical topic areas studied are:

- ⇒ Contemporary Issues in Sport
- ⇒ Performance and Leadership in Sports Activities
- ⇒ Sport and the Media

This course gives students the opportunity to plan and lead sessions to Key Stage 3 students.

## Student Criteria

This course is ideal for those students who enjoy participating in PE and are willing to work hard to meet deadlines. This course is more suited to individuals who enjoy taking part in practical sport; leading others in sport and have an interest of going into the fitness industry

## Assessment

This OCR course has 2 units that are coursework/practical based and 1 unit that is an external exam.

## Progression

The course could lead the students to BTEC Level 3 Sport or A level Physical Education at Key Stage 5.

Possible careers: Personal Trainer, Sports Coach, Gym Instructor, Nutritionist, Physiotherapy, PE Teacher, Event Manager.