

## Lewis Central High School: A Fall of Many Firsts and Many Celebrations!

# Fall Highlight '21 - '22



Council Bluffs Chamber of Commerce, **Ribbon Cutting Ceremony**, October 27th, 2021 & National Blue Ribbon School **Award Acceptance in Washington, DC**, November 5th, 2021. The award is located in the academic case by the gym. Riley Powell advances in the National Merit Scholarship Program. He is currently recognized as a Semi-Finalist and is trying for Finalist standing. **Did You Know...Between 2015 and 2021, we have had more than 2x the number of merit scholars recognized** compared to neighboring schools and those in the Hawkeye 10!



**Cross Country:** Girls: All Conference Honors: Maya Humlicek, 16th place. Team, 9th place overall at Hawkeye 10; Boys: All Conference Honors: Ethan Eichhorn (1st), Kade Diercks (12th), Luke Woltmann (16th), Logan Fuller (20th). Eichhorn is 1st LC boy conference individual champion since Ed Croson in 1976! Team: Runner up at Hawkeye 10. Eichhorn punched his ticket to state in 4A, winning 13th place, the 3rd XC runner in LC history to earn a state medal. Eichhorn named Iowa Male Cross Country Runner of the Year by KMALand.



**College Commitments for Baseball:** JC Dermody --DMACC, Aaron Harrington --IWCC, Trenton Johnette --Kansas City, Kansas Community College, & Britton Bond --Northwest Missouri State. **Haley Bach is named All-City Player of the Year in Softball.** Students qualify for **All-State Music. Choir:** Addy Arrick, Avery Heller, Gabbie Norman, Brooklyn Damgaard, Jill Poore, and Kenny Awe. **Band:** John Rosenkaimer & Lily Jensen. Jamison Olson & Ethan Bortmess were accepted into **OPUS Honor Choir** and sang in the IPTV Choir performance over Thanksgiving.





**Marching Band and Color Guard:** Millard West: 2nd place in class, 5th place overall; Fort Dodge: 1st place in class, overall grand champions, best woodwinds, best brass, best percussion, best visual, 2nd in color guard; Missouri Western: 1st place in class, best color guard, best drum majors; Loess Hills: 1st place in class, best percussion, best visual, best music, overall grand champion; Quad-State Championship in Vermillion, South Dakota: 2nd place overall, best music, best percussion.



**Cheer Team:** Wins awards at Virtual State Cheer Competition: 2nd in Band Chant & 3rd in Fight Song; **LC HS Theater Department:** Fall Play *Clue*; **Thriving Titans** hosts clothing closet in partnership with students, activity sponsors, and community volunteers. Donated mens, womens, and student clothing included snow and LC gear.



**Swim Team:** Titans win Council Bluffs City Championship and take the city title with 243-173, winning 9 events. 2 city meet records are broken! Sydnie Collins broke the 50-yard freestyle with a time of 25.7. The previous record was held by Harper Emswiler of LC who swam a 25.80 in 2013. The 200 freestyle relay team of Abby Hoss, Hannah Steinmetz, Sydnie Collins, and Kylee Brown also set a new record time of 1:47.27. That previous record by LC consisted of Samantha Smith, Mara Kellogg, Melissa Fender, and Michelle Collins, who swam 1:48.68 in 1999. LC Junior Kylee Brown breaks school record in the 100 Breaststroke, qualifying for the state swim championships.



**Volleyball:** **Hawkeye 10 All Conference Team:** 1st Team: Karly Brown, Maddie Bergman; 2nd team: Anna Strohmeier; Honorable Mention: Anna Galles. VB team made it to the Regional Finals! **Thank you Titan Nation!** LC Schools Booster Club raised \$4,291.36 from apparel sales and money collected at the Pink-out game to donate to Wings of Hope Cancer Support Center. Students, teachers, parents completed a survey for **superintendent search**.



## Lewis Central High School Football

# 4A State Champions!

Celebration Video:  KETV Footage, Footballs provided by State Farm, rep. LC graduate Luke Stamp 

Thank you LC Community!  The cheers and support from the stands at the DOME was unbelievable!



**Football Team:** 2021 marks the first year in Lewis Central High School's history of many firsts! **1st time LCHS has made it to the Championship Round & 1st time LCHS has won a State Championship!** LC beat Xavier in 3 overtimes, outlasting the other team, and also the UNI dome lights that shut down before the game was over. Final score was 32-24. A **Championship Celebration** was held for the public at LCHS on November 21st at 6pm. Senior Hunter Deyo has committed to playing at Iowa State University. Deyo was recognized as 3A/4A/5A Lineman of the Year by KMALand. Nick Miller named 3A/4A/5A Defensive Player of the Year. Johnathan Humpal hits all-time record board for LC, coming in at #5 for rushing yards in a season. **LC Football All-Staters:** Fidone, Miller, Kammrad, Deyo, Humpal, Feierfeil. 2nd Team: Hatcher & Hensley, 3rd Team: Loftin. **2021 All-District:** Miller, Hatcher, Duncan, Deyo. 2nd Team: Matiyow, Waldstein, Cyborn, Ludington, & Witte. Honorable Mention: Doolittle & Wallace. Varsity Football finishes the season 11-2. Freshman Football finishes the season 5-3.



**Wrestling:** Sophie Barnes named 1st ever female "Animal" for the Titans wrestling team! **LCHS Dance Team** hosts state preview for the community on November 22nd. **LCHS Basketball** kicks off their season. Winter sports and Club activities involvement opportunities at LCHS include: Basketball, Bowling, Wrestling, Mock Trial, Table Top Club, Chess Club, Art Club, Skills USA, BPA, and much more! Thank you to our school coaches and sponsors for your commitment to our students! Thank you also to our parent and community volunteers that make our student involvement possible! We are so grateful for our wonderful LC Community of Excellence!



## Lewis Central High School

# *Inspiring Excellence*



**Veterans Day Assembly** held at LCHS and involved the invitation of community veterans and family members. The band played and choir performed. Pieces included the Armed Forces Medley & Battle Hymn of the Republic. Student speakers were: Madison McCune & Landon Graft. **Teachers recognized for military service:** Brett Ford, National Guard Army; Dave Bergman, National Guard Army; and Aaron Ware, National Guard Air Force.

A **College Fair** was also hosted at LCHS for LC students and neighboring schools. **A Trade Explorations Fair will be held later this school year.** LCHS has an articulations agreement with IWCC for earning certificates and diplomas in trade based programs. See your school counselor about college credit opportunities in high school. Thank you to the counseling team for hosting a fall FAFSA night for parents and students as part of our **Fast Forward** College and Career Initiative. Students are beginning career exploration w/ the Kuder Navigator system.



**LCHS gained a new Titan Mascot.** Thank you to TS Bank for providing support to **LCHS for motivational speaker Tasha Shuh. She came to speak to our students about Resilience.** "We all need a team. We can't get through life alone. It's OK to ask for help." "When you don't give up, you cannot fail," she said. "We have to get back up and keep going --but we also have to remind others that we need help. You are not alone. So many people care about you, including school counselors, teachers, and others." **LCHS has used some pandemic funds to hire another school counselor to support student needs.** Welcome to the team Curt Mace!

**When you come into the counseling office,** you will notice information boards to let you know about the location of your school counselor. **Students visiting the counseling office need a pass from their teacher** or can stop by quick between classes. Counselors can also be reached by email and run passes for students. **When you arrive in the counseling office, check in with Mrs. Lorna Woods,** and let her know what you need and she will help you!

**Here is a list of our counseling staff:** Mrs. Woods: Office Manager and Registrar; Mr. Mace: 9th and 10th grade counselor; Mrs. Bode-Steinke: 11th and 12th grade counselor; Mrs. McComas: CTG and SEL Counselor; Mrs. Peverill: Success Counselor; Mrs. Esser: AEA School Social Worker; Mr. McPhillips: AEA SBI