

## Kate Walsh-Soucheray



Kate Walsh-Soucheray had a long and rewarding career as a licensed marriage and family therapist at Christian Heart Counseling in Stillwater, Minnesota. Recently retired, she has retained Emeritus status with that company. She also worked as a middle school and high school teacher, coincidentally at Convent of the Visitation for a time. Kate's education includes master's degrees in theology and in marriage and family therapy, as well as a doctorate in educational leadership.

Dr. Walsh-Soucheray has been published nationally and internationally. She is a familiar face to the Archdiocese of St. Paul and Minneapolis with her monthly column in the Catholic Spirit called "Simple Holiness." Her book "*Household Holiness: Family Blessings Moment by Moment: Becoming a Means of God's Presence in Our World*" recently completed the editing process and will soon be published.

Dr. Walsh-Soucheray has been married to her husband, John, for 39 years and enjoyed eighteen years as an at-home mother to their three children. The children are now married adults, and have blessed Kate and John with five lovely grandchildren.

Kate is an experienced retreat leader and we are honored and delighted for her to lead this morning of reflection.