

# WARDLAW + HARTRIDGE

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A WORLD-CHANGING PREP SCHOOL SINCE 1882

Athletic reminders:

The Wardlaw+Hartridge Athletic Department welcomes you to a great year of Ram sports, and we encourage you to take part in as many of our offerings as you can, both as an athlete, and as a fan, supporting your schoolmates.

All students (new and returning) need to go through the Athletic Registration process with their parents before they can play sports. All the documents they must read and approve are mandated by state law. Most steps in the registration can be done on-line at <https://www.rankonesport.com/content/> (Rank One); but there are also two steps that require downloading a paper document (the Pre-participation Physical Exam form and the Health History Questionnaire). Those forms are available for download on the main Athletic Landing page on our website WHschool.org. The health forms must be submitted to the school in one of two ways:

- a. as a hard copy, delivered to Angie Farese (School Nurse) or to Ryan Oliveira (Head Athletic Trainer). During the summer months, fall-season athletes should send the forms to Mr. Oliveira (who will also ensure that a copy of your form reaches the Nurse's Office), or
  - b. by scanning and uploading your forms into the Rank One software.
2. Any new student, transferring into W+H in the 10<sup>th</sup>, 11<sup>th</sup> or 12<sup>th</sup> grade, must contact [Mr. Miran](#) so he can help you complete the required transfer form. Any student who attended a different high school in 9<sup>th</sup>, 10<sup>th</sup> or 11<sup>th</sup> grade must register as a transfer, regardless of whether or not they played a sport at that school. The good news is that most of our transfers are immediately eligible, but still need to file the form. Parents may also be required to complete an affidavit concerning your residency.
  3. Any new student who is repeating a year of high school (if, for example, they attended 9<sup>th</sup> grade at their prior school, and are registering for 9<sup>th</sup> grade at W+H) must contact [Mr. Miran](#) ASAP, as there may be some implications for their athletic eligibility in later years. (There is no need to report a repeat year from grades 1-8.)

4. Any student who is in the United States with an F-1 or J-1 visa must see Mr. Miran to complete the International Student Eligibility Form. We will also need the transcript from your previous school. International students who do not file this form are not allowed to compete in the state of New Jersey.
  
5. Many Ram varsity teams (US) will hold summer workouts, as allowed under NJ rules. These sessions are always optional, but we strongly encourage interested athletes to attend when they are in town and available. They are not only a great opportunity to improve your skills in preparing for future seasons, they are also a great place for a new student to introduce themselves to some of their teammates. For other sports, team workouts in the summer are not common, but the coach will have suggestions on how to prepare for the next season. Contact any of the varsity coaches below to inquire about opportunities this coming summer:

<b><u>Sport</u></b>	<b><u>Coach</u></b>	<b><u>Email</u></b>
Boys' and Girls' Cross Country	Rick Riepl	rriepl@whschool.org
Boys' Soccer	Jason Montesinos	jmontesinos@whschool.org
Girls' Soccer	Mike Romeo	mromeo@whschool.org
Girls' Tennis	Ron Haynes	rhaynes@whschool.org
Girls' Volleyball	Dave Arva	darva@whschool.org
Boys' Basketball	Brendan Wagner	bwagner@whschool.org
Girls' Basketball	Mike Howell	mhowell@whschool.org
Cheerleading	Tanda Tucker	ttucker@whschool.org
Boys' and Girls' Track & Field	Jamaal Burden	jburden@whschool.org
Baseball	TBA	
Golf	Jim Howard	jhoward@whschool.org
Softball	John Childs	jchilds@whschool.org
Boys' Tennis	Ron Haynes	rhaynes@whschool.org

6. Three opportunities exist for younger athletes to participate in organized athletic activities at W+H:
  - a. Ron Haynes Tennis Camp in June: open to LS and MS students.  
Contact [rhaynes@WHschool.org](mailto:rhaynes@WHschool.org)
  - b. Swim clinic for LS and MS students – May – 1st week of June.  
Contact Coach Shane Tonery [stonery@whschool.org](mailto:stonery@whschool.org)
  - c. Middle School Cross Country summer workouts – information is kept up-to-date on Coach Riepl's blog: <http://ramrunners2015.blogspot.com>

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