

Family Life Education TOPICS COVERED

	GRADE 5	GRADE 6	GRADE 7	GRADE 8			
TOPICS	GROWTH & CHANGES	STEPPING STONES	MY LIFE	STEPPING STONES	MY LIFE	STEPPING STONES	MY LIFE
Advantages of Abstinence		✓	✓	✓	✓	✓	✓
Assertive Communication & Refusal Skills			✓	✓	✓	✓	✓
Available Community Resources		✓		✓		✓	✓
Breast Self-Exam						✓	
Child Birth/Pregnancy		✓		✓	✓	✓	✓
Consequences of Drug/Alcohol Use		✓	✓	✓	✓	✓	✓
Consequences of Teen Pregnancy		✓		✓	✓	✓	✓
Contraception				✓		✓	
Healthy Relationships/Dating				✓	✓	✓	✓
Fetal Development		✓					
Friendships	✓						
Goal Setting			✓	✓	✓		
HIV/AIDS		✓		✓	✓	✓	✓
Human Reproduction	cells only	✓	✓	✓	✓	✓	✓
Gender Roles & Inclusion		✓		✓		✓	
Male/Female Reproductive System	✓	✓	✓	✓	✓	✓	✓
Media Influence				✓	✓	✓	✓
Parenting						✓	✓
Parent Involvement/Homework	✓	✓	✓	✓	✓	✓	✓
Peer Pressure	✓			✓		✓	
Physical Changes of Adolescence	✓	✓	✓	✓	✓	✓	
Questions & Answers	✓	✓	✓	✓	✓	✓	✓
Self Esteem	✓	✓			✓		
Sex Trafficking				✓	✓	✓	✓
Sexual Abuse/Sexual Harassment	✓	✓	✓	✓	✓	✓	✓
Sexual Orientation		✓		✓		✓	
Sexually Transmitted Infections		✓		✓	✓	✓	✓
Technology & Safety	✓		✓	✓	✓		✓
Testicular Self Exam						✓	

MISSION STATEMENT

The mission of the Family Life Education Department is to provide a medically accurate and age appropriate human development and sexuality education that encourages parent/child communication, promotes abstinence and enables all students to make responsible decisions regarding their health and sexuality.

www.nhcs.net/familylife

Denotes Key differences in programs

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