



## DEAR PARENT OR CAREGIVER,

Over the next few weeks, your child will be participating in the **Safer, Smarter Kids** abuse prevention and personal safety curriculum program. This Kindergarten curriculum was created by lifelong classroom educators, developmental psychologists, and experts in abuse prevention to teach personal safety from a place of fun – not fear, without being explicit or scary in any way.

Parents and caregivers want to protect children from those who might harm them, but no child can be supervised 24 hours a day. The **Safer, Smarter Kids** curriculum will arm your child with protective principles and the knowledge needed to identify and avoid unsafe situations, people and behaviors – and how to access help – so that they may become the first line of defense against any potential abuse.

The curriculum is taught in six 30-45 minute lessons that incorporate videos and in-class activities to teach topics including: body boundaries, respecting yourself and others, the difference between safe and unsafe secrets, listening to your “Guiding Voice” and telling a trusted adult when a situation makes you feel confused or uncomfortable.

If you have any questions about the curriculum, please contact your child’s teacher. If you would like to learn more about the curriculum, and see sample lessons, please visit [www.SaferSmarterKids.org](http://www.SaferSmarterKids.org). And, for more information on ways to keep your child safe, teach personal safety lessons at home, and how to identify grooming behaviors of unsafe adults, visit [www.SaferSmarterFamilies.org](http://www.SaferSmarterFamilies.org).

Sincerely,

Lauren Book, M.S.Ed  
Founder/CEO, Lauren’s Kids

## ABOUT LAUREN’S KIDS:

Lauren’s Kids was founded by Lauren Book, M.S.Ed. The organization educates adults and children about sexual abuse topics through an in-school curriculum and speaking engagements around the world. The goal of Lauren’s Kids is to create a world where the sexual abuse and exploitation of children is not tolerated. Lauren’s Kids is a designated 501(c)(3) nonprofit organization.

